

### **NYS Children's Medicaid**

#### **Home and Community Based Services (HCBS): Family Peer Support, Youth Peer Support and Training, and Crisis Intervention**

Children's HCBS are services provided at home and in the community, that help children who need extra care to avoid going to the hospital or to a long-term facility.

Over time, some of these services will expand and be available to all children in NYS Medicaid who need them, at the dates noted below.

*Note: These dates depend on approval from the Centers for Medicare & Medicaid Services (CMS).*

For more information, talk to your Health Home care manager, or the Children and Youth Evaluation Service (C-YES).

#### **Family Peer Support Services (Expanding on 7/1/2019)**

- ❖ Provided by a Credentialed Family Peer Advocate/Certified Recovery Peer Advocate with a Family focus who has similar experiences
- ❖ Get support and assistance with:
  - Locating information and resources available to the youth/family's needs
  - Making informed decisions
  - Building and maintaining natural supports and resources

*\*The full HCBS array of services are included in the NYS Children's Waiver. You can find out more about Children's HCBS by contacting the Children and Youth Evaluation Service at 1-833-333- 2937.*

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**Youth Peer Support and Training**  
*(Expanding on 1/1/2020)*

- ❖ Provided by a Credentialed Youth Peer Advocate, or Certified Recovery Peer Advocate with a Youth focus who has similar experiences
- ❖ Get support and assistance with:
  - Developing skills to manage health challenges and be independent
  - Feeling empowered to make decisions
  - Making connections to natural supports and resources
  - Transitioning to the Adult health system when the time is right

**Crisis Intervention**

*(Expanding on 1/1/2020)*

- ❖ Professional help on the phone, at home or in the community when a child or youth is distressed and can't be helped by family, friends and other supports
- ❖ Support and help with using crisis plans to de-escalate the crisis and prevent or reduce future crises

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**Youth Peer Support and Training**  
*(Expanding on 1/1/2020)*

- ❖ Provided by a Credentialed Youth Peer Advocate, or Certified Recovery Peer Advocate with a Youth focus who has similar experiences
- ❖ Get support and assistance with:
  - Developing skills to manage health challenges and be independent
  - Feeling empowered to make decisions
  - Making connections to natural supports and resources
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- ❖ Get support and assistance with:
  - Developing skills to manage health challenges and be independent
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