



Behavioral Health Services Advisory Council

OMH Project Review Agenda

April 26, 2023

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BHSAC – Project Summary Form			
Review Date:	4/26/2023	Agency:	Rising Ground, Inc.
Project #:	CPAR # 122	Project Type:	Change of Sponsor
Project Description			
Provider:	Rising Ground, Inc.		
Business Type:	Not-For-Profit Corporation		
Program Type:	CFTSS/CMHRS, MHOTRS		
Address:	151 Lawrence St., 5th Floor, Brooklyn, NY 11201-5240		
Counties to be served:	Bronx, Kings, New York, and Queens		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	6/1/2023		
Applicant's Request:	Rising Ground, Inc. is requesting to assume sponsorship of the Children's Mental Health Rehabilitative Services (CMHRS) and Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS) programs operated by Sheltering Arms Children and Family Services, Inc.		
Background			
<p>Rising Ground, Inc. was founded in 1831 as the Leake and Watts Orphan House and has been helping people to overcome adversity ever since. The agency is driven by a strong belief that each person can thrive when provided caring support and paths to positive change. With over 190 years Rising Ground is well established and has a strong role in the communities throughout New York City and its surrounding suburbs. The agency provides services to the poor, indigent, and developmentally disabled. Additionally, the agency the first social service agency in the nation to support children with HIV/AIDS, founding programs for victims of gender-based and intimate partner violence with a focus on prevention, intervention, and policy advocacy; and expanding programming to include juvenile justice services.</p> <p>The agency has also established early childhood centers and schools in Yonkers that work with the developmentally disabled. This further expanded to incorporating the development of supports for children and adults with intellectual and developmental disabilities. They also operate a Residential Treatment Center for youth in foster care with mental health challenges, as well as a learning center in Manhattan for preschoolers with Autism. Their history shows how they grow and change to meet the needs of the community and to help the people they serve succeed.</p>			
Need			
<p>As a well-established and varied service provider, Rising Ground came to mind when Sheltering Arms realized that the agency would need to close its doors. They reached out to Rising Ground because the two providers have a history of working together and believed this would be a means to ensure a smooth transition for their service recipients. The agencies have worked together to create a plan to do just that and take care of their staff as well.</p> <p>Rising Ground will assume operations of the CMHRS program in addition to the MHOTRS program and its 6 satellites currently operated by Sheltering Arms. The</p>			

agencies will work closely with individuals who choose to end services or seek another provider to ensure their mental health needs are met.			
Character and Competence			
Applicant operates programs licensed by OMH	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	
The applicant is in substantial compliance with other Government agencies (OPWDD and OCFS)	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	
Staffing			
Staffing Impact:	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	
Staffing Comments: Rising Ground intends to assume staff members of Sheltering Arms who wish to transfer to the new provider, to maintain continuity of care for recipients.			
Caseload Capacity			
MHOTRS			
Annual Caseload: 650	Clinical Staff/Caseload Ratio: 1:43		
CFTSS			
Annual Caseload: 242	Clinical Staff/Caseload Ratio: 1:35		
MHOTRS Fiscal Information			
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	2,767,248	Staff Salaries:	1,220,379
Medicare:	-0-	Fringe Benefits:	356,111
Commercial Insurance:	220,703	Administrative Costs:	364,937
Grants:	230,769	Rent/Mortgage:	280,000
Other: Specify:	-0-	OTPS:	946,791
Total Revenue:	\$ 218,720.00	Total Expenses:	\$ 168,218.00
Surplus:	\$50,502.00		
CFTSS Fiscal Information			
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	910,969	Staff Salaries:	543,000
Medicare:		Fringe Benefits:	146,610
Commercial Insurance:		Administrative Costs:	126,000
Grants:		Rent/Mortgage:	25,000
Other: Specify:		OTPS:	17,000
Total Revenue:	\$ 910,969	Total Expenses:	\$ 857,610
Surplus:	\$53,359.00		
Reviewer Recommendations			
Reviewer		Recommendation	

County - NYCDOHMH:	Approve with Conditions
Office of Mental Health:	Approve with Conditions
<ol style="list-style-type: none"> 1. Administration: <ol style="list-style-type: none"> a. Ensure Articles of Incorporation include OMH Operator language. b. Finalize a plan to recruit board members with experience operating mental health service programs. c. Designate staff to complete OMH required pre-employment checks. 2. Transition: <ol style="list-style-type: none"> a. Ensure all individuals are connected with care. b. Provide a plan to inform schools that currently house school-based programs that will transfer to Rising Ground. 3. Staffing: <ol style="list-style-type: none"> a. Define the roles of each staff title. b. Confirm staff are appropriately certified, trained, and cleared. c. Provide organizational chart that outlines lines of authority. 4. Program: <ol style="list-style-type: none"> a. Outline plan for telehealth utilization. b. Provide plan for the treatment of co-occurring disorders, providing off-site services, admissions, and discharges. c. Describe the process for internal review, management, referral prioritization and wait-list management for high-risk clients. d. Confirm the optional services to be provided. e. Provide a revised crisis policy for regular business hours and after regular business hours. 5. Physical Plant: <ol style="list-style-type: none"> a. Provide an updated floor plan. 	



BHSAC – Project Summary Form			
Review Date:	4/26/2023	Agency:	The Safe Center LI, Inc.
Project #:	MH-E-2880	Project Type:	Establish a new program
Project Description			
Provider:	The Safe Center LI, Inc.		
Business Type:	Not-For-Profit Corporation		
Program Type:	Mental Health Outpatient Treatment and Rehabilitative Services		
Address:	15 Grumman Road West, Suite 1000, Bethpage, NY 11714		
Counties to be served:	Nassau		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	5/31/2023		
Applicant's Request:	Establish a new Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS) program to serve Children, Adolescents, and Adults in Nassau County.		
Background			
<p>Established in 1977, The Safe Center LI, Inc. (TSCLI) is a 501(c)(3) organization in Nassau County providing services for victims of domestic violence, sexual assault, child abuse, and human trafficking. TSCLI is the only organization on Long Island that provides free, comprehensive, trauma-informed services, that include, among other services: 24-hour hotline; crisis intervention; forensic interviews; legal advocacy; and safe emergency housing.</p> <p>In 2014, the Nassau County Coalition Against Domestic Violence, and the Coalition Against Child Abuse and Neglect, merged to form TSCLI. The most comprehensive victim service agency on Long Island. This merger enhanced coordination between services for various forms of interpersonal violence and working to ensure families impacted by multiple form of abused received services that are coordinated and collaborative. This further enabled the programs, to integrate of their professional expertise across disciplines to meet the complex needs of victims.</p> <p>Working closely across departments, with an understanding that interpersonal violence impacts the entire family unit, TSCLI has been able to provide a more holistic approach to service provisions that ensures an individual and non-offending family members impacted by the multiple forms of inter-personal violence have their needs met in one setting. They have also developed strong working relationships with community partners such as Nassau County's Police Department, District Attorney's Office, Department of Social Services, Probation, mental health providers, and other community organizations. These strong interdisciplinary relationships and history of cross discipline collaboration have established TSCLI as an effective and vital component to ensure necessary services are available for victims.</p>			
Need			
<p>As the primary, and often sole provider of services for victims and survivors of interpersonal violence, TSCLI has historically relied on partner mental health providers to address the demand for these services. These providers would expedite referrals and agree to work with TSCLI Education Department to train staff to assess individuals. The last decade has seen these relationships greatly impacted by the overwhelmed mental health system, closure of MH agencies, and an unwillingness of providers to work with individuals who are heavily system-</p>			

involved. The COVID-19 pandemic further increased the stress and isolation for victims and survivors, creating an even greater demand for clinic services.

TSLCI expects the Article 31 MHOTRS program to help ensure barriers are removed and services maintained for individuals receiving services. Being able to provide clinical services directly, rather than referring individuals out to other providers, will remove a significant barrier to treatment. Offering a sliding scale will ensure financial considerations are not a barrier to seeking and accessing services; and working with individuals to overcome the transportation and logistical barriers due to lack of public transportation across Long Island will continue.

TSLCI will continue to work with underserved and unserved individuals, providing trauma-informed services in conjunction with their “no wrong door” philosophy. The new program will put them in a stronger position to identify an individual’s needs, work with them to develop a holistic wraparound plan, and create a stronger, more therapeutic relationship. This in turn will provide more opportunities to optimize the effectiveness of the services for the entire family system.

Character and Competence			
Applicant operates programs licensed by OMH		<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies (Office of Children and Family Services)		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Staffing			
Clinical Staff Titles		Credentials	FTE
Licensed Mental Health Professional		LCSW, LMSW, LMHC	3.0
Supervisor		PhD, LCSW	0.75
Senior Director of Counseling Services		PhD, LCSW	0.50
Psychiatrist or Psychiatric Mental Health Nurse Practitioner		MD, PMHNP	0.30
Clinical Coordinator		LCSW, LMSW, LMHC	0.50
Total FTEs:			5.05
Caseload Capacity			
Clinic			
Units of Service: 2500		Annual Caseload: 100	
Clinical Staff/Caseload Ratio:1:33			
Fiscal Information			
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	\$405,000	Staff Salaries:	\$167,700
Medicare:	-0-	Fringe Benefits:	\$41,925
Commercial Insurance:	-0-	Administrative Costs:	\$75,710
Grants:	-0-	Rent/Mortgage:	\$20,403
Other: Specify:	-0-	OTPS:	\$13,685
Total Revenue:	\$405,000	Total Expenses:	\$319,423
Surplus:		\$85,577	
Reviewer Recommendations			
Reviewer		Recommendation	
County - Nassau:		Approve with Conditions	

Office of Mental Health:	Approve with Conditions
Reviewer's Comments and Conditions:	
<ol style="list-style-type: none">1. Provide a plan to ensure those individuals seeking mental health services that do not have a history of interpersonal violence are assessed in an appropriate and timely manner.2. Describe the plan for screening and service provision for individuals with Substance Use Disorders.3. Indicate the timeframes for reengagement efforts prior to discharge.4. Continue to work with fiscal reviewers to address why administrative expenses exceed 15% of total expenses.5. Continue to work with the field office regarding the make-up of the Incident Review and Quality Assurance Utilization Review Committees.6. Designate staff to complete OMH required pre-employment checks (PEC).7. Satisfactorily complete a preoccupancy visit with the Long Island Field Office.	



BHSAC – Project Summary Form			
Review Date:	4/26/2023	Agency:	Heart and Soul Services, Inc.
Project #:	CPAR #: 97	Project Type:	Establish a new program
Project Description			
Provider:	Heart and Soul Services, Inc.		
Business Type:	Not-For-Profit Corporation		
Program Type:	CFTSS/CMHRS		
Address:	425 East 9th Street Brooklyn, NY 11218-5209		
Counties to be served:	Kings		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults (up to 21)
Proposed Effective Date:	6/1/2023		
Applicant's Request:	<p>Heart and Soul Services, Inc. seeks approval to establish a CFTSS: Children's Mental Health Rehabilitation Services program to serve the communities of Kings County, in particular Borough Park. The hours of operation will be Sunday to Thursday 8:00 am to 8:00 pm and Friday 8:00 am to 1:00 pm. While the primary target population are members of the Orthodox Jewish community, services will be available to all residents of Kings County.</p> <p>Services to be provided include Other Licensed Practitioner (OLP), Community Psychiatric Supports & Treatment (CPST), Psychosocial Rehabilitation Services, Family Peer Supports, and Youth Peer Support and Training.</p> <p>Since a large portion of the community speaks other languages and many are of limited English proficiency, Heart and Soul will employ staff with diverse language backgrounds and will contract with Language Line Solutions, a language service that specializes in behavioral health care.</p> <p>Heart and Soul has identified licensed professionals for this program, including a Program Director, LCSW, with 15 years-experience in the treatment of children with behavioral health issues. It has also identified LMSW and LMHC staff, each with more than 20 years of experience treating children, for the provision of OLP and CPST.</p> <p>Evidence-based practices will be routinely employed, such as Motivational Interviewing, Behavioral Parent Training, Cognitive Behavioral Therapy, and Trauma Informed Care.</p>		

Background		
<p>Heart and Soul Services, Inc. was established in 2017 to help and support children with disabilities, originally, in the Hasidic/Orthodox Jewish communities of Kings County. It is currently certified by OPWDD to provide Article 16 services, such as Community Habilitation, Day Habilitation, Family Education and Training, Fiscal Intermediary, Pre-vocation, Residential Habilitation, Respite, and Supported Employment. 70 children are currently enrolled in these services.</p> <p>Heart and Soul primarily serves Community District 12 (Borough Park, Kensington and Ocean Parkway), which is described as a high-need community with a medically underserved population for whom poverty is a barrier to health care access. Of a population of about 324,120, 43% are Medicaid enrolled and 30% are under 18 years of age. 50% of the population are said to be below 200% of the Federal Poverty Level. Those within the Borough Park Orthodox Jewish community are more likely to be low-income (64.5% are below 200% of the Federal Poverty Level), or severe poverty (40% below FPL). The median household income within Borough Park is \$46,677, and \$37,011 for those in the Orthodox Jewish community.</p>		
Need		
<p>Heart and Soul's internal survey has identified more than 200 children on waitlists at CFTSS programs in Kings County. Some programs have stopped accepting new referrals due to long wait lists and some estimate clients will need to wait up to 5 weeks for intake appointments. Heart and Soul anticipates that when it begins providing services up to 80 children could be immediately enrolled, including siblings of current clients at its other programs. Heart and Soul also anticipates its caseload will grow to roughly 200 children over time from referrals from local schools and other community-based programs which have expressed an interest in this service.</p> <p>As an established provider of services in the community, Heart and Soul considers that it would be very beneficial to the community to expand services to also address their mental health needs.</p>		
Character and Competence		
Applicant operates programs licensed by OMH	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies (OPWDD)	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Clinical Staffing		
Clinical Staff Titles	Credentials	FTE
Therapist	LCSW, LMSW, LMHC and Children/ family experience	3.25
Rehab Specialist	Children/ family experience	3.05
Peer Supports	Children/ family experience	.25
Intake Coordinator/Care Coordinator	LCSW, LMSW, LMHC and Children/ family experience	.75
Total FTEs:		7.3

Caseload Capacity			
Monthly Caseload: 100		Clinical Staff/Caseload Ratio: 1:14	
Fiscal Information			
First Full Year Revenue		First Full Year Expenses	
Medicaid:	937,755	Staff Salaries:	644,500
		Fringe Benefits:	90,230
		Rent/Mortgage:	10,000
		OTPS:	48,400
		Administrative Costs:	140,663
Total Revenue:	\$ 937,755	Total Expenses:	\$ 933,793
Surplus:			\$3,962
Reviewer Recommendations			
Reviewer		Recommendation	
County – New York City:		Approve	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			
<ol style="list-style-type: none"> 1. Confirm understanding of the incident management and reporting system and NIMIRS enrollment. 2. Confirm enrollment to conduct OMH required pre-employment checks for staff. 3. Satisfactory pre-occupancy site visit report. 			



BHSAC – Project Summary Form			
Review Date:	4/26/2023	Agency:	Community Awareness Network for a Drug-Free Life and Environment
Project #:	MH-C-2885	Project Type:	Establish a new program
Project Description			
Provider:	Community Awareness Network for a Drug-Free Life and Environment		
Business Type:	Not-For-Profit Corporation		
Program Type:	Mental Health Outpatient Treatment Rehabilitative Services Program (MHOTRS)		
Address:	120 North Main Street, Suite 301, New City, NY 10956		
Counties to be served:	Rockland		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	5/1/2023		
Applicant's Request:	Establish a new MHOTRS program to serve Children, Adolescents, and Adults ranging from ages 4-21.		
Background			
<p>Community Awareness Network for a Drug-free Life and Environment (CANDLE) is a non-profit agency established in 1982 with the mission of preventing alcohol and substance use by children and adolescents. Through short-term and group counseling, specialized support for LGBTQ+ youth, substance use awareness campaigns, and school-based social-emotional learning programs, CANDLE aims to minimize the factors that lead to substance abuse and misuse.</p> <p>CANDLE hopes to further expand their prevention work, by providing targeted mental health support through the proposed MHOTRS program to youth who may be most vulnerable to substance use. This may include, but is not limited to, youth who have already been impacted by substance use, experienced trauma, and/or those who identify as part of the LGBTQ+ community. The proposed MHOTRS program will provide support to their currently existing Prevention and Youth Pride departments as well as to the surrounding community.</p> <p>The agency has also been working to establish a multi-organization collaboration measuring the effectiveness of therapeutic services by providers who focus on understanding privilege, marginalization, oppression and identity. This will include training agencies on providing culturally appropriate services and integrating oppression analysis into clinical work and clinical supervision.</p>			
Need			
<p>The proposed service area of Rockland County is in significant need of children's mental health services. In 2021 and 2022 CANDLE surveyed various providers in their community to get a snapshot of current access to mental health services for youth in Rockland County. Survey results showed most providers were unable to connect youth with a therapist, and of those who were able to connect with a therapist they reported a wait time of 30 to 60 days. There was also only one clinic able to schedule</p>			

new clients within 30 days. The County Executive Community Behavioral Health Report identified shortages in timely and effective services since 2015.

The need for mental health services has been exacerbated by the COVID pandemic. In addition to the overall need, there is an extreme need for mental health services that affirm LGBTQ+ identities and are provided in a language other than English (specifically Haitian Creole and Spanish). CANDLE's MHOTRS program will meet these needs by leveraging their current programming and experience working with LGBTQ+ youth and by offering services in Spanish and Haitian Creole. CANDLE will also be able to provide specialized services to all youth impacted by substance use, enabling them to provide a wholistic approach when serving Rockland County's youth.

Character and Competence

Applicant operates programs licensed by OMH	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies. OASAS	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Staffing

Staffing Impact:	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
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Clinical Staff Titles	Credentials	FTE
Therapists	2 LMSW, 1 LMHC	3
Prescriber	PNP	.20
Clinic Director	LCSW	1
Interns		2
Intake Specialist	MSW, MHC, MFT	1
Community Linkage Specialist		1
Compliance Office		.5
Total FTEs:		8.70

Staffing Comments:
 Note, there will be 4 interns equating to 2 FTE staff. After one year of operation the applicant will pursue hiring OMH Certified Peer Specialists positions. The PNP will be certified for both children and adult populations. They will also have a PNP intern who is certified to work with an adult population and currently working on their certification for children. All lined up clinical staff have experience with children with trauma, some have more experience with younger children or adolescents. It is not planned for the Clinic Director to hold a caseload, but if they do, it would be very minimal. The Clinic Director will put most efforts towards supporting clinicians and start up.

Caseload Capacity

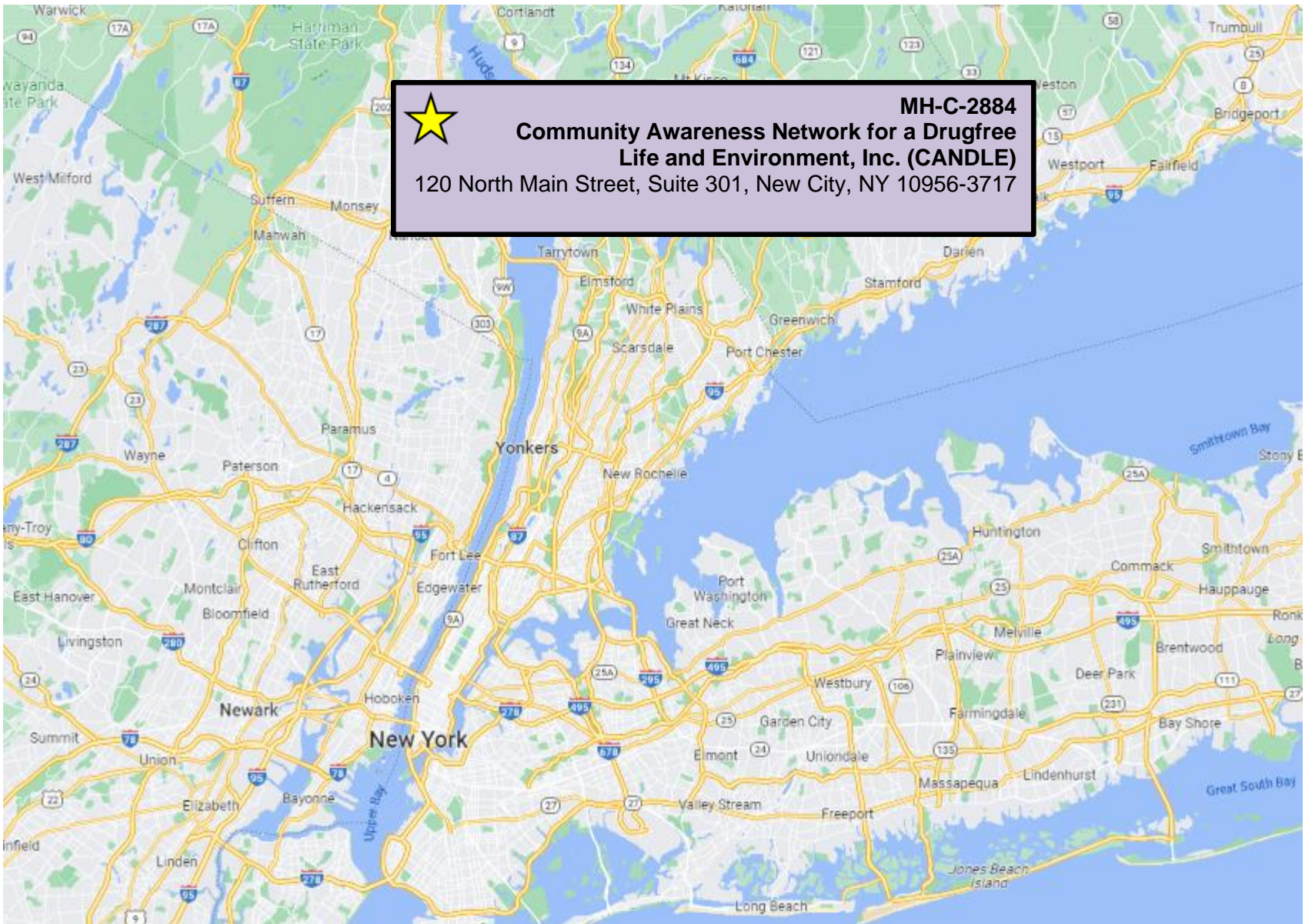
Clinic

Annual Caseload: 100
Clinical Staff/Caseload Ratio:1:25

Fiscal Information

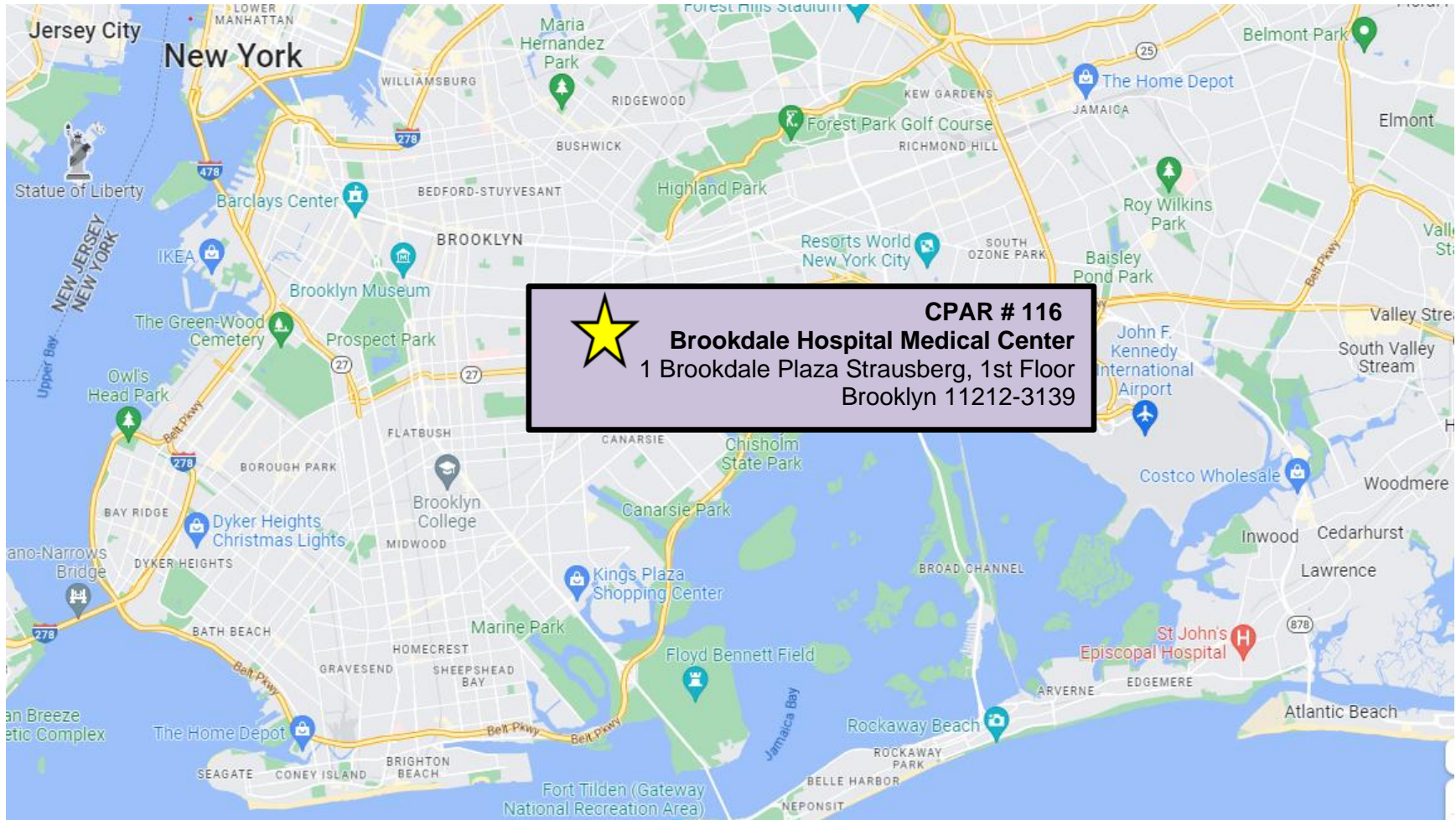
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	\$1,215,000	Staff Salaries:	\$437,500
Medicare:		Fringe Benefits:	\$45,630

Commercial Insurance:	\$91,000	Administrative Costs:	\$119,266.58
Grants:		Rent/Mortgage:	\$36,000
Other: Specify:	\$14,000 (Patient Fees) \$25,000 (NY Senate Funding)	OTPS:	\$99,590
Total Revenue:	\$ 1,345,000	Total Expenses:	\$ 737,986.58
Surplus:			\$ 607,013.42
Reviewer Recommendations			
Reviewer		Recommendation	
County - Rockland:		Approve with Conditions	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			
<ol style="list-style-type: none"> 1. Provide an MOU or linkage agreement with VCS, a local Adult serving MHOTRS program, to confirm referral relationship. 2. Provide a plan to ensure youth outside the LBGTQ scope meeting the admission criteria will be served. Include any referral sources or MOUs the applicant will utilize for youth not meeting the admission criteria. 3. Provide a plan for how Injectable Medications will be kept locked and secure. 4. Submit a plan for providing services to minors if unable to obtain parental consent for self-referred/unaccompanied minors receiving treatment. 5. Confirm if 911 and 988 will be incorporated into the after-hours crisis process. If yes, describe procedure. 6. Confirm that the agency has authorized someone to complete requirement pre-employment checks. 7. Submit a Certificate of Occupancy. 8. Complete a successful pre-occupancy site visit with the Hudson River Field Office. 			



BHSAC – Project Summary Form			
Review Date:	4/26/2023	Agency:	Brookdale Hospital Medical Center
Project #:	CPAR # 116	Project Type:	Capital Project
Project Description			
Provider:	Brookdale Hospital Medical Center		
Business Type:	Not-For-Profit Corporation		
Program Type:	CPEP		
Address:	1 Brookdale Plaza Strausberg, 1 st floor, Brooklyn 11212-3139		
Counties to be served:	Kings		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	5/1/2024		
Applicant's Request:	Capital Project to renovate their Adult and Pediatric Comprehensive Psychiatric Emergency Program (CPEP)		
Background			
<p>One Brooklyn Health System, Inc. (OBHS) is a not-for-profit, tax-exempt corporation licensed under Article 28 of the Public Health Law. OBHS is the co-operator of Brookdale University Hospital Medical Center, Interfaith Medical Center, and Kingsbrook Jewish Medical Center. The proposed capital project to improve the hospital's Adult and Pediatric CPEP Units is being done through OBHS's capital funding award by the Department of Health's Care Facilities Transformation Program: Kings County Project. This initiative aims to address chronic social, economic, and health disparities specifically in Brooklyn.</p>			
Need			
<p>Brookdale Hospital Medical Center needs to expand and enlarge its Adult and Pediatric CPEP divisions to provide better quality of services and meet the growing patient population. OBHS is requesting to relocate and renovate both their Adult and Pediatric CPEPs, while also increasing their number of total Extended Observation Beds from 6 to 7, specifically adding one EOB to their Pediatric CPEP (2 to 3).</p> <p>The Adult CPEP will be relocated from the ground to second floor enlarging the space while also keeping it adjacent to the medical emergency department that will remain on the ground floor. Renovations will expand patient spaces to have a dedicated exam, intake, seclusion, and activity room with a secured pantry. It will have six (6) secure holding rooms, four (4) extended observation bays, three (3) patient toilets and two (2) patient showers. Support spaces will include a laundry room, clean holding, soiled holding, medical alcove, nutrition alcove and a room to store patients' belongings.</p> <p>The Pediatric CPEP will be relocated to the second floor of the Strausberg Building, which is located directly above the medical emergency department. The new Pediatric CPEP will expand patient spaces to have a dedicated exam, intake, and seclusion room, and two (2) activity rooms with one (1) secured pantry. It will have four (4)</p>			

secure holding rooms, three (3) extended observation bays, three (3) patient toilets and two (2) patient showers. Support spaces will include clean holding, soiled holding, a medication room, an EVS closet and an equipment storage alcove.			
Character and Competence			
Applicant operates programs licensed by OMH		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Indicate the number of licensed programs	5 Outpatient	4 Inpatient	1 Residential
The applicant is in substantial compliance with OMH regulations		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Explain items marked no, include sanctions imposed by governing agencies: Currently in good standing with Department of Health.			
EOB Bed Capacity			
Current Capacity: 6		Proposed Capacity: 7	
Fiscal Information			
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	7,497,397	Staff Salaries:	3,205,647
Medicare:	1,406,174	Fringe Benefits:	1,479,548
Commercial Insurance:	529,037	Administrative Costs:	7,719,750
Grants:		Rent/Mortgage:	
Other: Specify:	2,952 Charity Care 1,777,5344 OTHER	OTPS:	692,877
Total Revenue:	\$ 11,213,094	Total Expenses:	\$ 13,097,822
Deficit		\$(1,884,728)	
Fiscal Comments:			
The Other Budget line includes Tricare, other government payers other than Medicare/Medicaid (e.g., VA, ADAP, court ordered/forensic, worker's compensation and no fault). The deficit will be covered by operating cash flow and annual State Aid.			
Reviewer Recommendations			
Reviewer		Recommendation	
County: NYC Department of Health and Mental Hygiene		Approve with Conditions	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			
<ol style="list-style-type: none"> DOH approval of corresponding CON application. Upon completion of the construction complete a successful pre-occupancy with the New York City Field Office, submit a Certificate of Occupancy, and the Architect's Letter of Substantial Completion. 			



BHSAC – Project Summary Form			
Review Date:	4/26/2023	Agency:	Rego Park Counseling, LLC
Project #:	CPAR # 106	Project Type:	Establish a new program
Project Description			
Provider:	Rego Park Counseling, LLC		
Business Type:	Limited Liability Company		
Program Type:	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)		
Address:	63-96 99 th Street, Rego Park, NY 11374		
Counties to be served:	Queens		
Population to be served:	<input type="checkbox"/> Children	<input type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	8/1/2023		
Applicant's Request:	Rego Park Counseling, LLC d/b/a Rego Park Mental Health is seeking to establish a Mental Health Outpatient Treatment and Rehabilitative Services program for Adults that will provide integrated care in the Rego Park and Forest Hills area of Queens County.		
Background			
<p>Rego Park Counseling, LLC d/b/a Rego Park Mental Health is seeking to establish a Mental Health program, Rego Park Counseling, that will serve Adults. Rego Park Counseling already has in place an Outpatient Addiction Services and Supports (OASAS) program which was established in 2020. An application for an Article 28 Diagnostic and Treatment Center was submitted to the New York State Department of Health and received contingent approval June 2, 2022. One of the owners of Rego Park Counseling, LLC, Dr. Raul Ulloa, has approximately 20 years of experience in family medicine and mental health. Dr. Ulloa worked as the supervisor of the psychiatric unit at the Westchester County Jail. Wilma Navarreto will work with Dr. Ulloa to provide oversight and supervision to the staff at the proposed MHOTRS program. The program is actively seeking a medical director who has additional experience in mental health. Emanuil Kalendarev has been the Chief Executive Officer for Rego Park Counseling LLC since January 2020. He currently manages the day-to-day operations of Rego Park Counseling's OASAS program.</p> <p>The proposed program will service all persons over the age of 18 years in the borough of Queens as well as adjacent areas in Brooklyn and Long Island with a primary focus on Forest Hills, Rego Park, Woodhaven, Corona, Elmhurst and Middle Village. The ability to offer continuity of care through the Mental Health Outpatient Treatment and Rehabilitative Services program, the OASAS outpatient program, and the pending Article 28 Diagnostic Treatment Center will provide those in need of care consistency, ease of access, and follow up on treatment and medication. The core belief of the proposed operators includes integrity and honesty, respect for all patients and the provision of exemplary service to all in need regardless of race, color, ethnic background, gender, social status or religious beliefs.</p> <p>As an established OASAS provider, Rego Park Counseling has established relationships and linkage agreements with other substance use disorder and mental health providers. The proposed operators have additional contacts including hospitals, local physicians and other community organization waiting for the Article 31 to begin providing services.</p>			

Rego Park Counseling intends to offer peer support services provided by individuals who are peer advocates. It is expected that initially some peer advocates might come from Rego Park's OASAS program. In those instances, the Peer Advocate will have the appropriate credentials as recognized by OASAS and will obtain from OMH Provisional Peer Certification, with the goal of obtaining full certification in a reasonable amount of time.

Need

Rego Park Counseling, LLC is seeking to establish a Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS) program as part of an overall plan to provide integrated care which will include medical, physical and behavioral services.

Within a short time after starting the OASAS outpatient program in 2020, the operators of Rego Park Counseling became aware of the fact that a large number of persons in the program, and others within the community, had co-occurring mental health needs. The proposed operators of Rego Park Counseling have observed approximately 35% of the enrollees in its OASAS program who have a co-occurring mental health and substance use disorder diagnosis with significant number of others presenting with a mental health diagnosis. These patients were referred to other mental health providers but often are unable to obtain treatment due to long wait times or inability to find a provider that will accept Medicaid. In addition, these patients seek out physicians to deal with underlying medical issues, such as pain, diabetes, hypertension, and find it difficult to obtain providers who can work around their therapy and recovery schedule. Additionally, many of their patients find the logistics of managing three providers to be challenging.

It is estimated that 7.7 million Americans have a co-occurring mental health diagnosis and substance use disorder according to The National Institute on Drug Abuse (NIDA). Mental health issues have been highlighted and exacerbated by COVID-19. Rego Park Counseling's target population has been especially hit hard by the effects of COVID-19, including loss of jobs, family, and friends. As a result, the community is at a greater risk of suicide.

Character and Competence

Applicant operates programs licensed by OMH	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies. (OASAS)	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Staffing

Clinical Staff Titles	Credentials	FTE
Psychiatrist	MD	.10
Psychiatric Nurse Practitioner	NPP	.50
Licensed Clinical SW-R	LCSW-R	.50
Licensed MH Counselor	LMHC	.50
Licensed MSW	LMSW	.50
Total FTEs:		2.10

Caseload Capacity

Clinic

Units of Service: 2,585		Annual Caseload: 50	
Clinical Staff/Caseload Ratio: 1:33			
Fiscal Information			
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	211,613	Staff Salaries:	272,500
Medicare:	63,824	Fringe Benefits:	21,800
Commercial Insurance:	99,282	Administrative Costs:	22,500
Grants:	0	Rent/Mortgage:	52,500
Other: Specify: Patient Fees	9,928	OTPS:	14,750
Total Revenue:	\$ 384,647.00	Total Expenses:	\$ 384,050.00
Surplus:			\$597.00
Fiscal Comments:			
Rego Park Counseling LLC already has referral sources in place, and good relationships with Medicaid Managed Care contracts through its OASAS program which will be built upon and continued with the Article 31 MHOTRS program.			
Reviewer Recommendations			
Reviewer		Recommendation	
County – NYC DOHMH :		Approve with Conditions	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			
<ol style="list-style-type: none"> 1. Successfully complete site visit with the New York City Field Office. 2. Describe efforts being made to hire a permanent Medical Director with experience in leadership for clinical service delivery, quality of care, training, oversight, supervision, and consultation. 3. Describe how the program will continue to evaluate the need for additional staff as its caseload grows. 4. Confirm ability to complete required pre-employment clearances for staff. 5. Successfully complete required clearances for the owners of Rego Park Counseling, LLC. 			



BHSAC – Project Summary Form			
Review Date:	4/26/2023	Agency:	Open Door Family Medical Centers
Project #:	CPAR # 112	Project Type:	Change of Sponsor
Project Description			
Provider:	Open Door Family Medical Centers		
Business Type:	Not-For-Profit Corporation		
Program Type:	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)		
Address:	165 Main Street, Ossining, NY 10562		
Counties to be served:	Westchester		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	7/3/2023		
Applicant's Request:	<p>Open Door Family Medical Center is requesting to be the sponsor of all Family Services of Westchester programs. Open Door Family Medical Center will become the operators of the Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS) programs while Family Services of Westchester will remain the operator of their current Community Residence and Children's Mental Health Rehabilitation Services programs.</p> <p>Open Door Family Medical Center will operate the following (MHOTRS) and satellites:</p> <p>Family Services of Westchester Yonkers MH Clinic: 6152110A Mount Vernon Mental Health Clinic Satellite; 6152110B Pelham Mental Health Clinic Satellite: 6152110C Echo Hills Family Center: 6152110G Family Services of Westchester: 6152100A Family Mental Health White Plains 6152100C Family Mental Health Terrytown 6152100D JFK School Based Clinic 6152100E Port Chester High School Based Clinic 6152100F King Street School 6152100H Port Chester Middle School Satellite 6152100I Park Avenue School Satellite 6152100J Edison School Satellite 6152100K</p>		
Background			
<p>Open Door Family Medical Center (ODFMC) has been providing primary care services to the communities of Westchester and Putnam Counties since 1972. ODFMC was one of the earliest health centers in the country and became a licensed Community Health Center in 1975 when the federal program was launched under Section 330 of the Public Health Service Act. They began offering mental healthcare in the mid-1980s to meet the needs of the community.</p>			

The mental health services have been led by Shonny Capodilupo, LCSW (Senior Director) for the last 13 years. She formerly worked for Family Services of Westchester in a variety of leadership roles. She has served as adjunct faculty at both the Post Master's Certificate Program in Child and Family Therapy at New York University – Silver School of Social Work as well as Fordham University's Post-Master's Certificate Program in Child and Adolescent Therapy. She also serves on Westchester County's Coordinated Children's Services Initiative (CCSI), Zero to Three Committee, Integrated Service Planning Committee 0-6 years, and the New York State Early Childhood Advisory Council. In addition, ODFMC intends to retain Karen Fink, LCSW, Family Services of Westchester's (FSW) Executive Vice President of Clinical Services, to ensure continuity and quality.

Family Services of Westchester will be transferring their Article 31 Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS) to ODFMC. ODFMC will continue to offer comprehensive mental health services at these convenient locations throughout Westchester County. The annual caseload in these clinics is currently 2,521 and the target population will not change as a result of the change of sponsorship. The clinics will continue to provide services and community supports that strengthen and support families, children, and individuals in every stage of life.

Need

Open Door Family Medical Center (ODFMC) and Family Services of Westchester (FSW) have been collaborating for 20+ years. ODFMC and FSW boards merged after the Executive Director of FSW retired. As a result, FSW was going to remain the operator of their programs but they identified that by making ODFMC the operator of the clinic programs they can better facilitate integrated mental health and primary care services, including an integrated electronic health record.

This change of sponsor will offer the residents of Westchester County integrated primary and behavioral healthcare. This affiliation will enable the people served in these Article 31 MHOTRS programs to access high quality primary and specialty medical care and will enable people served in ODFMC's Article 28 clinics to access high quality mental healthcare if their need for mental health support exceeds what ODFMC is able to provide under their existing licensure.

Over 70 randomized controlled trials have shown that integrated care is both more effective and more cost effective for common mental health disorders, such as depression. This has been shown across diverse patient populations and in a multitude of different practice settings. Integrated care delivery has been shown to produce better outcomes for a wide range of prevalent and costly chronic medical diseases including hypertension, diabetes, congestive heart failure, and asthma. Likewise, it has been shown to be more effective for an extensive range of the most common mental health conditions, including depression, bipolar disorder, schizophrenia, and anxiety disorders.

Character and Competence

Applicant operates programs licensed by OMH	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	
The applicant is in substantial compliance with other Government agencies	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	
<p>Explain items marked no, include sanctions imposed by governing agencies: Open Door Medical Center operates an Article 28 Diagnostic Treatment center. Open Door Family Medical Center currently provides mental health services (NY Project Hope) that are authorized but not licensed by OMH.</p> <p>Open Door Family Medical Centers has received many awards for their programs and services. A few of those are listed below: HRSA: Health Disparities Reducers Award for meeting or exceeding the Healthy People 2020 goals or made at least a 10% improvement across different racial/ethnic groups between 2018 and 2019.</p> <p>Access Enhancer Award for increasing the total number of patients served and the number of patients receiving comprehensive services between 2018 and 2019.</p> <p>Silver Health Center Quality Leader Award for achieving the best overall clinical performance.</p> <p>Advancing Health Information Technology (HIT) for Quality for optimizing HIT services for advancing telehealth, patient engagement, interoperability, and collection of social determinants of health to increase access to care and advance quality of care between 2018 and 2019.</p>			
Staffing			
Staffing Impact:	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	
Fiscal Information			
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid Managed Care:	3,957,110	Staff Salaries:	2,725,000
Medicare:	350,630	Fringe Benefits:	375,000
Third Party Payments:	550,990	Administrative Costs:	346,075
Grants:	18,000	OTPS:	991,800
Other:	353,270		
State Aid:	120,000		
Total Revenue:	\$ 5,350,000	Total Expenses:	\$ 4,437,875.00
Surplus/Deficit:			\$ 912,125
Reviewer Recommendations			
Reviewer		Recommendation	
County – Westchester :		Approve	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			

1. Describe plan to inform partnered schools of change in sponsorship as well as update any written agreements with the schools that house the satellites.
2. Provide Open Door Family Medical Centers amended organizational documents.
3. Confirm Open Door Family Medical Centers to complete required pre-employment checks for all staff, including those transferring from Family Services of Westchester.



BHSAC – Project Summary Form			
Review Date:	4/26/2023	Agency:	Rensselaer County Department of Mental Health
Project #:	CPAR 119	Project Type:	Capital Project
Project Description			
Provider:	Rensselaer County Department of Mental Health		
Business Type:	Public (State, County, Municipal)		
Program Type:	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)		
Address:	1600 7 th Avenue, Troy, NY 12180-3411		
Counties to be served:	Rensselaer		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	11/1/2023		
Applicant's Request:	This is a request for a capital project. The applicant is renovating the floor of the county office building where the main MHOTRS program, Unified Services, is located.		
Background			
<p>Rensselaer County Department of Mental Health is renovating the County Office building where Unified Services' main MHOTRS program is located. The following programs are also located in the building: the DSS financial services; Adult Protective Services; County Health Department; DMV; Public Defender; Conflict Defender; Employment & Training; and Mental Health.</p> <p>Unified Services' MHOTRS program is located on the 3rd floor. While the 3rd floor is being renovated starting May 19, 2023, the program will be temporarily relocated to the 4th floor of the building.</p> <p>Renovation plans include the complete demolition of the existing interior design, and reconstructing with greater efficiency to available space, rewiring, new phone and internet lines, smart conference rooms; ADA compliant space; and up to date HVAC systems. The Department of Mental Health will have a dedicated entrance, which will have security and magnetometer. The applicant shared this will be a much more secure space than what they currently have. Other offices for the Department of Mental Health will be located on the 3rd floor as well once the renovation is complete. (i.e., administration/LGU; Management Information Systems; Care Management - Adult; Care Management Children & Youth; Quality Assurance; Substance Abuse Prevention; Peer Engagement Specialist; 60+ Outreach; and Outreach Social Worker).</p>			
Need			
<p>Rensselaer County has initiated a capital improvement plan "Reimagine Rensselaer." One component of this plan is to renovate the County Office building where the Unified Services' MHOTRS program is located. The County Office building will become a hub for human services and the upgrades will improve efficiency and utilization of the space.</p>			

Character and Competence			
Applicant operates programs licensed by OMH		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Indicate the number of licensed programs	2 Outpatient	0 Inpatient	0 Residential
The applicant is in substantial compliance with OMH regulations		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Staffing			
Staffing Impact:	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	
Fiscal Information			
Fiscal Comments:			
Total cost of the project is \$800,000 which is being funded by Rensselaer County .			
Reviewer Recommendations			
Reviewer	Recommendation		
Office of Mental Health:	Approve with Conditions		
Reviewer's Comments and Conditions:			
<ol style="list-style-type: none"> Once the renovation is complete successfully complete a preoccupancy site visit with Hudson River Field Office, provide a copy of the architect's letter of substantial completion, and the Certificate of Occupancy. 			

