

Behavioral Health Services Advisory Council
OMH Project Review Agenda
October 16, 2023

Applicant Name/Project #	Project Type	Program Type	Project Manager	Page #
First Medicare Inc.				
MH-D-2863	Establish New – MHOTRS	Outpatient	Carmela Triolo	2
Westchester County Healthcare Corporation				
CPAR # 65	Expand Capacity– Inpatient Unit	Inpatient	Amber Piejko	7
Sara's Haven Inc.				
MH-D-2888	Establish New – MHOTRS	Outpatient	Amber Piejko	11
Mount Support LLC				
MH-D-2889	Establish New – MHOTRS	Outpatient	Bernadette Mueller	16
New York Flushing Hospital and Medical Center				
CPAR # 137	Capital Project & Capacity Expansion	Inpatient Psychiatric Unit	Rudy Arias	20

BHSAC – Project Summary Form			
Review Date:	9/21/2023	Agency:	First Medicare, Inc.
Project #:	MH-D-2863	Project Type:	Establish a new program
Project Description			
Provider:	First Medicare, Inc.		
Business Type:	For-Profit Corporation		
Program Type:	Mental Health Outpatient Treatment Rehabilitative Services (MHOTRS) Program		
Address:	747 East 87th Street Brooklyn, New York 11236		
Counties to be served:	Kings		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	10/1/2024		
Applicant's Request:	<p>First Medicare Inc., proposes to operate an Article 31 MHOTRS program adjacent to their Article 28 Diagnostic and Treatment Center (DTC). The MHOTRS and DTC will not share staff or space.</p> <p>The applicant projects that 80% of the annual admissions will come from the DTC and 20% of the annual admissions will come from other community providers.</p> <p>It is expected that children and adolescents, age 5 to 18, will comprise 30% of the program's population and adults will comprise 70%. The program will not serve children ages 0 - 5.</p> <p>The medical records of individuals, who choose to receive medical services from the DTC and mental health services from the MHOTRS, may be shared, with the individual's consent, to facilitate care coordination.</p>		
Background			
<p>First Medicare, Inc. owns and operates an Article 28 Diagnostic and Treatment Center (DTC) licensed by the New York State Department of Health, which has been providing medical and sub-specialty services in the Canarsie section of Brooklyn for over 22 years. The DTC serves over 6,000 patients (over 50,800 visits annually).</p> <p>The DTC does not currently provide mental health treatment; it screens individuals to determine mental health treatment needs and refers them to other providers when appropriate. First Medicare Inc. has relationships with Maimonides Medical Center, New Horizons Counseling Center, Inc., NYC H+H/Kings County Hospital Center and Pesach Tikvah Family Services Center. The DTC is a member of Community Care of Brooklyn Independent Practice Association, Inc. (CCB IPA), which is an accountable care organization (ACO), and is a New York State Patient-Centered Medical Home (NYS PCMH).</p> <p>Using DOH's Capital Restructuring Financing Program (CRFP) grant, First Medicare will expand access to primary care and behavioral health services by subsidizing a</p>			

new mixed use building next door to the DTC, which is where the MHOTRS program will be located.

First Medicare Inc. projects the space for the MHOTRS program to be available by October 1, 2024.

Need

First Medicare indicates that the DTC completes over 6,500 behavioral health screenings annually on its adult patient population. Based on completed screenings, approximately 3,000 patients were found to need some level of mental health follow-up.

First Medicare projected the need for mental health services among DTC patients based on administration and results from the following:

Survey Type	#Survey Responses	# Indicating need	% Indicating Need
PHQ9*	552	216	39.0%
GAD-7*	309	137	44.0%
Random Survey**	202	105	52.0%

** All patients are asked to fill out the PHQ9 as part of the D&TCs patient-center care model. If appropriate, and a need is identified, they will then add the GAD7.*

***The Random Survey was offered to all patients that came to the DTC for a one-week period. Responses were voluntary. Responders were asked: Would you or any members of your household benefit from mental health services at First Medicare?*

Based on conversations with DTC clinicians and patient navigators, First Medicare estimates that over 500 adults and over 100 children have been urged to pursue mental health services in the past twelve months.

First Medicare also reached out by telephone to 12 of the nearest MHOTRS programs accessible by public transportation to ask them about current wait times for referrals. Three programs did not respond or said they did not take telephone referrals, 4 programs indicated the wait for a screening/intake was between 1 and 3 weeks, 3 programs indicated they had paused referrals or had a waiting list, and 2 programs indicated appointments were being scheduled several months in advance. Most of the residents in the proposed service area, are dependent on public transportation. While there are 63 MHOTRS programs in Brooklyn, eighty-nine percent of the programs are more than 30 minutes' travel time by public transportation from the DTC Those within 30 minutes from the DTC by public transportation have limited availability. Therefore, locating a MHOTRS program next door to the DTC will facilitate access to mental health services to patients of the DTC and other residents of the community.

A majority of the MHOTRS admissions are expected to come from Canarsie, Starrett City, East New York, Flatbush, Flatlands and Georgetown. Approximately 87% of the Primary Service Area (PSA) population is under the age of 65. More than three-quarters of the PSA population is of minority status. One-third of residents in the PSA are foreign-born and are not fluent in the English language with Spanish, Haitian-Creole and Russian being the most common languages other than English. As of 2019 the population breakdown was: 51.7% Black non-Hispanic, 22.5% White non-Hispanic, 17.4% Hispanic, and 6.2% Asian non-Hispanic, with 18.5% below the poverty level. In order to serve this population, The MHOTRS will utilize "I speak"

posters and Boostlingo, a translation vendor which is accessible by phone, as it currently does in the DTC; should patients prefer, they may also use a translator on their phone. The MHOTRS it will also work with its consultant trainer, who is affiliated with a university, to develop a plan to recruit clinicians who are representative of the population.

Character and Competence

Applicant operates programs licensed by OMH	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies: DTC is licensed by NYSDOH	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Explain items marked no, include sanctions imposed by governing agencies:

The current owners of First Medicare, Inc. and their percentage of their ownership are: Gershon Klein (9%), President; Moishe Heimowitz (55%), Treasurer; Berel Farkas (9%), Director; Menachem Silber (9%), Secretary; Yehuda Zicherman (9%), Director and Yissochor Lichter (9%), Director.

Mr. Klein and Mr. Heimowitz have owned First Medicare, Inc. and have operated the DTC over the years. Mr. Farkas, Mr. Silber, Mr. Zicherman, and Mr. Lichter have recently become owners of First Medicare, Inc.

Two of the six owners were involved in cases brought by the New York City Building Department for residential violations (between 2018 – 2022). These cases have since been deposed per a consent decree, settlement, or closure. The applicant indicates none of the new owners have not been affiliated with or have had indirect or direct ownership in a regulated/licensed health/human service provider within the last ten years.

Staffing

Clinical Staff Titles	Credentials	FTE
Medical Director (hourly consultant)	MD	0.25
Clinic Director	LCSW	1.0
Psychiatrist	MD (Board Certified in Child and Adult Psychiatry)	0.5
Psychiatric Nurse Practitioner	PMHNP	1.0
Social Worker	LCSW	3.0
Licensed Mental Health Counselor	LMHC	3.0
Licensed Creative Arts Therapist	LCAT	0.8
Clinic Supervisor	LCSW	1.0
Peer Support Specialist (hourly)	Applicant confirms the peer will have the required certification for the population served	0.25
Clinical staff total:		10.8
Clerical		1.0
Billing		1.0
Total FTEs:		12.8

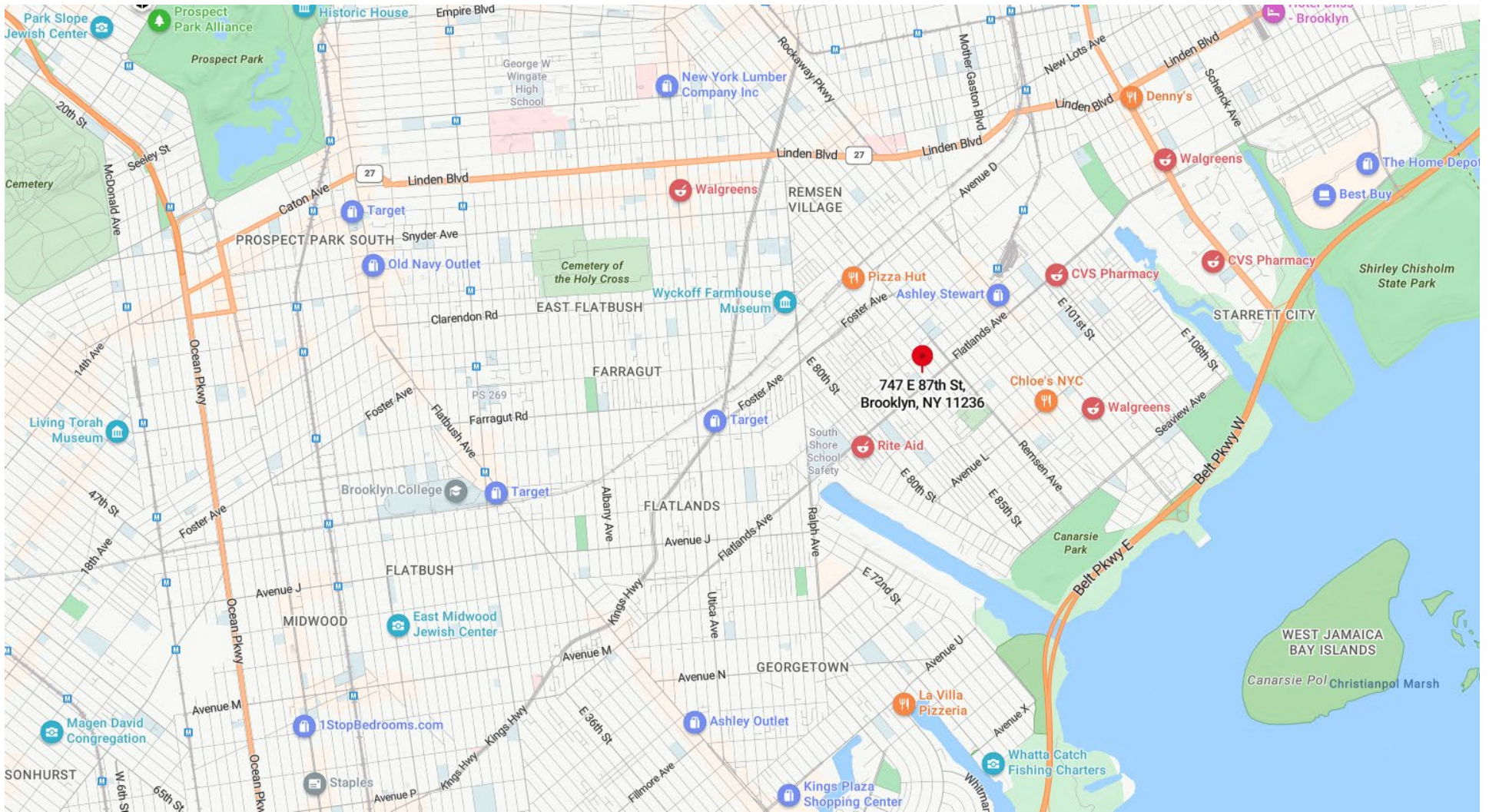
Staffing Comments:

The Clinical Supervisor is expected to assist the Clinic Director and provide adequate clinical supervision of the no less than ten individuals, including part time staff and the peer, while spending 70% of their time carrying a caseload of 24.

*The clinic director, who will be an LCSW, will supervise prescribers (psychiatrist and PMHNP= 1.5 FTE's).

The program will hire and train MHOTRS staff to provide Medication Assisted Treatment (MAT) to recipients with a co-occurring substance use disorder. The program will also hire staff that will be qualified to serve the mental health needs of individuals with a co-occurring Developmental Disability. Further, the program plans to hire peers with various certifications on an hourly basis proportionally to the numbers of adults, youth (children and adolescents), persons involved with the justice system that are served by the program.

Caseload Capacity			
MHOTRS			
Units of Service: 10,945		Annual Caseload: 300	
Clinical Staff/Caseload Ratio:1:33			
Fiscal Information			
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	\$940,246	Staff Salaries:	\$933,994
Medicare:	131,698	Fringe Benefits (18%):	166,319
Commercial Insurance:	322,543	Administration & Overhead	125,200
Grants:		Rent/Mortgage:	165,000
Other: Specify:	38,566	OTPS:	36,700
Total Revenue:	\$ 1,433,053	Total Expenses:	\$ 1,427,613
Surplus/Deficit:			\$5,440
Fiscal Comments:			
Reimbursement for consultants: Medical Director at \$50,200 and LCSW Trainer at \$15,000, are under Administration and Overhead; their reimbursement is not included in staff salaries.			
Reviewer Recommendations			
Reviewer		Recommendation	
County – Department of Health and Mental Hygiene (DOHMH):		Approve with Conditions	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions: Complete a preoccupancy visit with the NYC Field Office.			



MH-D-2863

First Medicare Inc.

747 East 87th Street, Brooklyn, NY 11236

BHSAC – Project Summary Form			
Review Date:	9/21/2023	Agency:	Westchester County Health Care Corporation
Project #:	CPAR # 65	Project Type:	Expand inpatient beds
Project Description			
Provider:	Mid-Hudson Valley Division of Westchester Medical Center		
Business Type:	Not-For-Profit Corporation		
Program Type:	Inpatient		
Address:	241 North Road, Poughkeepsie, NY 12601-1154		
Counties to be served:	Dutchess		
Population to be served:	<input type="checkbox"/> Children	<input type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	12/31/2025		
Applicant's Request:	Complete capital project renovations to increase the capacity of the Mid-Hudson Valley Division of Westchester Medical Center from 40 to 60 beds.		
Background			
<p>Mid-Hudson Valley Division of Westchester Medical Center is a part of Westchester County Health Care Corporation (WCHCC.) WCHCC is currently licensed by OMH to operate a total of 181 inpatient psychiatric beds across its network of hospitals, with Westchester Medical Center in Poughkeepsie representing 40 of those beds. In addition to its inpatient services, WCHCC provides various outpatient services, including 3 Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS) programs, 1 ACT program, and 1 Partial Hospitalization Program. WCHCC serves children, adolescents, and adults across their programming. Counties served by WCHCC include Westchester, Putnam, Dutchess, Rockland, Orange, Ulster, Sullivan and Delaware.</p>			
Need			
<p>The proposed 20 bed increase at Mid-Hudson Valley Division of Westchester Medical Center (CPAR # 65) completes the re-location of the 20 bed decrease at the HealthAlliance's St. Mary's Campus (CPAR # 67). The resulting capacity of 20 beds at the HealthAlliance Hospital Mary's Ave Campus and 60 beds at the Mid-Hudson Valley Division of Westchester Medical Center campus ensures these providers will continue to operate an overall capacity of 80 inpatient psychiatric beds.</p> <p>The renovations will expand the Spellman Unit from a 15 to a 20-bed psychiatric unit and permanently re-locate the 20 beds to the Mid-Hudson Valley Division of Westchester Medical Center. Renovations will include upgrading patient spaces across the unit, including patient bedrooms, toilet rooms, patient showers, seclusion suite, corridors, and common spaces. These will be upgraded to reflect the current FGI Guidelines and OMH Patient Safety Standards. ADA accessible patient rooms with 3-fixture ADA accessible toilet rooms will be introduced in the center of the unit, proximate to the care team at the central nursing station.</p> <p>Increasing Mid-Hudson Valley Division of Westchester Medical Center's inpatient beds by 20 will allow WCHCC to develop a Center of Excellence (COE) for both psychiatric and chemical dependency services. The development of a COE will create higher quality care within the region and improve operational and financial performance of the agency.</p>			

The COE benefits include the development of specialized behavioral health programs, creation of modernized patient care spaces to improve patient outcomes and experiences, consolidation of scarce resources and management to gain operational efficiencies and a greater chance to attract needed physicians and staff to a more comprehensive program. Some of the proposed COE's specialized treatment programs will focus on dual diagnosis inpatient care, Chronic Psychotic Disorder, Early Psychosis, as well as Mood and Anxiety Disorder. There will be a focus on staff development and training on Trauma-Informed and Recovery-Oriented Care Models. A Psychiatry Nursing Residency Program will be established. Lastly, the COE plans to improve post-discharge care and relationships with community outpatient treatment programs to improve continuum of care for their recipients

Character and Competence

Applicant operates programs licensed by OMH	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Indicate the number of licensed programs	1 Outpatient	1 Inpatient
		0 Residential
The applicant is in substantial compliance with OMH regulations	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies (DOH)	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Staffing Impact:

	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
--	---	-----------------------------

Clinical Staff Titles	FTE
Psychiatrist	3.7
Nurse Practitioner – Psychiatry	1.0
Physician – Psychiatrist (Nocturnist)	1.0
Medical Director	0.3
Registered Nurses	46.0
Nursing Director	0.6
Nurse Manager	1.1
Clinical Coordinator (Off-Tour RN Supervisor)	2.3
Program Manager, Mental Health	0.7
Mental Health Therapist	6.6
Case Mgmt. Discharge Planning	5.6
Physician Asst. – Medical	1.0
Nurse Practitioner - Medical	1.0
Total FTEs:	70.9

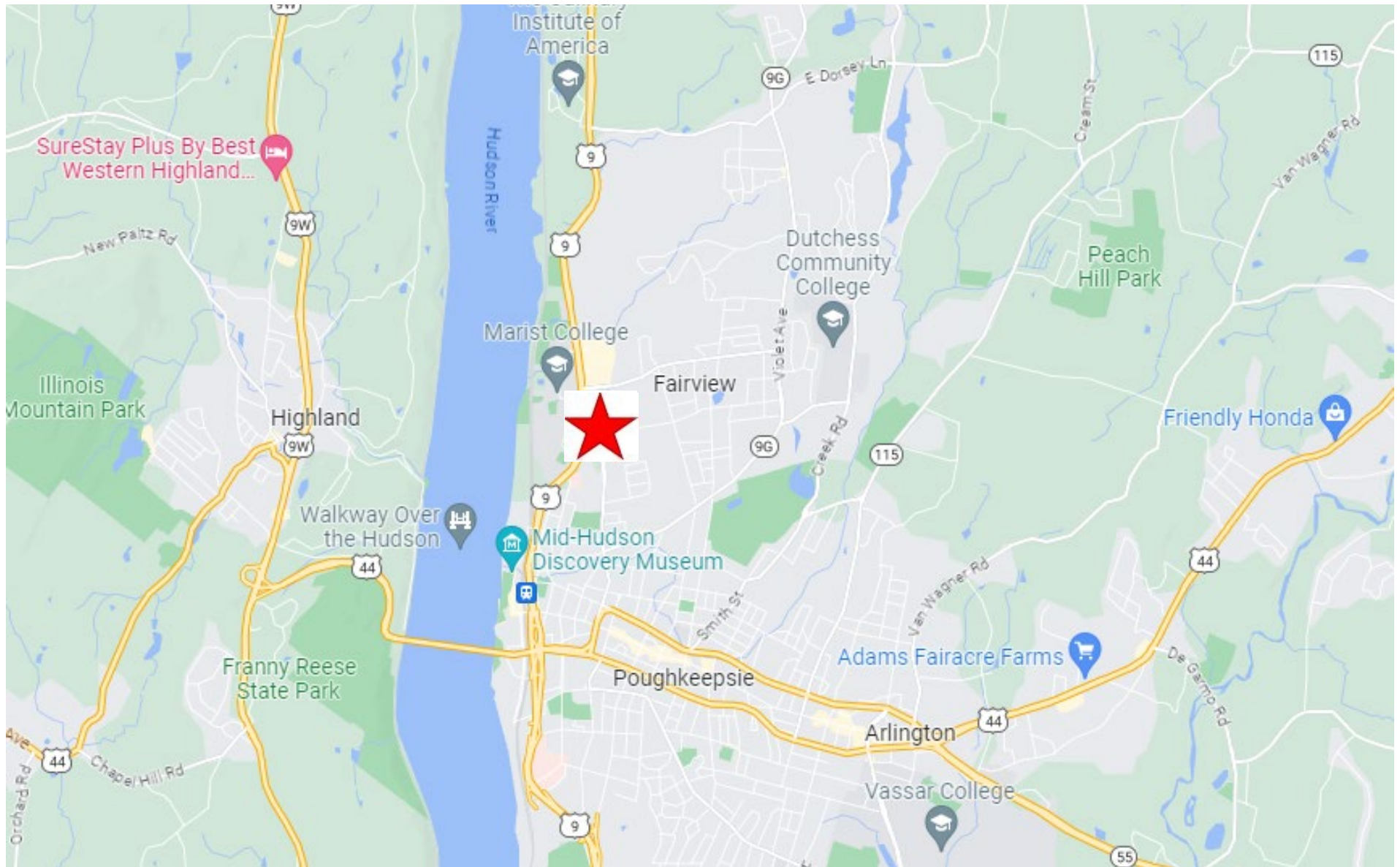
Staffing Comments:

Please note, MHRH has been operating and staffing a temporary 15-bed psychiatric unit since May of 2020 due to COVID. These 15 beds are part of the 20 beds that will be permanently transferred. Therefore, the proposed staffing plan is to support an additional five inpatient psychiatric beds, as it has been supporting the temporary 15 beds for some time. This also accounts for additional staffing to support MHRH's efforts to create enhanced services as part of its vision and development of a Behavioral Health Center of Excellence (COE) at the hospital.

Caseload Capacity

Inpatient

Current Bed Capacity: 40	Proposed Bed Capacity: 60	% Change: 33	
Fiscal Information			
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	\$7,238,688	Staff Salaries:	\$8,147,007
Medicare:	\$3,280,662	Fringe Benefits:	\$2,810,717
Commercial Insurance:	\$8,726,667	Administrative Costs:	\$1,459,000
Grants:		Rent/Mortgage:	
Other: Specify:	Patient Fees: \$233,266 Other Governmental Income: \$141,865	OTPS:	\$3,869,337
Total Revenue:	\$19,621,148	Total Expenses:	\$16,286,061
Surplus:		\$3,335,087	
Fiscal Comments:			
Please note, there is no rent/mortgage as the building is paid off.			
Reviewer Recommendations			
Reviewer		Recommendation	
County – Dutchess County:		Approve with Conditions	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			
<ol style="list-style-type: none"> 1. DOH approval of corresponding 231271 CON application. 2. Submit a Certificate of Occupancy. 3. Submit the Architect's Letter of Substantial Completion. 4. Complete a successful pre-occupancy site visit with the NYS Office of Mental Health Hudson River Field Office upon completion of renovations. 			



CPAR # 65
Westchester County Healthcare Corporation
241 North Road, Poughkeepsie, NY 12601-1154

BHSAC – Project Summary Form			
Review Date:	9/21/2023	Agency:	Sara’s Haven, Inc.
Project #:	MH-D-2888	Project Type:	Establish a new program
Project Description			
Provider:	Sara’s Haven, Inc.		
Business Type:	For-Profit Corporation		
Program Type:	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS) Program		
Address:	240-08 135 th Avenue, Queens, NY 11422		
Counties to be served:	Queens		
Population to be served:	<input type="checkbox"/> Children	<input type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	1/1/2023		
Applicant’s Request:	Establish Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS) Program that will serve Adults in Queens County.		
Background			
<p>Sara’s Haven, Inc. (Sara’s Haven) is a newly formed business corporation founded by members of the Queens community, who are committed to providing mental health services to the residents of the 12th and 13th districts of Queens, as well as its surrounding neighborhoods.</p> <p>To best address the unmet mental health needs within their community, the agency’s governing body made the decision to pursue establishing a MHOTRS program. The program intends to serve adults with mental illness, specializing in serving veterans. After the first few years of operation, the agency also plans to provide targeted services to Holocaust survivors.</p> <p>The members of the governing body include a wide range of experience and knowledge. This includes Major Sharon Sweeting-Lindsey who is a veteran of the United States Army Reserve and founded the agency V.E.T.S., Inc., a Queens non-profit that operated a 10-bed residential facility for displaced veterans. During the past five years, and especially now during the COVID-19 pandemic, Major Sweeting-Lindsey (Ret.) has been reaching out to veterans and other community members through the Veterans Advisory Committee of Southeast Queens, Rosedale-Laurelton American Legion Post 483 in Queens, NY, where she is the First Vice-Commander. Her committee has been providing food assistance to 300-400 veterans, their families and other community members during the pandemic and through this work she has identified approximately 100 veterans who need mental health services.</p> <p>Another member, Ms. Rizy Horowitz, is experienced in working with Holocaust survivors through her work as one of the founding members of the Holocaust Survivor Program, which provides comprehensive services to Holocaust survivors in New York including programs addressing social isolation, nutrition, and health.</p>			

Other members of the governing body include a Licensed Psychologist and Licensed Social Worker, both with extensive experience supervising OMH licensed programs in New York City.

Need

Sara's Haven aims to address the increased need of mental health services within the Queens community and ensure timely access to MHOTRS services to aid those seeking mental health care. Among the eight MHOTRS programs located in the Queens 12th and 13th district, only one was able to provide a two-week timeframe for care. The other programs either had an eight month wait list, were unable to provide an estimated timeframe, or did not respond to outreach.

According to the December 2021 OMH Facility Performance Metrics and Community Service Investments Monthly Report three (3) out of six (6) of the inpatient general hospital psychiatric units in Queens, experienced a higher rate of readmission than the Statewide average of 16.5%. This may be an indicator of a shortage of available outpatient programming (e.g., MHOTRS). The rate of ER Utilization within 30 days of discharge from adult inpatient general hospital psychiatric units was also higher than the statewide average of 20.6% for four (4) out of the six (6) inpatient general hospital psychiatric units in Queens. Jamaica Hospital, which is the closest hospital to Queens Community Districts 12 and 13, had a rate of 23.1% readmissions and an ER utilization rate of 28.6%.

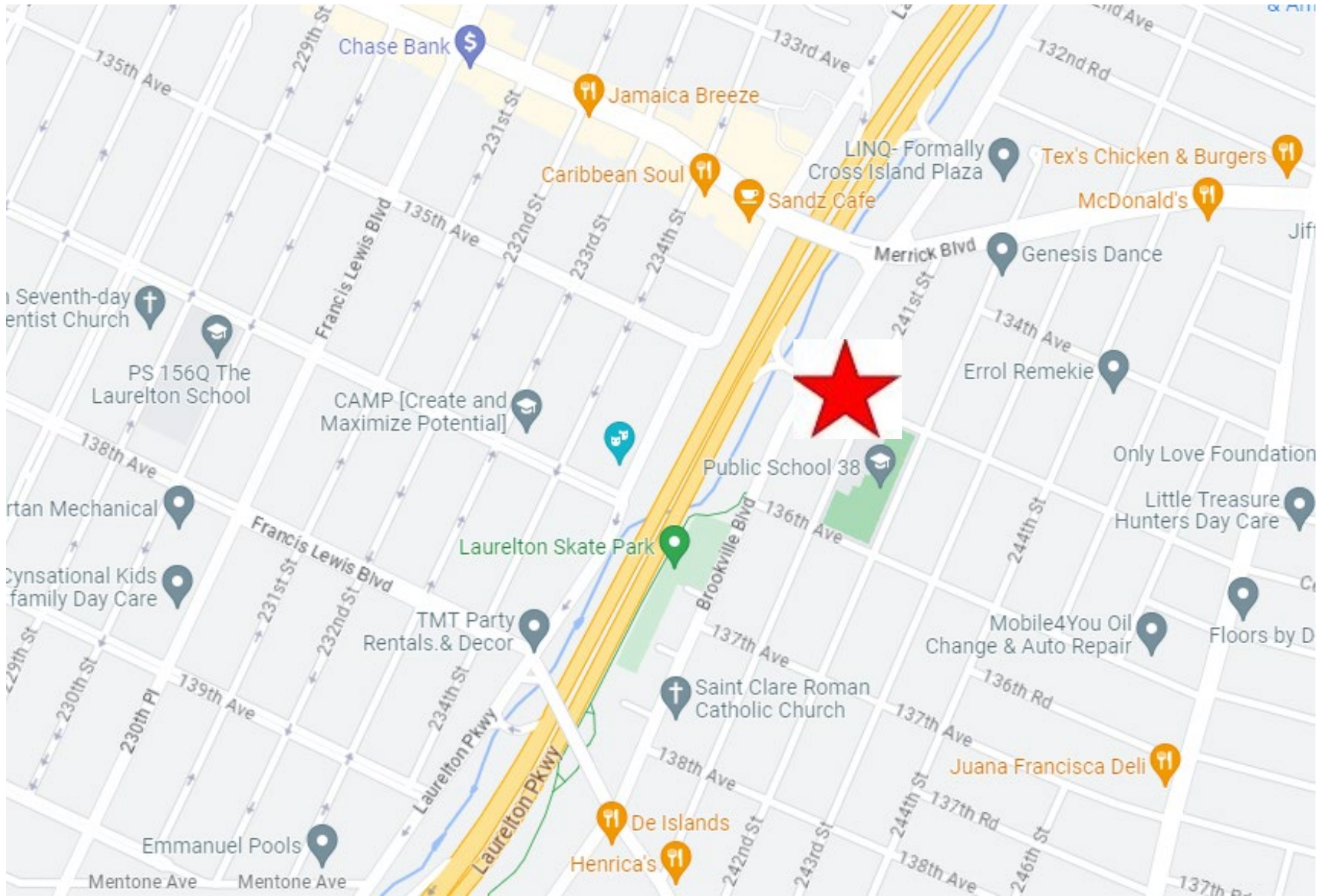
The proposed program will specifically target veterans among the Queens population in need of mental health services. In a recent presentation by the U.S. Department of Veteran's Affairs, Queens has the fourth largest veteran population in New York State, 46,028. In 2016-2018 Queens veterans had a suicide rate of 6.3% and based on 2016-2020 census data, 1.7% of the total 10.3% living below the Federal Poverty Level were Veterans. To help support these efforts, Sara's Haven has applied for the Staff Sergeant Parker Gordon Fox Suicide Prevention Grant through the United States Department of Veterans Affairs. To ensure staff are appropriately trained on serving Veterans, Eddie Simcha, Dr. Broner, and Major Sweeting-Lindsey will be creating a specialized training program on providing effective mental health services to Veterans. This will be required for MHOTRS staff serving Veterans. They also plan to recruit and hire staff who are veterans or individuals with prior experience working with Veterans.

After a few years of operation, the proposed program will expand to serve Holocaust Survivors as an additional target population within the Queens community. Due to the advanced age of Holocaust survivors and continuing need for mental health services, the agency plans to coordinate health home-visits or MHOTRS telehealth services, as needed, to address the unique mental health needs of this population. There are 600 Holocaust survivors in Queens, as per Selfhelp, a Manhattan non-profit serving senior citizens. This expansion will include specialized training and recruiting staff with prior experience working with Holocaust survivors.

The agency also plans to employ clinicians with the ability to communicate with clients in Spanish and will have access to a language line to communicate with

clients in languages not spoken by any clinician. Sara's Haven uses Telelanguage, Inc. to assist clients and their families with limited English language skills and will use this service in the proposed Mental Health Outpatient Treatment and Rehabilitative Services Program.			
Character and Competence			
Applicant operates programs licensed by OMH		<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Staffing			
Clinical Staff Titles		Credentials	FTE
Program Director		LCSW	1.0
Medical Director/ Psychiatrist		MD, PSYCH	0.2
Nurse Practitioner		NPP	0.7
Therapist		LCSW	3.0
Contract Therapist		LCSW	4.7
Total FTEs:			9.6
Staffing Comments:			
The 4.7 FTEs will be entailed of 15-20 part time therapists. Sara's Haven will be looking into NYS Certified Peer Specialists after the first year of operation, especially due to including Veterans as a specialized target population.			
Caseload Capacity			
Clinic			
Units of Service: 9,000		Annual Caseload: 350	
Clinical Staff/Caseload Ratio: 1:30			
Fiscal Information			
First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	\$1,140,529	Staff Salaries:	831,500
Medicare:	\$81,099	Fringe Benefits:	100,250
Commercial Insurance:	\$49,849	Administrative Costs:	165,412.5
Grants:		Rent/Mortgage:	120,000
Other:	Patient Fees \$20,000 Low Pay/ Uninsured \$13,331.25	OTPS:	86,000
Total Revenue:	\$ 1,304,808	Total Expenses:	\$ 1,303,162.5
Surplus:		\$1,645.50	
Fiscal Comments:			
Sara's Haven will use a sliding scale fee for those recipients without health insurance.			

Reviewer Recommendations	
Reviewer	Recommendation
County – Department of Health and Mental Hygiene (DOHMH):	Approve with Conditions
Office of Mental Health:	Approve with Conditions
<p>Reviewer’s Comments and Conditions:</p> <ol style="list-style-type: none"> 1. Provide additional information regarding Utilization Review Process. 2. Submit plan to address the needs of recipients who report needing ADA-accessible accommodations for group therapy located on the 2nd floor of the building. 3. Provide additional documented efforts to previously contacted MHOTRS programs that did not respond. 4. Revise off-site services policies and procedures to include the following: <ol style="list-style-type: none"> a. Protocols for emergencies/crises in the community b. Frequency of and documentation for reassessing 5. Confirm there is a written policy and procedure to inform recipients of alternatives to telehealth if requested by recipient. 6. Complete a successful pre-occupancy site visit with the NYS Office of Mental Health New York City Field Office. 	



MH-D-2888

Sara's Haven Inc.

240-08 135th Avenue, Queens, NY 11422-1511

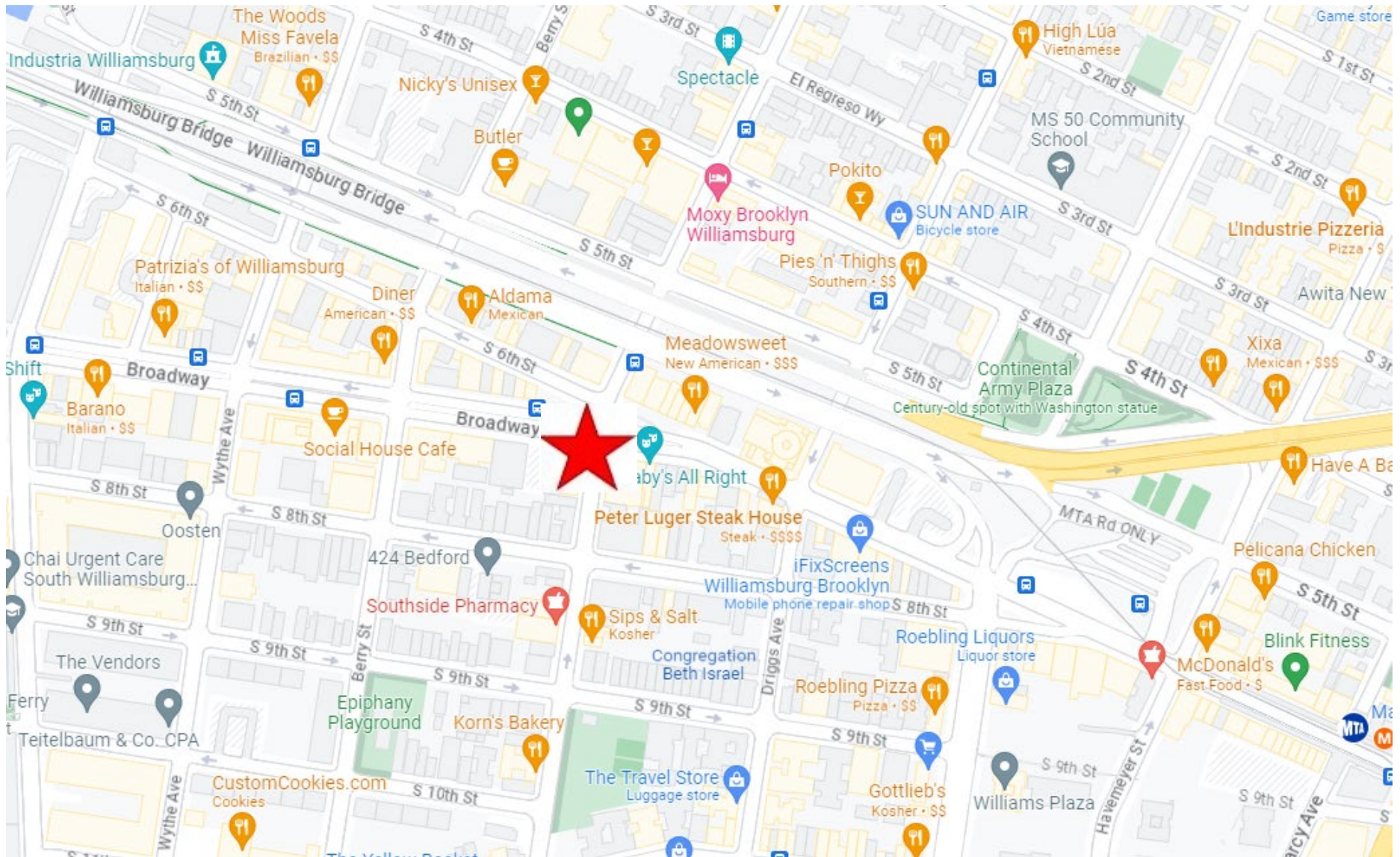
BHSAC – Project Summary Form			
Review Date:	9/21/2023	Agency:	Mount Support, LLC
Project #:	MH-D-2889	Project Type:	Establish a new program
Project Description			
Provider:	Mount Support, LLC		
Business Type:	Limited Liability Company		
Program Type:	Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS)		
Address:	134 Broadway, Brooklyn NY 11249-6233		
Counties to be served:	Kings		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input type="checkbox"/> Adults
Proposed Effective Date:	11/1/2023		
Applicant's Request:	Establish a new MHOTRS program to serve Children and Adolescents in Kings County.		
Background			
<p>Mount Support, LLC, is a new corporation, established in February of 2022 by Zalman Lovi. Mr. Lovi is a ninety percent (90%) owner, founder, and Chief Executive Officer (CEO) of the agency. He has worked as an Assistant Principal, Summer Program Director, and Resource Room Director with the Belz Boys School in Brooklyn, NY from 2016 to 2020.</p> <p>Yehudah Singer, LCSW, is a ten percent (10%) owner of the agency and has over thirteen (13) years of experience in the mental health field. He has worked as a therapist, school social worker, and has been the director of the MHOTRS satellite in Monroe, NY for Achieve Behavioral Health.</p> <p>Together, they bring over fifteen (15) years of experience working with children and adolescents in the school and MHOTRS settings.</p> <p>Mount Support, LLC was formed to assist community members with finding services for their children with emotional disturbances. As members of the community themselves, they can understand concerns about the culture, religious beliefs, and stigma for those seeking treatment. Through these outreach and engagement services they determined that providing licensed MHOTRS services would help to enrich the services they currently provide.</p>			
Need			
<p>Brooklyn Community District 1, particularly the Williamsburg area, is home to one of the largest Hasidic Jewish communities outside of Israel, with one of the largest concentrations of Jewish residents inside the United States. Locating providers that understand the community's culture and religious beliefs is an important factor when families decide to seek treatment for children and adolescents. The proposed program would provide another service option that is understanding of these needs.</p> <p>Through community outreach efforts and work with the NYC Department of Education, Mount Support has identified approximately three hundred seventy-five (375) children</p>			

and adolescents in need of culturally competent mental health services. They also received approximately eight hundred (800) inquiries from the community seeking referrals and other assistance in navigating the mental health system. A subset of approximately five hundred (500) of these inquiries were for assistance regarding children and adolescents with serious emotional disturbances.

This program will provide culturally competent, evidence-based, and trauma informed practices to meet the needs of children and adolescents in the community. Hiring and training practices for staff will include, but not be limited to, Mental Health First Aid, Motivational Interviewing, and Trauma-informed Cognitive Behavioral Therapy. The OMH Office of Diversity and Inclusion guidance and resources for Workforce Diversity and Inclusion will be used to guide hiring practices. Trainings such as the OMH Spotlight Series modules for Gender, Jewish Americans, and Tips for Parents of LGBTQIA+ Youth, will be among those provided for staff. These practices will ensure consistent delivery of culturally competent services to meet the needs of the community at large.

Character and Competence		
Applicant operates programs licensed by OMH	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Staffing		
Clinical Staff Titles	Credentials	FTE
Program Director	LCSW, PhD	1.00
Medical Director/Psychiatrist/American Board of Child and Adolescent Psychiatry certified	MD, PSYCH	0.25
Nurse Practitioner	NPP	1.80
Therapist	LCSW, PhD	3.00
Contract Therapist	LCSW, PhD	7.30
Total FTEs:		13.35
<p>Staffing Comments: Psychiatrists are required to provide documentation of their certification by the American Board of Child and Adolescent Psychiatry or eligibility for such certification. The recruitment for prescribers will include advertising through the website of the NYS Psychiatric Association, Nurse Practitioner Association of New York State, as well as Indeed and other on-line sites.</p> <p>Peers will be added to the staffing plan as the licensed program develops. Certified Peers will assist licensed staff with the implementation of treatment plans. They will also conduct outreach and engagement, accompany recipients to appointments, advocate on their behalf, and provide support when appropriate.</p>		
Caseload Capacity		
Clinic		
Units of Service: 11,200	Annual Caseload: 500	
Clinical Staff/Caseload Ratio: 1 to 48		
Fiscal Information		

First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	1,455,227	Staff Salaries:	1,140,350
Medicare:	173,011	Fringe Benefits:	109,460
Commercial Insurance:	121,536	Administrative Costs:	213,121
Grants:	-0-	Rent/Mortgage:	120,000
Patient Fees	20,000	OTPS:	209,000
Low/No Pay	24,000		
Total Revenue:	\$1,793,774	Total Expenses:	\$ 1,683,931
Surplus:			\$ 109,843
Fiscal Comments: Should the program not generate the projected revenue the plan is to pay expenses from the \$850,000 account identified as an asset, which is fully available to Mount Support. It is not a loan. Documentation was provided during the review process to confirm this asset.			
Reviewer Recommendations			
Reviewer		Recommendation	
County - NYCDOHMH:		Approve with Conditions	
Office of Mental Health:		Approve with Conditions	
Reviewer's Comments and Conditions:			
<ol style="list-style-type: none"> 1. Successfully complete a preoccupancy visit with the NYC Field Office. 2. Designate staff to complete OMH required pre-employment clearances. 			



MH-D-2889

Mount Support LLC

134 Broadway, Brooklyn, NY 11249

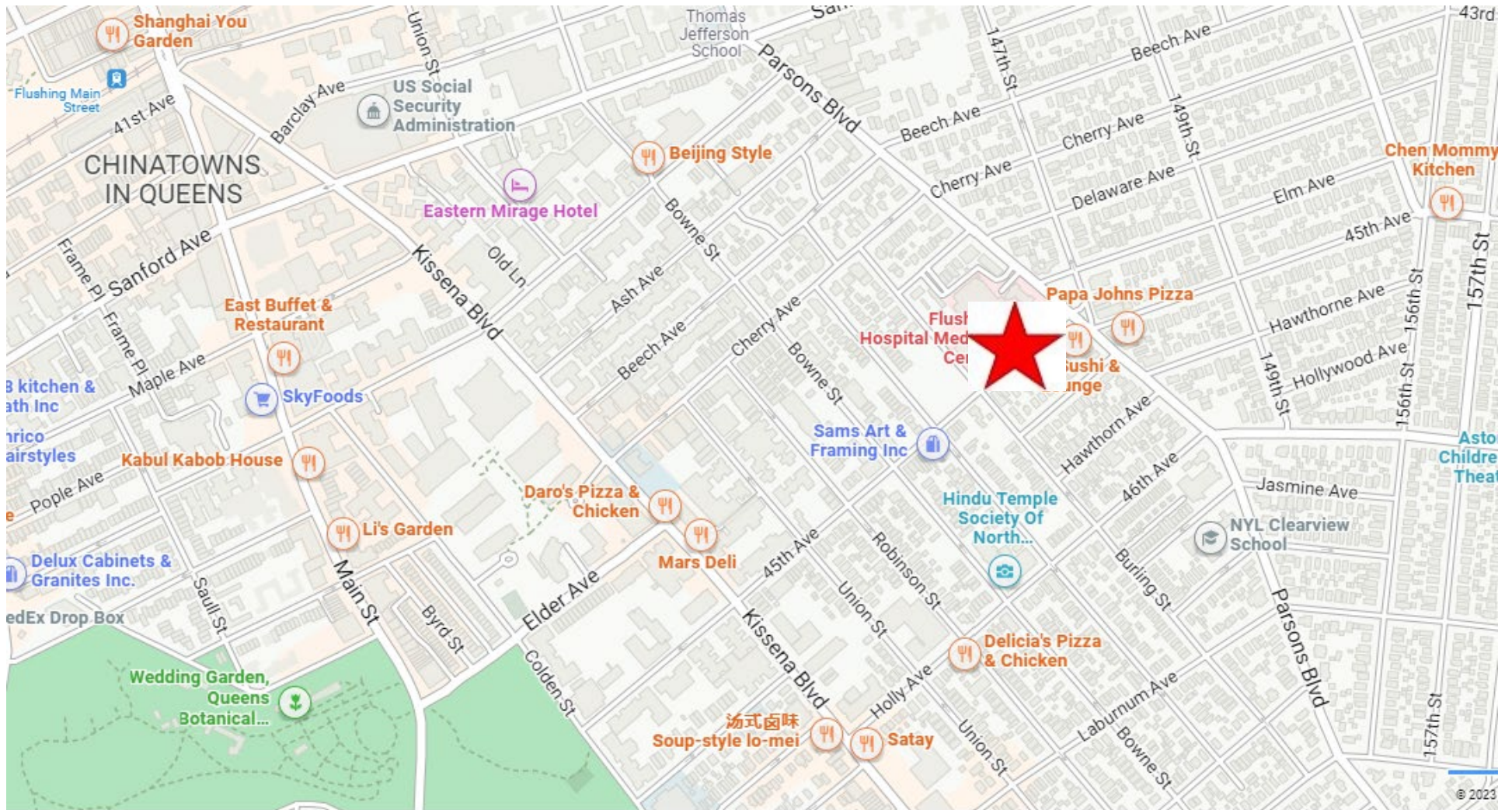
BHSAC – Project Summary Form			
Review Date:	10/16/2023	Agency:	New York Flushing Hospital and Medical Center
Project #:	CPAR # 137 CON #: 231273	Project Type:	Inpatient Psychiatric Unit – Capital Project and Bed Capacity Expansion
Project Description			
Provider:	New York Flushing Hospital and Medical Center (FHMC)		
Business Type:	Not-For-Profit Corporation		
Program Type:	Inpatient Psychiatric Unit of a General Hospital		
Address:	45th Avenue at Parsons Boulevard, Flushing, NY 11355-2205		
Counties to be served:	Queens		
Population to be served:	<input type="checkbox"/> Children	<input type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	1/1/2025		
Applicant's Request:	<p>FHMC is requesting approval to construct a 30-bed involuntary inpatient psychiatry unit on the 3rd floor of the main building; eliminate an existing 18-bed voluntary psychiatry unit; and, thereby, increasing the inpatient psychiatric bed capacity by 12 beds. This will also require the conversion of 2 medical/surgical (M/S) beds, 4 pediatric beds and 6 transitional care beds, and the relocation of an existing Medical/Surgical inpatient unit from the 3rd floor to the 2nd floor of the main building, as well as cosmetic upgrades.</p> <p>The construction cost is \$13.876 million and will be covered entirely by a \$15.376 million Statewide Health Care Facility Transformation Program (SHCFTP) III Grant awarded to FHMC.</p>		
Provider's Background			
<p>Founded in 1884, Flushing Hospital Medical Center (FHMC) today is an Article 28 293-bed not-for-profit teaching hospital. The medical center is located in one of the city's most culturally diverse boroughs, has served the health care needs of the community for more than a century, and is a vital part of the infrastructure of the city itself. The hospital began providing mental health services at its outpatient clinic treatment program in 1992. In 1999 the hospital opened its 18-bed inpatient psychiatric unit, which is now being proposed for expansion. Both programs have been successful in continuously maintaining OMH certification since each of their respective starts.</p>			
Need			
<p>These grant-funded initiatives are in alignment with the State's goals for meeting critical unmet behavioral health needs that were exacerbated by the COVID-19 pandemic. The inpatient project will help to address the shortage of involuntary psychiatric bed capacity in Queens County.</p>			

Since 2007, there has been a significant downsizing of psychiatric services in the catchment area. According to research, psychiatric beds per 1,000 persons in Queens is 50% below the U.S. average. Due to the pandemic, some segments of the populations are struggling more with mental health and substance use issues including communities of color, lower income communities, and individuals with pre-existing mental illness. FMCH's primary service area has an above average mental health and depression rating with a lower-than-average satisfaction in response by community providers.

FHMC also reports that the annual discharges for patients experiencing an acute mental health crisis are 821, patient days are 9,855 with an average length of stay at 12 days. Currently there are over nine (9) psychiatric facilities patients may be transferred to, and often beds are not available. The wait times in emergency departments are considerable. Currently the 18-bed psychiatric unit is closed due to measures taken during COVID-19 pandemic, but this will also allow for the construction of the new unit to take place.

Character and Competence			
Applicant operates programs licensed by OMH	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/> No
The applicant is in substantial compliance with other Government agencies: Department of Health (DOH)	<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/> No
Staffing			
Clinical Staff Titles	Credentials		FTE
Psychiatrist	MD Bd. Certified in psychiatry		2.0
Psychiatric Nurse Practitioner	PNP Certified		1.0
Social Worker	MSW, LCSW		3.0
Creative Arts Therapists			3.0
Psychologist			1.0
Peer Specialist			1.0
Clinical Nurse Manager	RN		1.0
Registered Nurse	RN		42.0
Total FTEs:			54.0
Inpatient Bed Capacity			
Current: 18	Proposed: 30		
Fiscal Information			
Program Incremental Operating Revenue		Program Incremental Operating Expense	
Medicaid:	\$ 1,103,760	Staff Salaries:	\$ 5,853,000
Medicaid MC	\$ 8,272,000	Fringe Benefits:	\$ 2,794,750
Medicare	\$ 2,277,600	OTPS:	\$ 492,750
3 rd party	\$ 657,000	Administrative	\$1,007,067
Total Revenue:	\$12,310,360	Total Expenses:	\$10,147,567
Surplus:	\$ 2,162,793		
Construction Cost: \$13,876,000 covered by SHCFT III grant			
Reviewer Recommendations			
Reviewer		Recommendation	

County – New York City	Approve with Conditions
Office Of Mental Health	Approve with Conditions
<p>Reviewer's Comments and Condition:</p> <ol style="list-style-type: none"> 1. Update policies and procedures to reflect the change from a voluntary receiving hospital to an involuntary (9.39) inpatient psychiatric unit. 2. Indicate the credentials and job description of the Peer Specialist position. 3. Complete a successful pre-occupancy site visit with the OMH New York City Field Office. 4. Submit the architect's attestation of substantial completion. 	



CPAR # 137

New York Flushing Hospital and Medical Center

45th Avenue at Parsons Boulevard, Unit 3 North 1, Flushing, NY 11355-2205