

Governor

ANN MARIE T. SULLIVAN, M.D.

MOIRA TASHJIAN, MPA

Commissioner

Executive Deputy Commissioner

MEMORANDUM

To: Mainstream Medicaid Managed Care Plans (MMCPs), Health and

Recovery Plans (HARPs) and HIV Special Needs Plans

From: New York State Office of Mental Health (OMH)

Date: December 7, 2021

Subject: Youth Assertive Community Treatment (ACT) & Young Adult ACT Teams

The purpose of this memo is to notify Mainstream Medicaid Managed Care Plans and HIV Special Needs Plans (MMCPs) of the creation of ten (10) new Youth Assertive Community Treatment (ACT) teams and two new Young Adult ACT teams. The 10 new Youth ACT teams are in addition to those referenced in the memos issued on May 28, 2021, and June 23, 2021. MMCPs are encouraged to offer contracts to new ACT teams in their service area. Once available, OMH will include provider level information for the new teams in Exhibit 4 and PNDS to be used for contracting purposes as outlined in the above referenced memos.

Youth ACT Teams

OMH is currently procuring 10 additional teams statewide, which are scheduled to start in January 2022 and begin enrolling Youth in April 2022. Counties to be served include Manhattan, Staten Island, Nassau, Warren, Washington, Saratoga, Westchester, Onondaga, Broome, Monroe, Monroe, Erie, and Niagara. Consistent with previous guidance issued on May 28, 2021, and June 23, 2021, the Youth ACT teams will serve youth up to age 21 with significant psychiatric needs, who are at risk of long inpatient stays or hospital admissions that require intensive interventions to adequately support the individual's complex needs. The focus of the Youth ACT teams is to avoid restrictive out of home services and/or facilitate a successful transition back to the individual's home and community. Additional guidance related to Youth ACT can be found at: Youth Act Guidance 2021.

Young Adult ACT Teams

OMH is also procuring two Young Adult ACT teams: one in NYC and one outside of NYC. The NYC Young Adult ACT team, located in the Bronx, is expected to start in January 2022 and begin enrolling in April 2022. This provider will be included in the Exhibit 4 and in the Provider Network Data System (PNDS) once licensed, however is listed below so MMCPs may begin



KATHY HOCHUL

ANN MARIE T. SULLIVAN, M.D.

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outreach efforts for contracting purposes. The provider outside of NYC will be announced at the time the provider is selected.

Agency/Program Name	County	RPC Region	Site Address	Agency Director Name	Agency Director Phone	Medicaid ID
CASES/Young Adult Act	Bronx (31)	NYC	424 E. 147th Street, 2nd Floor Bronx, NY 10455	Joel Copperman, CEO	212-553- 6301	03963031

The Young Adult ACT teams will serve individuals ages 18-25 with Serious Mental Illness (SMI), who have not been successfully engaged by the traditional mental health treatment and rehabilitation system and who can benefit from the specialty ACT Team goals which include helping young adults become independent. These individuals may also be high users of emergency and/or crisis services, have co-occurring addiction disorders, be isolated from community supports, including family, and in danger of losing their housing/becoming homeless, are homeless, and/or have histories of involvement with the criminal justice system. In addition to a program of comprehensive treatment services, the Young Adult ACT team will provide developmentally appropriate support to build and implement a productive vocational or educational plan. The Young Adult ACT Team also will focus on enhancing necessary real-world skills, including but not limited to financial literacy, decision-making, time management, interpersonal interactions socially and in work setting, as well as self-care and well-being.

Please note the difference in the referral/admission process for Young Adult ACT compared to the Adult and Youth ACT Single Point of Access (SPOA) process. NYC providers will receive Young Adult ACT referrals directly and will coordinate with OMH prior to program admission. Outside of the NYC Region, the county Single Point of Access (SPOA) coordinator will handle referrals and will coordinate with OMH prior to program admission. Additional guidance related to Young Adult ACT can be found at: ACT Program Guidance 2007.

OMH will provide more information on these providers as it becomes available.

Please direct any questions or concerns to the BHO mailbox at bho@omh.ny.gov.