



Behavioral Health Services Advisory Council
February 28, 2024

OMH Licensed Project Review Agenda

Applicant Name/Project # Project Type Program Type Project Manager Page #

Table with 5 columns: Applicant Name/Project #, Project Type, Program Type, Project Manager, Page #. Row 1: Mending Hearts Counseling Ltd. Row 2: CPAR # MH-E-2893, Establish New - MHOTRS Program, Outpatient, Rudy Arias, 2

Table with 5 columns: Applicant Name/Project #, Project Type, Program Type, Project Manager, Page #. Row 1: Yeled V'Yalda Early Childhood Center Inc. Row 2: CPAR 117, Establish New - CFTSS/CMHRS, Outpatient, Tiffany Mott, 6

Jointly Licensed OMH/OASAS Project Review Agenda

Applicant Name/Project # Project Type Program Type Project Manager Page #

Table with 5 columns: Applicant Name/Project #, Project Type, Program Type, Project Manager, Page #. Row 1: PEOPLE: Projects to Empower & Organize the Psychiatrically Labeled, Inc. Row 2: NYSE-CON # 234018, Establish New - Supportive CSC, Outpatient, Tiffany Mott, 11

BHSAC – Project Summary Form			
Review Date:	2/28/2024	Agency:	Mending Hearts Counseling Ltd.
Project #:	MH-E-2893	Project Type:	Establish a new program
Project Description			
Provider:	Mending Hearts Counseling Ltd.		
Business Type:	Not-For-Profit Corporation		
Program Type:	Mental Health Outpatient Treatment and Rehabilitative Services		
Address:	381 Sunrise Hwy, NY 11563		
County to be served:	Nassau		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	4/1/2024		
Applicant's Request:	<p>Mending Hearts seeks approval to establish a new Article 31 Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS) program to serve residents of the East Rockaway community and surrounding areas in Nassau County. The proposed hours of operation are Monday – Sunday 9am-7pm.</p> <p>Services would be available to individuals from all cultural backgrounds and ethnicities and the program will admit recipients regardless of their ability to pay and health insurance status. A sliding scale fee would be available, providing discounted and pro-bono cost sessions when necessary.</p>		
Provider's Background			
<p>With this application, Mending Hearts has also submitted a request for approval to file incorporation documents as a Not-For-Profit corporation for the purpose of operating the Article 31 outpatient program. The application shows the extensive experience of its founders, Anne Petraro (22 years), Marina Krugolets (20 years), and Michael Krugolets (7 years), in mental health, eating disorders and substance use treatment, as clinicians and operators of a private mental health counseling practice, My Quiet Place. Their experience includes services to children, adults, and families. It also includes the supervision of professional clinicians in the provision of Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Trauma CBT, Positive Psychology, Psychodynamic Therapy, and other evidence-based practices that will also be employed at the proposed program.</p> <p>Of particular concern to Mending Hearts is the de-stigmatization of mental illness through education and improvement of communication on the issue to make mental health care more routinely accepted and openly discussed.</p>			

Recognizing the wide varieties of cultures and languages in the community, Mending Hearts will recruit staff that are culturally reflective of the population and who are fluent in the dominant languages. Literature and forms will also be available in the dominant languages. The program will also contract language access services for translation and for those with visual and hearing impairment.

My Quiet Place operates with a staff of 14 mental health counselors and 5 contract employees. A Kaplan CPA PC, which has been filing the corporation's tax documents, confirms that this private practice has been operating since 2016 and that it is in good standing and in compliance with all Federal, State and Local tax agencies and its compliance requirements.

Need

East Rockaway is a village located on the South Shore of Long Island in Nassau County. Its population demography is 22% children, 62% adults and 16% adults over 65, 79% White, 8% Black, 12% Hispanic/Latino and 1% Other.

East Rockaway is a middle-class working family area with a high rate of single-family households. The area was hit hard by Hurricane Sandy in 2012 and while families were still struggling to recover economically, the COVID pandemic and area wide flooding in 2022 placed significant stress on the community. The per capita income is \$52,417 with almost a quarter of the population making under \$50,000; and roughly 5% under the poverty line.

The proposed program would improve access to mental health treatment and services such as crisis intervention. Applicant's survey of current providers' availability to provide article 31 outpatient services has shown significant wait periods for clients to begin and receive treatment in the community proposed to be served. Local providers reported up to 3 months wait periods while others have stopped taking new admissions. The demand for mental health care seems to be overwhelming the local mental health system as clients' phone calls for services go unreturned and clients who call are placed on-hold for up to 10 minutes.

My Quiet Place is also overwhelmed with calls; however, it is unable to effectively accommodate all the mental health needs of clients. As an article 31 outpatient treatment program, the provider would be able provide a wider array of services that would more broadly meet the mental health needs of the community, including medication treatment and other psychiatric services.

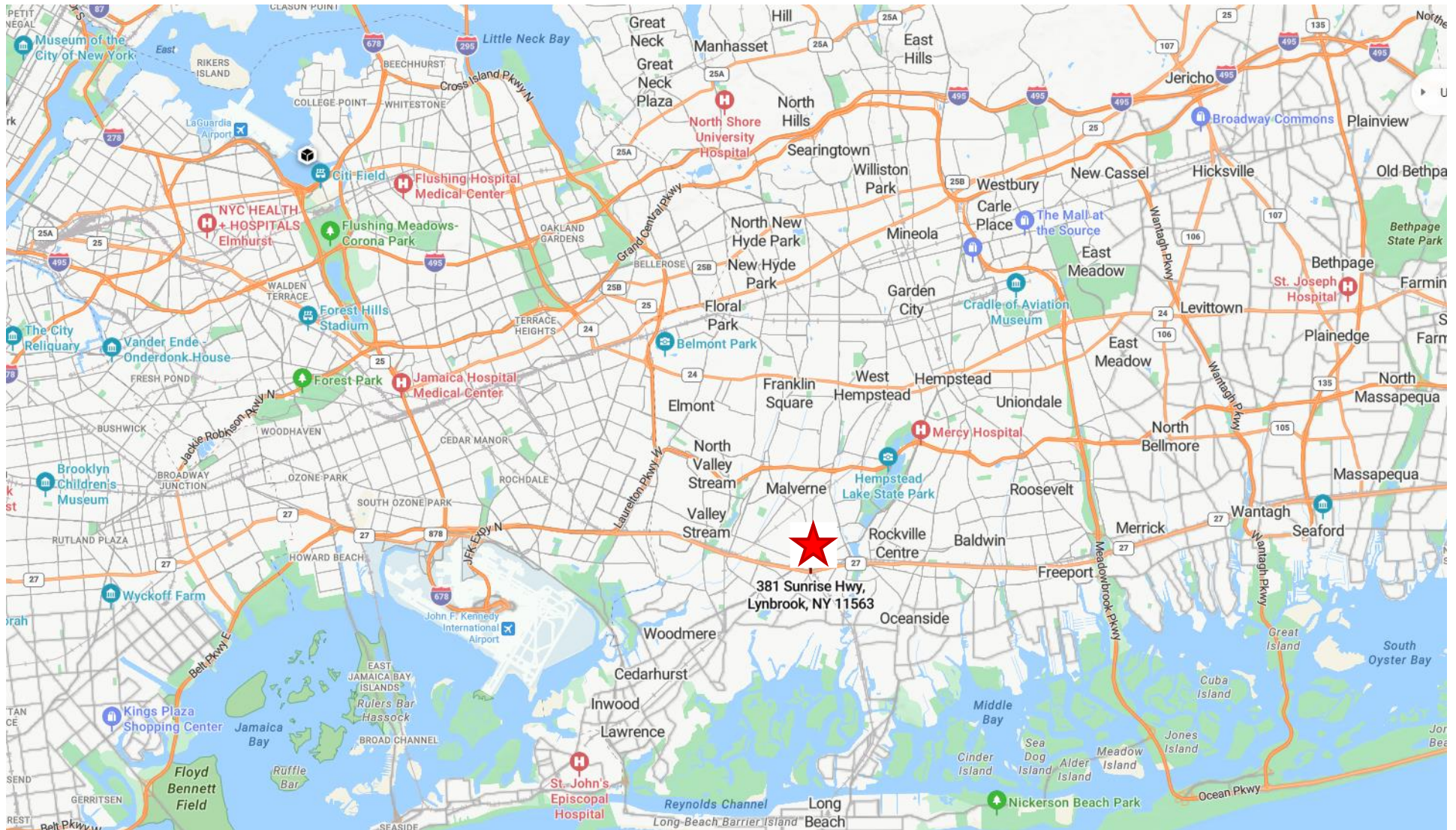
Character and Competence

Applicant operates programs licensed by OMH	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
In compliance at private practice, My Quiet Place.	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Clinical Staffing

Clinical Staff Titles	Credentials	FTE
Psychiatrist	MD, Board certified in Psychiatry	.25

Child Psychiatrist	Board certified in Child and Adolescent Psychiatry	.25
Psychologist	PhD.	.25
Mental Health Counselor	LMHC	5.0
Total		5.75
Monthly Caseload Capacity		
Proposed Caseload: 180	Caseload ratio: 1:31	
Fiscal Information		
Operating Revenue		Program Incremental Operating Expenses
Medicaid:	\$ 309,115	Staff Salaries \$ 650,000
Medicare	\$ 154,558	Fringe Benefits \$ 65,000
Third party:	\$ 289,796	Rent \$ 40,800
Patient Fees	\$ 212,517	OTPS \$ 32,500
Individual Donors	\$100,000	Administrative \$ 25,000
Total Revenue:	\$1,065,986	Total Expenses: \$ 813,300
Surplus:	\$ 252,686	
Reviewer Recommendations		
Reviewer	Recommendation	
County – Nassau:	Approve	
Office of Mental Health:	Approve with Conditions	
Reviewer's Comments and Condition:		
<ol style="list-style-type: none"> 1. Complete Incorporation Filing 2. Complete a satisfactory field office pre-occupancy site visit with the Long Island Field Office. 		



Mending Hearts Counseling Ltd.

MH-E-2893

Establish New – MHOTRS Program

381 Sunrise Highway, Lynbrook, NY 11563

BHSAC – Project Summary Form			
Review Date:	2/28/2024	Agency:	Yeled V'Yalda Early Childhood Center Inc.
Project #:	CPAR 117	Project Type:	Establish a new program
Project Description			
Provider:	Yeled V' Yalda Early Childhood Center Inc.		
Business Type:	Not-For-Profit Corporation		
Program Type:	CFTSS: Children's Mental Health Rehabilitative Services		
Address:	1312 38 th Street, Brooklyn, NY 11218-3612		
Counties to be served:	Kings County and Richmond County		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults 18-21
Proposed Effective Date:	5/1/2024		
Applicant's Request:	Establish a Children's Mental Health Rehabilitative Services program serving ages 0-21.		
Background			
<p>Yeled V'Yalda is a multifaceted, award-winning, not-for-profit social service agency addressing the needs of New York City's children and families through a vast network of educational and social service programs. Its broad scope of services offers programs that address development, behavioral health, health, maternal health, physical fitness, education, nutritional guidance, and family support in an environment that is culturally sensitive, honoring each family's unique heritage. With 22 distinct centers across Brooklyn and Staten Island, Yeled V'Yalda touches the lives of over 12,000 children and families annually through its broad array of programming.</p> <p>Yeled V'Yalda serves children and families representing the full range of NYC diversity, with a particular focus on low-income youth from the Hasidic/Orthodox Jewish community, Latinx youth and black youth. The agency is especially well equipped to address the unique cultural and linguistic needs of the Hasidic/Orthodox Jewish population, which comprises 70% of Yeled V'Yalda's current served population. With over 40 years' experience providing high-quality, culturally competent services, Yeled V'Yalda is deeply embedded and trusted in the communities it serves.</p> <p>The program staff who will be working for Yeled V'Yalda's CFTSS program will receive rigorous cultural competency training, and many will be proficient in Yiddish, Spanish or Hebrew. Identified program staff have prior experience treating youth ages 0-21, and are highly experienced in assessing and treating behavioral health issues through individual, family/collateral, and group psychotherapy modalities. Yeled V'Yalda will provide additional training on topics including play therapy, parent engagement, positive parenting, attention/focusing, challenging behaviors, social emotional development, and strategies to reduce anxiety to ensure that youth can be well supported through CFTSS programming. The program plans on using evidence-based practices and plan on offering trainings in Cognitive Behavioral Therapy, Triple P, Incredible Years, Motivational Interviewing and Dialectical Behavioral Therapy. The identified staff have experience treating children with a full range of mental health</p>			

diagnoses, including, but not limited to: depression, anxiety disorders, ADHD, Oppositional Defiant Disorder and more.

Need

The need for children's behavioral health services has increased since Covid-19. Studies found that depressive and anxiety symptoms doubled during the pandemic, with 25% of youth experiencing depressive symptoms and 20% experiencing anxiety symptoms (Racine, N., McArthur, B. A., Cooke, J. E., Eirich, R., Zhu, J., & Madigan, S. 2021). In a survey of young people with preexisting mental health conditions, 83% reported the pandemic had worsened their mental health to some degree (Coronavirus: Impact on Young People with Mental Health Needs, YoungMinds March 2020); breaks in treatment and pandemic induced stressors exacerbated their conditions.

Through Yeled V'Yalda's close involvement with the thousands of families it serves, the agency has noted a rising trend of children in need of counseling and behavioral health services. Pent up demand for service has made it difficult to access early intervention and mental health treatment, and numerous individuals in need of CFTSS services have been turning to Yeled V'Yalda for help.

To determine the level of need, Yeled V'Yalda reached out to Pesach Tikvah and Ohel, local CFTSS providers who serve hundreds of children in Yeled V'Yalda's service area. These providers reported workforce shortages, and an inability to keep up with the high demand for services; they (combined) currently have nearly 200 children on waiting lists to receive CFTSS services. At Yeled V'Yalda, 300 children are currently receiving counseling services through other programs (i.e. Early Intervention, School Based Related Services, Title I, Head Start and Early Head Start). Many more children would benefit from counseling services with the addition of this program.

Brooklyn and Staten Island have a total youth population of 580,130 and 103,686 respectively (U.S. Census Bureau, American Community Survey 1-Year Estimates (2005-2019)). Based on diagnostic interview data from the National Comorbidity Survey Adolescent Supplement, an estimated 49.5% of adolescents had any mental disorder, and the prevalence of SED was 10.06%. Yet, County Profiles from the NYS Office of Mental Health showed that total outpatient clinic recipients were 3,160 per 100,000 (3.16%) in Brooklyn and 1,436 per 100,000 in Staten Island (1.44%). This points to a significant unmet need for outpatient clinical supports in Yeled V'Yalda's service area.

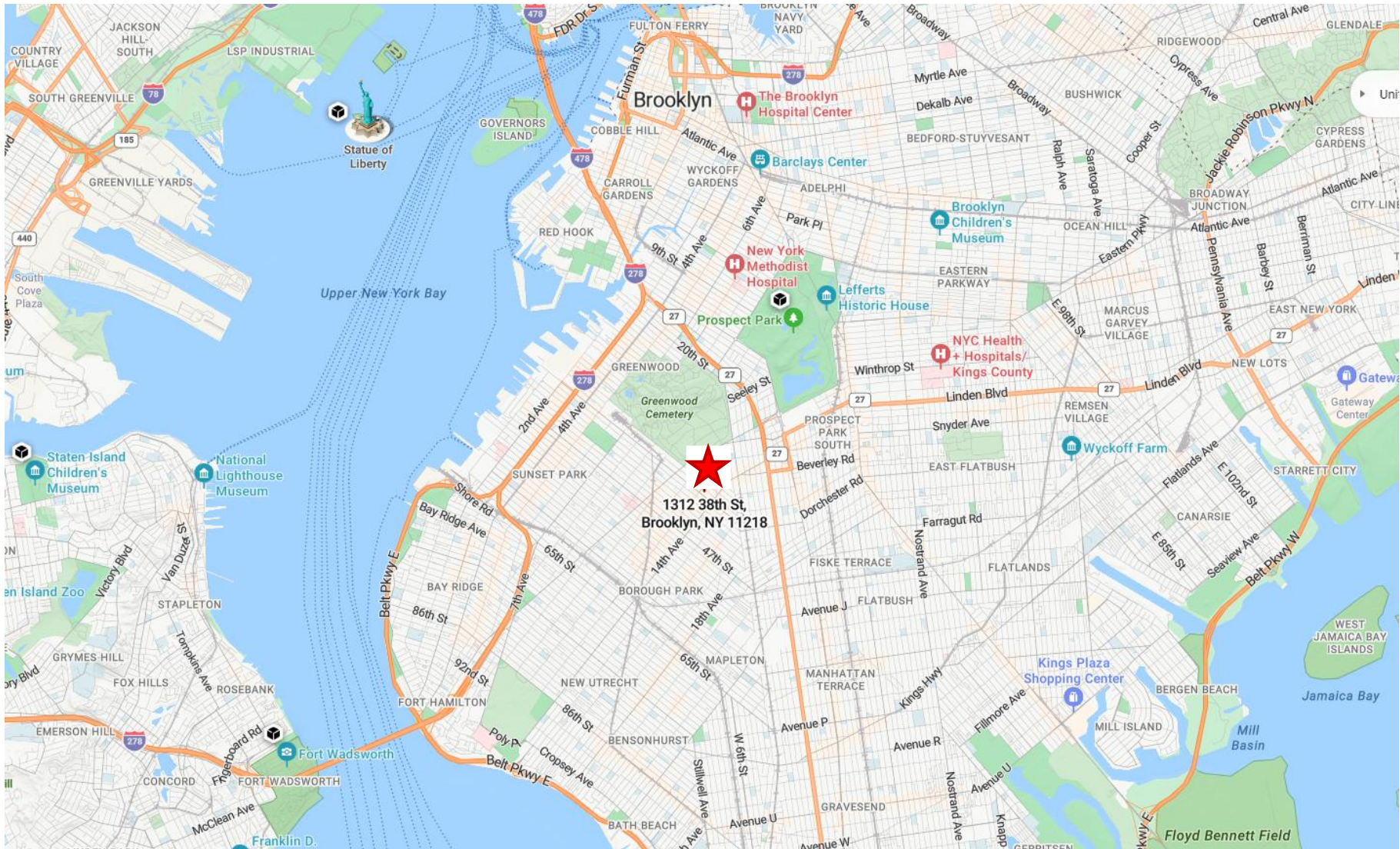
Racial and ethnic minorities typically have high behavioral health needs and lower access to care. This is the case in Brooklyn and Staten Island. Yeled V'Yalda intends to serve the full range of diversity of those in their service area, and particularly the low-income youth currently supported by Yeled V'Yalda, with a particular focus on youth from the Orthodox Jewish/Hasidic community, Hispanic youth and black youth.

Currently, Yeled V'Yalda serves 70% Orthodox Hasidic, 16% Hispanic, 9% Black, 2% Asian and 4% other/unspecified individuals. They anticipate that the patient mix for their CMHRS licensed services will be similar, although they intend to continually monitor patient mix so that appropriate staffing can be hired. As the majority of the

youth expected to be served are from the Orthodox Hasidic community, the description of service need will largely focus on that population. The rate of psychiatric disorder among the Orthodox is the same as that of white Americans (Yeung, 1992, Robins, 1991 citing NIMH Epidemiologic Catchment Area Study). Orthodox individuals experience heightened barriers to accessing care due to high rates of stigma, poverty, cultural and language barriers (Loewenthal, K., Strictly Orthodox Jews and their Relations with Psychotherapy and Psychiatry, 128-132, World Cultural Psychiatry Research Review (Jul/Oct 2006)). Many in the Orthodox community do not own cars, and thus transportation is another barrier to accessing services and supports. It is therefore imperative that home and community-based services, which are delivered at a location convenient to the child and family, be available to this population.

Applicant operates programs licensed by OMH				<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No
The applicant is in substantial compliance with other Government agencies DOH, Department of Education				<input checked="" type="checkbox"/>	Yes	<input type="checkbox"/>	No
Staffing							
Staffing Impact:		<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No		
Clinical Staff Titles		Credentials			FTE		
Therapists		LCSW, LMSW, LMHC			3.4		
Rehab Specialists		LCSW, LMSW, LMHC			4.8		
Peer Supports		FPA			.25		
Program Director		LCSW			.6		
Supervisors		LCSW, LMSW			1		
Administrative Assistant					.6		
Billing					.15		
Intake Coordinator		LMSW, LCSW			.75		
Total FTEs:					11.55		
Caseload Capacity							
Other Outpatient Programs							
Annual Caseload: 200				Clinical Staff/Caseload Ratio: 1:30			
Fiscal Information							
First Full Year of Anticipated Program Revenue				First Full Year of Anticipated Program Expenses			
Medicaid:	1,240,969.06			Staff Salaries:	922,600.00		
Medicare:	0			Fringe Benefits:	119,938.00		
Commercial Insurance:	0			Administrative Costs:	137,922.91		
Grants:	0			Rent/Mortgage:	8,000.00		
Other: Specify:	0			OTPS:	52,508.15		
Total Revenue:	\$ 1,240,969.06			Total Expenses:	\$ 1,240,969.06		
Surplus/Deficit:				\$0.00			

Reviewer Recommendations	
Reviewer	Recommendation
County – Kings County :	Approve
Office of Mental Health:	Approve with Conditions
<p>Reviewer's Comments and Conditions:</p> <ol style="list-style-type: none"> 1. Successfully complete a site visit with the New York City Field Office. 2. Contact OMH's Pre-Employment Check (PEC) Specialist, Laura Mandel, at cbc@omh.ny.gov to review and complete the following requirements: <ol style="list-style-type: none"> a. Ensure that at least one person is able to conduct PECs using the Justice Center's Vulnerable Persons Central Register to run Staff Exclusion List checks, the Justice Center's CBC system to run Criminal Background Checks, and OCFS's Online Clearance System to run checks of the Statewide Central Register of Child Abuse and Maltreatment. b. Receive any training and technical assistance necessary for your organization to successfully run OMH PECs. 3. Revise the Telehealth Policy and Procedure manual to incorporate the following items and resubmit: <ol style="list-style-type: none"> a. Identify acceptable authentication identification procedures which will be employed by the sender/clinician. b. Describe how treatment/service plans will be developed and maintained for Telehealth services. 	



Yeled V'Yalda Early Childhood Center Inc.

CPAR 117

Establish New – CFTSS: Children's Mental Health Rehabilitative Service Program

1312 38th Street, Brooklyn, NY 11218-3612

BHSAC – Project Summary Form			
Review Date:	2/28/2024	Agency:	PEOPLE: Projects to Empower & Organize the Psychiatrically Labeled, Inc. dba PEOPLE USA
Project #:	NYSE-CON 234018	Project Type:	Establish a Crisis Stabilization Center
Project Description			
Provider:	PEOPLE: Projects to Empower & Organize the Psychiatrically Labeled, Inc. dba PEOPLE USA		
Business Type:	Not-For-Profit Corporation		
Program Type:	Crisis Stabilization Center		
Address:	230 North Road, Poughkeepsie, NY 12601		
Counties to be served:	Dutchess		
Population to be served:	<input checked="" type="checkbox"/> Children	<input checked="" type="checkbox"/> Adolescents	<input checked="" type="checkbox"/> Adults
Proposed Effective Date:	3/8/2024		
Applicant's Request:	Establish a Supportive Crisis Stabilization Center licensed by OMH and OASAS under the new Part 600 regulations.		
Background			
<p>PEOPLE: Projects to Empower & Organize the Psychiatrically Labeled was the lead agency that worked in partnership with Dutchess County and a broad coalition of mental/behavioral health, criminal justice, medical and human/social service providers to design, develop, implement and now operates under the authority of Dutchess County the Dutchess County Stabilization Center, the first crisis stabilization center in the Northeast and first peer-led in the world.</p> <p>The vision for the Dutchess County Stabilization Center was and remains to provide all people in crisis – adults, children, adolescents, and families/supports – with immediate, engaging, trauma-informed, compassionate, recovery-oriented, and wellness-focused services including therapeutic interventions, peer support, care collaboration and after care planning.</p> <p>The Dutchess County Stabilization Center as a 24/7/365 full-service walk-in community crisis response hub where people of all ages – adults, children, adolescents, and families/supports – can connect immediately with an array of health care professionals (multidisciplinary staff) and local providers (co-located at the center or routinely visiting), to address any mental health, addiction, or social determinant of health needs. Individuals receive services on a 100% voluntary basis – people can walk in independently or be brought by law enforcement/emergency service personnel on crisis intervention calls.</p>			
Need			

PEOPLE: Projects to Empower & Organize the Psychiatrically Labeled has been providing crisis stabilization services under the authority of Dutchess County since 2017. They currently serve an average of 2,500 clients annually and have seen an increase of 10-20% each year. During the school year, 50% of the individuals served at the center are school-aged children.

NYS Expanded Behavioral Risk Factor Surveillance System, data as of December 2020, reports age-adjusted percentage of adults with poor mental health for 14 or more days in Dutchess County is estimated to be at 11.7, 8.6% of the population of Dutchess County resides in poverty and 17.4% of the population has Medicaid/means-tested public coverage. There are 294 mental health providers per every 100,000 residents of Dutchess County which impacts longer wait lists for mental health treatment services. Clinics have wait lists that have extended to 1-2 months for an intake. Per data collected in 2020, 3610.1 individuals visited the Emergency room department per every 10,000 residents. Residents in Dutchess County were hospitalized at a rate of 1,130.6 per every 10,000 residents.

The NYS Office of Alcohol and Substance Abuse Services (OASAS) Service Needs Profile for Dutchess County estimated that 14.2% of the County's population over the age of 12 has a problem with chemical dependence. For adults (18 years of age and older) alcohol is the most used substance with 11.5% of the population dependent on alcohol. Another 2.5% of the adult population is dependent on alcohol and drugs. OASAS estimates that 10,299 people in Dutchess County over the age of 12 need some type of substance abuse treatment. In 2020, the region had a rate of 35 drug poisoning deaths per 100,000 residents in the Mid-Hudson Valley region. This was above the state (excluding NYC) rate of 26.

All ages use the Dutchess County Stabilization Center when they are experiencing a crisis – overwhelming feelings of emotional distress — for any of the following reasons: acute psychiatric symptoms, suicidal thoughts, adverse behaviors/life patterns, trauma & PTSD, addiction/substance use disorder, intoxication (sobering space available), living with chronic health issues, strained relationships with family, friends, co-workers etc., social isolation, and poverty & economic stress.

The expected outcomes of this program are to reduce hospital utilization by an 80% reduction in ER Visits and reduce Criminal Justice involvement with incarceration rates by 90%. Each year the center receives an average of 165 individuals voluntarily brought in by police for assistance.

Applicant operates programs licensed by OMH				<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No
Applicant operates programs licensed by OASAS				<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No
Staffing							
Staffing Impact:		<input type="checkbox"/>	Yes	<input checked="" type="checkbox"/>	No		
Clinical Staff Titles				Credentials			FTE
Registered Nurse				RN			4.2

Psychiatric Nurse Practitioner	NPP	.25
Program Assistant	BA	1.0
Lead Social Worker	LCSW	1.0
Social Worker	LMHC, LMSW	4.2
Peer Specialist	Certified Peer Recovery Specialist (CPRS)	4.2
Credentialed Alcoholism and Substance Abuse Counselor	CASAC	4.2
Total FTEs:		19.05

Fiscal Information

First Full Year of Anticipated Program Revenue		First Full Year of Anticipated Program Expenses	
Medicaid:	1,832,284	Staff Salaries:	2,493,975
Medicare:	0	Fringe Benefits:	872,891
Commercial Insurance:	0	Administrative Costs:	612,813
State aid (e.g. RFP dollars)	1,400,000	Rent/Mortgage:	14,500
Other: Specify: Start-up Funding	835,000	OTPS: Materials, furniture, equipment, travel, training	52,650
Total Revenue:	\$ 4,067,284.00	Total Expenses:	\$ 4,046,829.00
Surplus		\$20,455	

Reviewer Recommendations

Reviewer	Recommendation
County – Dutchess County	Approve
Office of Addiction Services and Supports	Approve
Office of Mental Health:	Approve with Conditions

Reviewer's Comments and Conditions:

- 1) Final approval of staff sufficient to meet regulatory requirements.
- 2) Copy of filing receipt of the amended articles of incorporation to include the required OASAS and OMH operating language.
- 3) Submission of additional board members with required SUD and/or MH experience and completion of Character and Competence review.
- 4) Approval of final physical plan inspection by OASAS.
- 5) Successfully complete site visit with Hudson River Field Office
- 6) Provide evidence of architectural sign off and substantial completion of renovations and sidewalk

7) Provide updated Certificate of Occupancy

