

Who can get these services?

Children and Youth (under age 21) who are covered by Medicaid and have mental health and/or substance use needs can get Children and Family Treatment and Support Services at no additional cost. These services are covered by regular Medicaid or, if enrolled in a Medicaid Managed Care plan*, these services are covered by the health plan.

How do these services help?

These services meet the individual needs of children/youth and their families/caregivers. They can help:

- Identify mental health and/or substance use needs early.
- Provide support in the home and community.
- Prevent the need for emergency room visits, hospital stays, or out of home placements.

*What is a Medicaid Managed Care Plan?

Medicaid Managed Care Plans are health insurance companies that oversee and coordinate care. Children and youth who are enrolled in a Medicaid Managed Care Plan will have most of their Medicaid benefits covered through that health plan.

To find out more about Children and Family Treatment and Support Services, contact your healthcare provider, Health Home care manager, local county mental health department, care coordinator, or Medicaid Managed Care Plan.

NYS Children's Medicaid Children and Family Treatment and Support Services

Information for Children/Youth and Families

Your local provider:



Department
of Health

Office of
Mental Health

Office of Alcoholism
and Substance
Abuse Services

Office for People
With Developmental
Disabilities

Office of
Children and
Family Services

Children and Family Treatment and Support Services

These mental health and substance use services, available with NYS Children's Medicaid, give children, youth (under age 21) and their families the power to improve their health, well-being and quality of life. These services strengthen families and help them make informed decisions about their care. Services are provided at home or in the community.

Therapy Services

(Other Licensed Practitioner)

- Get an assessment for mental health and/or substance use needs.
- Identify strengths and abilities through individual and group therapies.
- Get individual, group, or family therapy where you are most comfortable.

Rehabilitation Services

(Psychosocial Rehabilitation and Community Psychiatric Supports and Treatment)

- Learn to incorporate therapy goals into everyday life and receive extra support managing medication.
- Build relationships and communicate better with family, friends and others.
- Learn self-care, and use coping skills to manage emotions.

Family Peer Support Services

Get support if you are raising youth with mental health and/or substance use challenges. Provided by a Credentialed Family Peer Advocate/Certified Recovery Peer Advocate who has similar experiences.

- Locate information and resources available that meet your child/youth and family's needs.
- Making informed decisions.
- Build and strengthen natural supports and resources.

Youth Peer Support Services and Training

Get support if you are a child/youth with mental health and/or substance use challenges. Provided by a Credentialed Youth Peer Advocate or Certified Recovery Peer Advocate with a Youth focus who has similar experiences.

- Develop skills to manage health challenges and be independent.
- Feel empowered to make decisions.
- Make connections to natural supports and resources.
- Get help to prepare for the transition to the adult health system.

Crisis Intervention

Professional help at home or in the community when a child or youth is distressed and can't be managed by family, friends and other supports. Get support and help with using crisis plans to de-escalate the crisis and prevent or reduce future crises.