



MEMORANDUM

To: Managed Care Plan Liaisons to NYS

From: Thomas Smith, MD, Medical Director, OMH Office of Managed Care
Gary Weiskopf, Associate Commissioner, OMH Office of Managed Care

Date: March 30, 2015

Re: Information regarding OMH policy for scheduled aftercare appointments and open access/walk-in appointments

A Plan recently contacted OMH for guidance regarding providers' use of open access ("walk-in") aftercare appointments for individuals discharged from inpatient psychiatric units. On December 10, 2014, NYS Office of Mental Health (OMH) Chief Medical Officer Dr. Lloyd Sederer issued the enclosed guidance to providers to clarify OMH's policy regarding aftercare appointments. These individuals must:

1. Be referred to an outpatient mental health provider for an appointment within 5 business days of discharge from the inpatient setting; and
2. Receive a scheduled appointment at a specified date and time. Clinic open access or "walk-in" appointments do not meet an appropriate standard of aftercare services for this population.

A copy of the letter is enclosed. Thank you for your ongoing efforts.

CC: Behavioral Health Managed Care Plan Liaisons
DOH Managed Care Plan Liaisons
Robert Myers, OMH
Pat Lincourt, OASAS
Alyssa Slezak, DOH
Greg Allen, DOH
Vallencia Lloyd, DOH
Charles Morgan, OASAS