



HA-HA

HEALTHY ALTERNATIVES THRU HEALING ARTS

CO-SPONSORED BY CENTER FOR SELF DISCOVERY AT
BUFFALO PSYCHIATRIC CENTER



15th Annual Conference

Friday, May 29, 2015 8:30AM-3:30 PM
STAYING HEALTHY THROUGH THE LIFESPAN

Located at the Gertrude Butler Building, Buffalo Psychiatric Center, 400 Forest Ave, no smoking on BPC grounds

This conference provides hands on information on holistic practices to help you prevent health problems, whether physical, mental or spiritual to aid in your recovery and promote prevention

Workshops offered may include Yoga, Laughter, Art, Music, Dance, Meditation, Feng Shui,, Drumming, Reiki, Aroma therapy, Fitness, Nutrition, and many more. There may be live streaming of some workshops.

& Opportunities to buy raffle tickets for 50/50 and baskets

HA-HA CONFERENCE-REGISTRATION FORM 2015

One person per form please

Name _____

Address _____

Phone _____

Agency(IF APPLICABLE) _____

Peer \$12 _____ Non peers \$20 _____ Amount enclosed _____

Please consider sending in a couple of extra dollars to help someone else attend.

Donation \$ _____ Thank you!!!!

Cost includes Continental Breakfast, lunch & workshops. Partial scholarships available. Must apply to receive scholarships and they are limited. Cutoff date is **Monday May 25, 2015**

This form must be completely filled in and checks must arrive with the form or before May 22, 2015 to confirm your admission. Thank you all for your support

Early Bird Special
Registrations received
before May 10th
receives 5 free tickets
for the Wellness
Basket!!

Forms and payment must be received
NO LATER THAN MAY 22

Note-New Address

Healthy Alternatives thru
Healing Arts

241 Fareway Lane
Grand Island NY, 14072

Information-Sharon Ward 816-2913
e-mail Sharon.Ward@omh.ny.gov