

Who Will Benefit?

The ACT Program is open to individuals between the ages of 18 and 64 who have a primary mental health diagnosis and have had difficulty linking with traditional treatment providers (clinics, day treatment programs) in the past.

Length of Stay

Individual needs and choice determine length of stay. Upon discharge, individuals are linked to other appropriate agencies that will provide the services needed and requested.



The Assertive Community Treatment program is a certified outpatient program of Buffalo Psychiatric Center.

Staffing

A multi-disciplinary staffing pattern promotes a holistic approach to treatment.



Confidentiality

All personal information about recipients is considered privileged and confidential. We abide by all federal HIPAA regulations.

Referrals

Referrals can be made to the team by completing an Erie County Single Point of Entry referral packet and sending it to the Erie County Department of Mental Health.

An appointment will be made for an interview to evaluate the need for services. If admission is not indicated, further referral assistance will be provided to link the individual with other community resources.

If you need assistance with a referral, please call the program office at **816-2935**.

Michael F. Hogan, PhD
Commissioner



ACT Program

Assertive Community Treatment

Our vision:

- create opportunities for personal growth, choice, and recovery;
- foster hope and respect;
- provide safe environments;
- promote excellence, and;
- encourage partnerships among recipients, families, and providers.

The ACT Team promotes partnerships in hope and recovery

Introduction

The Assertive Community Treatment (ACT) program is a culturally competent, multi-disciplinary team designed to deliver comprehensive and effective services to individuals who are diagnosed with severe mental illness and whose needs have not been met by more traditional service delivery approaches.

ACT supports recovery through a highly individualized approach that provides recipients with the tools to obtain and maintain housing, employment, relationships, and relief from symptoms and medication side effects.

Services provided include a full range of clinical treatment, psychosocial rehabilitation, and community support services designed to promote recovery by improving psychiatric symptoms, preventing relapse, teaching skills, providing direct assistance and securing community resources necessary for successful functioning in work, school, home and social relationships.

The ACT team provides enrolled consumers with all aspects of their mental health and substance abuse treatment, including psychiatry services. Individuals linked with ACT will not also be linked with an outpatient clinic.

Services

We provide:

- ◆ Clinical Treatment of Mental Illness and Substance Abuse
- ◆ Assistance with Family Life and Social Relationships
 - ◆ Service Planning and Coordination
 - ◆ Problem Solving Skills Teaching
 - ◆ Daily Activities Skills Teaching
 - ◆ Relapse Prevention
 - ◆ Medication Management
- ◆ Vocational and Educational Assistance
 - ◆ Healthcare Education and Linkage
- ◆ Money Management and Entitlement Assistance
 - ◆ Housing Assistance
- ◆ Peer Support and Assistance

Location/Hours of Operation:

The ACT program is unique in that all program services can be delivered in the community, either at the consumer's home or another preferred location. The team provides 24-hour emergency assistance, and staff are directly available to enrolled participants after office hours by calling 846-5297.

The ACT team's office is located on the main campus of the Buffalo Psychiatric Center at 400 Forest Ave. on the first floor of the Gertrude Butler Rehabilitation Center next to the Elmwood Wellness Center.

The ACT Program is open Monday through Friday from 8 a.m. to 4:30 p.m. The office number is **816-2935**.

Fees

No one is refused service due to inability to pay. ACT team staff will assist consumers in applying for and securing health insurance. Payments may be made through private pay, Medicare, or Medicaid.

