

Our Goal

Our goal is to remove barriers to recovery and wellness, building on inherent personal strengths and natural supports in the surrounding community.



Del-Nor RTC meets older individuals' needs, focusing on their cognitive and developmental state.



We offer group and individual therapy, peer support, and medication management.

Del-Nor RTC is a certified outpatient program of Buffalo Psychiatric Center.

Confidentiality

All personal information about recipients is considered privileged and confidential.



We use MyPsyckes!

MyPsyckes is a tool to give you personal involvement in making a shared decision with your physician.

Staffing

A multi-disciplinary staffing pattern promotes a holistic approach to treatment.

Dr. Diane Annalett is a certified Geriatric Psychiatrist, one of 1800 in the United States.

Del-Nor staff partners with the State University at Buffalo Fellowship Training in Geriatric Psychiatry.

We provide community outreach screening for depression in the elderly.



A Facility of the Office of Mental Health



Our Vision:

is to create partnerships with individuals that foster hope while helping them to achieve the life they always knew was there for them.

533-4065

http://www.omh.ny.gov/omhweb/facilities/bupc/page/del_nor.html

Recovery happens every day at Del-Nor RTC!

Introduction

The Recovery Plus Del-Nor Recovery and Treatment Center is a clinic service, providing a broad range of mental health services to meet the needs of adults 55 years and older with a primary psychiatric diagnosis.

Del-Nor specializes in serving the elderly in our community.

We take a person-centered holistic approach to recovery. We are not just treating an illness. Rather, we work with individuals to rebuild a foundation which will sustain lasting recovery and an improved quality of life. End of life care for psychiatric wellness is also provided.



Mental illness in older adults is frequently complicated by medical issues and dementia.

Treatment makes a difference.

Recovery makes a life!

Our Services

We provide supportive programming in the areas of individual, group, and family counseling; medication/symptom management and education; building social and interpersonal skills; health and wellness; self help; peer support; and crisis intervention.

Connections to other community resources are provided as needed.

Location/ Hours of Operation

Del-Nor is located in downtown Buffalo at 737 Delaware Avenue near the corner of Summer St. It is handicapped accessible and located on public transportation routes.

Del-Nor is open Monday-Friday from 8 a.m. to 4:30 p.m. Evening hours are available on request. Rapid access (walk-in) appointments are also available. Please contact the clinic for new referrals.

Meet Our Staff: Experienced and Supportive

Jennifer M. Schwenkbeck, Ph.D.
Program Manager/Psychologist

Diane Annalett, M.D.
Psychiatrist

Joanne Lee, LCSW
Social Worker

Jessica Zimmer, LCSW
Social Worker

Sandy Leinweber, RN
Nurse

Janine Ortman, CTRS
Recreation Therapist



**Hope
is
possible!**

Fees

No one is refused service due to inability to pay.