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Executive Director’s Introduction

Creedmoor benefits enormously from having the Residency Training Program here at the hospital. For over thirty years, the Program has been an example of the successful coordination between the New York State Office of Mental Health and the academic sector, utilizing the strengths of both. Resident staffed units include the Intensive Treatment Unit, a twenty six bed inpatient unit offering quality care to patients with challenging clinical issues, and the Queens Village Wellness and Recovery Center, one of three such Creedmoor centers, and located on Creedmoor’s South Campus. The entire facility benefits from the presence of the Residency Program, and its parent department, the Department of Medical Education. The presence of residents helps sustain an academic atmosphere, an atmosphere of clinicians committed to the highest level of care possible for our patients.

Other activities of the Department, including the Grand Rounds Program, and the Columbia University Medical Student rotations, all contribute to both maintaining and advancing the quality of care at Creedmoor. A measure of the facility's confidence in the Residency Program has been the large number of graduates hired by Creedmoor. We are proud of the program and will continue to work to make it the finest public psychiatry program in New York.

Ann Marie Barbarotta, LCSW

Executive Director
Welcome from the Medical Education team:

Our mission at the Creedmoor Psychiatric Residency Training Program is to provide a top-level training experience that produces psychiatrists with the compassion, integrity, and excellence needed to serve those in need of psychiatric services of all socioeconomic and cultural backgrounds.

Located in the New York City borough of Queens, the most ethnically diverse county in the United States, Creedmoor Psychiatric Center has been involved in residency education and training in psychiatry for over 70 years. It is the only psychiatry residency program sponsored by the New York State Office of Mental Health (OMH). The current program is the work of many years of generous support from our administration and sustained effort by faculty and residents to make a dynamic, comprehensive, and nurturing program designed to produce ethical, skilled, competent psychiatrists ready to pursue a variety of career paths.
A Brief History: Creedmoor Psychiatric Center and the Psychiatry Residency Training Program

The land grant site where Creedmoor Psychiatric Center is currently located was deeded to New York State by the Creed family in 1870 for use as a rifle range by the New York State National Guard. Bullets coming too close to the developing Queens community eventually led the state to close the range. In 1908 the state legislature made the site available for the construction of a state mental hospital. After much review and planning, the “Farm Colony of Brooklyn State Hospital” opened on July 1, 1912 with 32 patients. The New York State Legislature authorized funds for an expanded Creedmoor Division of Brooklyn State Hospital in 1922, and patients were first admitted in 1926. In 1935 Creedmoor became an independent state facility. At one time with an inpatient population of more than 7,000, Creedmoor now treats approximately 330 inpatients and approximately 1800 outpatients. Creedmoor Psychiatric Center has a long history providing a broad range of treatments and services for its patients.
Overview: Faculty and Training Sites

We offer a broad range of training experiences at our primary teaching site, Creedmoor Psychiatric Center, and at each participating site offering a unique clinical experience and diversity in patient population:

- Columbia University Medical Center/New York Presbyterian Hospital
- Queens Hospital Center
- Jewish Board of Family and Children’s Services-Pride of Judea Community Services
- New York City Children’s Center-Queens Campus, OMH
- Creedmoor Addiction Treatment Center, OASAS
- St. John’s Episcopal Hospital South Shore in Queens

With such a range of psychiatric patient care experience and faculty expertise, our graduating residents have the tools needed to pursue any career path of their choosing. The breadth of exposure to a range of psychiatric subspecialties and strong foundational psychiatric training is reflected in the variety of fellowships and job placement opportunities that our graduates pursue. Recent graduates have achieved fellowship placement in the subspecialties of consultation-liaison psychiatry, child-adolescent psychiatry, and geriatrics at top institutions, and others have chosen to begin their clinical careers at Creedmoor Psychiatric Center, Columbia University Medical Center, the New York State Psychiatric Institute, and beyond.

The Creedmoor program provides for a comprehensive curriculum taught primarily at Creedmoor Psychiatric Center and at the Columbia University Medical Center (CUMC)/New York Presbyterian Hospital. Our other clinical sites offer additional coursework that is complementary both to the clinical work at those sites and with the educational programming offered at our two primary coursework sites.
Overview: Residency Training Program

Four residents are selected for the program in the first year. Our program is built around a four-year curriculum and training model, and thus residents are expected to complete the full four-year program. The intimate size of our residency program allows for individualized attention to optimize trainees’ clinical and personal growth.

The Creedmoor Psychiatry Residency Program emphasizes a systematic integration of psychodynamic, biologic, family and community disciplines. To achieve this goal both clinical and didactic training draw upon the very broad spectrum of clinical and scientific expertise among the faculty. Residents are each assigned a set of clinical supervisors for individual, family and group therapy in addition to a unit supervisor for each training component at Creedmoor. As the education and training progresses, residents receive advanced clinical supervision that includes supportive, expressive psychoanalytic, group, and family therapy, psychopharmacologic expertise, and social systems intervention and organizational consultation. Most of our residency education and training sites are under the direction of attending psychiatrists holding Columbia University appointments.

Didactic instruction includes courses, seminars and case conferences. These are coordinated with clinical training to expand the residents' practical experience through guided readings and discussion of the psychiatric literature. Courses in psychotherapy and psychoanalytic theory are organized through the Columbia University Center for Psychoanalytic Training and Research. Other Columbia University faculty teaches courses in psychopharmacology, eating disorders, human sexuality, and public psychiatry. Didactic instruction is generally organized in three-year sequences to provide integrated and continuous coursework in these areas.

Knowledge in psychiatry includes basic neuroscience and neuropsychologic and neurophysiologic assessment, advanced work in psychological development and behavior, and the study of larger social systems. The Creedmoor curriculum, taught by Creedmoor Psychiatric Center, Columbia University, and other faculty, includes all of these areas and offers a comprehensive program of psychiatry training. Exploration of particular areas of interest is encouraged with the ultimate goal of developing individual career objectives for each resident.

The academic year 2016-2017 ushers in opportunities for more acute psychiatric care training to occur early in the residency program. Lengthening exposure to acute care experiences in the PGY-I and PGY-II years as on the Creedmoor Admissions Unit, and scheduling changes on the Columbia Emergency Psychiatry and St. John’s Geriatric Psychiatry rotations will allow for further training opportunities for our residents to meet the challenges of practicing high quality psychiatric care in a variety of settings. With the restructuring of the PGY-I and PGY-II rotation schedule, the option of exploring fellowship and research possibilities in the PGY-IV year has expanded with one additional month of elective time.
The PGY-I Year

In the PGY-I year, residents build on their foundational medical, neurological, and psychiatric knowledge base. Residents complete four months of inpatient internal medicine and two months of neurology, followed by six months of psychiatry. From January of the PGY-I year until June of the PGY-II year, residents will rotate on various psychiatric services including general psychiatry, both acute care and longer term care, and on specialized units such as geriatric psychiatry, child and adolescent psychiatry, residential addiction psychiatry treatment, and emergency room psychiatry. Residents participate in coursework associated with each of these rotations to further bolster their learning experience at each site.

Queens Hospital Center (QHC)

Queens Hospital Center is a New York City Health and Hospitals Corporation (HHC) facility whose public mission complements that of OMH’s Creedmoor Psychiatric Center, the state psychiatric center for Queens. QHC has an academic affiliation with Mt. Sinai. Residents complete their internal medicine and neurology rotations at QHC.

Intensive Treatment Unit (ITU), Creedmoor Psychiatric Center

All PGY-I residents begin with two months of education and training in inpatient psychiatry on the Intensive Treatment Unit (ITU) at Creedmoor. At the ITU, patients’ psychiatric illness is assessed and treated under close supervision of the Chief Psychiatrist, other attending psychiatrists, and specialty trained clinical staff experienced in working with this challenging patient population. The resident learns to delineate the role of the psychiatrist within a collaborative team, whose shared mission is to negotiate the complex biological, cultural, and psychological issues associated with each patient. While assigned to the ITU, residents will also have a part-time experience with the Creedmoor Psychiatric Center Intensive Case Management Program (ICM) Care Coordinator in the community and on the Electroconvulsive Therapy (ECT) Service. The Class of 2019 residents will rotate on this unit for an additional 7 or 8 months in the PGY-I and PGY-II years, whereas the Class of 2020 residents will rotate on this unit for an additional four months in either the PGY-I or PGY-II year.

The ITU also serves as a site for education and training for Columbia University College of Physicians and Surgeons (P&S) second and third year medical students.

Creedmoor Addiction Treatment Center (OASAS)

Residents will have a two-month clinical assignment in addiction psychiatry at the Creedmoor Addiction Treatment Center OASAS, gaining experience with alcohol detoxification protocols and other drug abuse treatments. Those not having this assignment in the first year will have it in the PGY-II year.
Geriatric Psychiatry, St. John’s Episcopal Hospital, South Shore in Queens

Residents will have the required month-long clinical assignment in Geriatric Psychiatry under the supervision of geriatric psychiatry attendings. Those residents who do not have this assignment in the first year will have it in the PGY-II year.

Admissions Unit, Creedmoor Psychiatric Center

During the Admissions Unit Assignment, residents are assigned to work along with one of the Creedmoor attending psychiatrists on the Admissions Unit. In addition, residents are assigned part-time to work alongside the Creedmoor Court Consultant in addition to attending Hospital Forensic Committee meetings weekly. This experience will include both interviewing patients and preparation for and attending court hearings. The Residency Class of 2019 will experience the part-time forensic/court rotation during their ITU rotation. The Class of 2020 will be the first to have the new expanded three-month rotation on the Admissions Unit at Creedmoor during their PGY-I and/or PGY-II years.
The PGY-II Year

During this year, residents acquire an understanding of the possible origins, clinical course and treatment of psychiatric illness. Residents continue to hone their inpatient psychiatric skills and learn management of acutely ill psychiatric patients in the emergency room setting. In addition to ongoing classroom study, residents receive regular individual case supervision, participate in multidisciplinary treatment team meetings, and attend weekly case conferences with Columbia and Creedmoor faculty discussants. They attend Grand Rounds at Creedmoor.

Intensive Treatment Unit (ITU), Creedmoor Psychiatric Center

While assigned to the ITU, residents will also have a part-time experience with the Creedmoor Psychiatric Center Intensive Case Management Program (ICM) Care Coordinator in the community. In this program, residents work with outpatients identified as requiring additional support to maintain themselves in the community. ICM activities comprise a comprehensive service linking patients to psychiatric care, medical care, financial assistance, housing assistance and provision of food and clothing, and any other identified needs of the patient. Residents in this rotation are also assigned part-time to the Creedmoor Psychiatric Center Electroconvulsive Therapy (ECT) Service.

9-Garden North (9GN) Inpatient Psychiatry Unit, Columbia University Medical Center

PGY-II residents rotate on the 9GN inpatient psychiatry unit at CUMC for three months where they learn to treat acutely ill psychiatric patients with a broad spectrum of diagnoses, socioeconomic background, and culture. Their clinical work is closely supervised by Columbia 9GN faculty, with the opportunity to have expert psychopharmacologic consultations on treatment-resistant or complex cases, and involvement with ECT patient consultation and treatment.

New York City Children’s Center-Queens Campus (OMH)

PGY-II residents spend two months in this rotation, working with children of different ages as they rotate through the school-based and/or day treatment service.

Creedmoor Addiction Treatment Center (OASAS)

Residents will be assigned to complete their addiction psychiatry rotation during the PGY-II year, if they have not completed this rotation in the PGY-I year. Residents gain experience with alcohol detoxification protocols and other drug abuse treatments.
Eye-6 Outpatient Psychiatry Clinic, New York Presbyterian Hospital/CUMC

Halfway through the PGY-II year, residents begin their outpatient experience at the Eye-6 clinic performing intake evaluations under the supervision of the Creedmoor Associate Residency Training Director and four New York State Psychiatric Institute/Columbia fellows with expertise in areas including schizophrenia, addiction psychiatry, and mood disorders. Residents learn how to efficiently and effectively lead outpatient diagnostic evaluations and develop initial treatment plans in collaboration with the evaluation team, which meets each Friday morning.

Admissions Unit, Creedmoor Psychiatric Center

During the Admissions Unit/Combined Assignment, residents are assigned to work along with Creedmoor attending psychiatrists on the Admissions Unit. In addition, residents are assigned part-time to work alongside the Creedmoor Court Consultant in addition to attending Hospital Forensic Committee meetings weekly. This experience will include both interviewing patients and preparation for and attending court hearings. The Residency Class of 2019 will rotate on the part-time forensic/court service during the ITU experience in their PGY-II year. The Class of 2020 will be the first to have the expanded three-month rotation on the Admissions Unit at Creedmoor during their PGY-I and/or PGY-II years.

Comprehensive Psychiatric Emergency Program (CPEP), CUMC

Residents rotate through the CUMC CPEP for one month. This experience will include crisis management of patients and assessment for hospital admission.

Geriatric Psychiatry, St. John’s Episcopal Hospital, South Shore in Queens

Residents will have the required month-long clinical assignment in Geriatric Psychiatry under the supervision of geriatric psychiatry attendings. Those residents who do not have this assignment in the first year will have it in the PGY-II year beginning with the Class of 2020.
The PGY-III Year

During this year resident training is focused on management of outpatient psychiatry patients. With the diversity of outpatient training sites in the Creedmoor Residency Program, residents have the opportunity to treat patients with a wide range of psychopathology including persistent psychotic and mood disorders, anxiety disorders, acute or new onset of psychiatric symptomatology, and dual diagnosis. Resident caseloads include patients with a broad spectrum of socioeconomic and cultural backgrounds. Residents are well supervised with experienced clinicians at each of the main outpatient sites, in addition to weekly long-term therapy case supervision.

In each of the outpatient settings, residents assume primary roles in the outpatient management of patients and gain supervised clinical experience in individual, group and family therapy.

Queens Village Wellness and Recovery Center (OMH)

Queens Village offers programs to facilitate the patient’s reintegration into community life. This is the largest of Creedmoor’s wellness and recovery centers, offering comprehensive treatment services for both psychotic and non-psychotic disorders. The center offers special programs for family and group therapy and psychopharmacologic approaches to personality disorders, anxiety disorders, and depressive disorders. Residents are intimately involved in the full spectrum of patient care with individual supervision for all modalities of treatment and social intervention programs. Residents evaluate patients under the supervision of an attending psychiatrist and present their evaluations at the weekly staff meeting, with the possibility of treating appropriate evaluation patients. Resident caseloads are monitored both for numbers and for characteristics so as to help ensure a variety of experience. Residents are assigned to Queens Village for eleven months, part-time, spending one month outside of Queens Village during the CUMC CPEP rotation assignment.

Eye-6 Outpatient Psychiatry Clinic, New York Presbyterian Hospital/CUMC

Residents continue performing outpatient evaluations for the first half of the PGY-III year gaining confidence in their evaluation and diagnostic skills, and then commence with long-term treatment of psychotherapy cases under the supervision of Columbia faculty at Eye-6.

Jewish Board of Family and Children’s Services’ Pride of Judea Community Services

Residents acquire education and training with a different outpatient population than served at Creedmoor or NYPH Eye-6 Clinic. Residents perform intake evaluations and have the opportunity to treat patients with the following modalities under the supervision of Pride of Judea staff: individual therapy, psychopharmacology, crisis intervention, cognitive behavioral therapy,
and dual diagnosis treatment. Patients range in age from 6 to 70+, with the majority (64%) in the 18-59 years old range. Diagnostic categories include: Affective disorders (45%), Anxiety Disorders (24%), Personality Disorders (18%), and Schizophrenia (13%). Each resident treats five to six children under supervision of a board certified child psychiatrist.

**Comprehensive Psychiatric Emergency Program (CPEP), CUMC**

Residents rotate through the CUMC CPEP for one month.
The PGY-IV Year

**Senior Resident**

A unique opportunity that each Creedmoor Psychiatry Resident experiences in their PGY-IV year is the role of Senior Resident. Each resident spends three months, part-time, as a Senior Resident on the Intensive Treatment Unit providing supervision and teaching to junior residents and medical students, and working closely with the ITU Chief Psychiatrist on administrative tasks. The Senior Resident participates in institutional and departmental, and medical education committees, in addition to working with the Director of Residency Training on special projects. Resident exposure to the inner workings of several levels of administration provides a unique opportunity for residents to learn about both management of acute administrative challenges and maintenance of the ongoing functioning of a system.

**Consultation-Liaison Service, Columbia University Medical Center**

Residents spend four months part-time on the CUMC Consultation-Liaison (CL) Service. While interacting with virtually all the other medical specialties within this major university teaching hospital, residents learn the critical role of the psychiatrist as consultant to patients and staff. The CL experience includes a didactic seminar series on a variety of topics relevant to CL Psychiatry. While other residencies have moved their CL assignments into the PGY-2 year, where it serves as a transition between internal medicine and neurology and psychiatry, we at the Creedmoor Residency Program continue to see CL as a culminating experience during which residents bring to bear the training and education of three or more years. At this advanced point in residency training, PGY-IV residents offer their skill and experience to the practitioners of other medical and surgical specialties, and to their patients.

**Eye-6 Outpatient Psychiatry Clinic, New York Presbyterian Hospital/CUMC**

Residents continue their outpatient clinical work at the Eye-6 Clinic part-time with a focus on longer-term patient care, including management of long-term treatment (LTT) therapy patients, combined psychopharmacology/therapy individual cases, and year-long group therapy work.

**Geriatric Psychiatry, St. John’s Episcopal Hospital, South Shore in Queens**

Residents will have a required one month clinical assignment in Geriatric Psychiatry. St. John’s is available as a selective site, although residents may choose other sites with department approval. Beginning with the Class of 2020, residents will rotate in geriatric psychiatry in the PGY-I or PGY-II year, thereby allowing for an additional elective month in the PGY-IV year.

**Electives**

Residents have the opportunity to spend up to 4 part-time months of elective time during their PGY-IV year during which they can explore and develop their professional interests in preparation for graduation.
Residents have chosen a variety of elective sites through the years, which have included (but are not limited to) the follow:

- Columbia University Medical Center Campus (CPEP, Crisis Team, Hispanic Clinic)
- Long Island Jewish-Hillside Medical Center (Geriatric and Child Psychiatry)
- New York University (Forensics)
- St. John’s Episcopal Hospital, South Shore (Consultation-Liaison and Geriatric Psychiatry)
- Adult clinical work in additional hospital systems: Stony Brook, Bellevue Hospital Center, and Mount Sinai
- John Jay College of Criminal Justice
- Creedmoor Psychiatric Specialty services (ECT, Forensics, and DBT)
- New York State Psychiatric Institute (Eating Disorders Unit, COPE Clinic-focused on prodromal symptomatology)
## The PGY-1 Year (2016-2017)

<table>
<thead>
<tr>
<th>4 Months</th>
<th>2 Months</th>
<th>2 or 4 Months</th>
<th>0 or 2 Months</th>
<th>0, 1 or 2 Months</th>
<th>0 or 1 Month</th>
<th>0 or 1 Month</th>
</tr>
</thead>
<tbody>
<tr>
<td>Internal Medicine</td>
<td>Neurology</td>
<td>Queens Hospital Center</td>
<td>Queens Hospital Center</td>
<td>Inpatient Psychiatry</td>
<td>Addiction Psychiatry</td>
<td>Inpatient Psychiatry</td>
</tr>
<tr>
<td>100% Time</td>
<td>100% Time</td>
<td>Creedmoor Psychiatric Center ITU</td>
<td>{Persistently Ill}</td>
<td>Care Coord. Team</td>
<td>Admissions Unit Creedmoor</td>
<td>Admissions Unit Creedmoor</td>
</tr>
<tr>
<td>100% Time</td>
<td>90% Time</td>
<td>ITU</td>
<td>ITU</td>
<td>ECT Service</td>
<td>{More Acutely Ill}</td>
<td>{More Acutely Ill}</td>
</tr>
<tr>
<td>10% Time</td>
<td>10% Time</td>
<td>{Persistently Ill}</td>
<td>{Persistently Ill}</td>
<td>100% Time</td>
<td>100% Time</td>
<td>80% Time</td>
</tr>
<tr>
<td>100% Time</td>
<td>100% Time</td>
<td>Treatment Center (OASAS)</td>
<td>Treatment Center (OASAS)</td>
<td>Forensic/Court Clinical Assignment</td>
<td>Forensic/Court Clinical Assignment</td>
<td></td>
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<tr>
<td>20% Time</td>
<td>20% Time</td>
<td>100% Time</td>
<td>100% Time</td>
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All PGY-1 residents start together at Queens Hospital Center where they will spend the first 6 months of the year completing their internal medicine and neurology rotations.

The opportunity to enhance resident exposure to more acute care in the residency arose this past year with the addition of a new Admissions Unit at Creedmoor Psychiatric Center (CPC). We will begin the transition to this new rotation schedule during the 2016-2017 academic year, starting with the Class of 2020 PGY-1 Residents. The restructured PGY-1 and PGY-2 years are viewed as an 18-month continuum of training to begin January of the PGY-1 year and end June of the PGY-2 year with the completion of the following rotations: 6 months on the CPC Intensive Treatment Unit (ITU); 3 months on the CPC Admissions Unit; 2 months on the Addiction Psychiatry Service at the Addiction Treatment Center (OASAS); 3 months on the Columbia University Medical Center (CUMC) New York Presbyterian Hospital (NYPH) 9-Garden North (9-GN) Inpatient Service; 2 months at the New York City Children’s Center (NYCCC) Child Psychiatry; 1 month in Geriatric Psychiatry at St. John’s Hospital; and 1 month on the CUMC CPEP (Comprehensive Psychiatric Emergency Program). All four PGY-1 residents will begin their CPC Intensive Treatment Unit (ITU) rotation in January of the PGY-1 year, where they will work together for 2 months. During the remainder of the PGY-1 year, two PGY-1 residents will continue work on the ITU for a total of 6 months and while there, will have two linked clinical assignments: the ECT Service and the Care Coordination Team (formerly known as Intensive Case Management). The third PGY-1 resident rotates onto the Admissions Unit at Creedmoor for three months, linked to a part-time Forensic/Court Assignment, and also completes 1 month of Geriatric Psychiatry at St. John’s. The fourth PGY-1 resident rotates in Addiction Psychiatry (OASAS) and on the CPC Admissions Unit, both for 2 months, and completes the Admissions Unit rotation with a third month during the first half of his PGY-2 year.
## The PGY-2 Year (2016-2017)

<table>
<thead>
<tr>
<th>3 Months</th>
<th>0 or 3 Months</th>
<th>3 Months</th>
<th>0 or 2 Months</th>
<th>2 or 3 Months</th>
<th>1 Month</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient Psychiatry Creedmoor ITU (Persistently Ill)</td>
<td>80-90% Time, first half of the year</td>
<td>Inpatient Psychiatry Intensive Treatment Unit (Creedmoor ITU) (Persistently Ill)</td>
<td>100% Time if in the first half of the year, 90% time if in the second half of the year</td>
<td>Addiction Psychiatry, Creedmoor Addiction Treatment Center (OASAS) (More Acutely Ill)</td>
<td>90% Time, Second half of the year</td>
</tr>
<tr>
<td>Care Coord.</td>
<td>ECT clinic</td>
<td>Forensic/ Court Clinical Assignment</td>
<td>9-Garden North CUMC New York Presbyterian Hospital (Acutely Ill)</td>
<td>Child Psychiatry, New York City Children’s Center (NYCCC)-Queens Campus</td>
<td>90% Time, Second half of the year</td>
</tr>
<tr>
<td>10% Time</td>
<td>10% Time</td>
<td>20% Time</td>
<td>90% Time, Second half of the year</td>
<td>CUMC CPEP (Psychiatric Emergency Room)</td>
<td>90% Time, Second half of the year</td>
</tr>
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</table>

During the PGY-2 year 2016-2017, residents will complete their clinical assignment on the Creedmoor Psychiatric Center (CPC) Intensive Treatment Unit (ITU). While assigned to the CPC ITU, residents will have three linked clinical assignments: the ECT service, the Care Coordination Team, and the Forensic/Court Clinical Assignment. All PGY-2s have a 3-month clinical assignment in acute adult inpatient psychiatry at the Columbia University Medical Center’s 9-Garden North (9-GN) Inpatient Psychiatry Unit where they will have the opportunity to work with experts in the fields of acute inpatient psychiatry and psychopharmacology. In the second half of the year, all residents will be assigned to the CUMC CPEP for 1 month and have a clinical assignment in Child Psychiatry at the New York City Children’s Center, a New York State Office of Mental Health (OMH) facility neighboring Creedmoor Psychiatric Center. The two PGY-2 residents who have not rotated at the Addiction Treatment Center (OASAS) during their PGY-1 year will do so in the second half of this year. All PGY-2 residents spend one year, part-time, in the CUMC/NYPH EYE-6 Adult Outpatient Psychiatry Evaluation Clinic beginning in the second half of the PGY-2 year, and continuing through the first half of the PGY-3 year.

As a preview for the Class of 2020 residents, their PGY-2 year (2017-2018) will proceed with the 18-month continuum of training as outlined in the PGY-1 table on the previous page. The three PGY-1 residents, not having had their Addiction Psychiatry and Geriatric Psychiatry assignments in the PGY-1 year, will do so in the 2017-2018 PGY-2 year. Two PGY-1 residents, not having completed the six-month ITU rotation (linked to p/t ECT and Care Coordination) and 3 months on Admissions (linked to p/t Court/Forensic), will do so in their PGY-2 year. One PGY-2 resident will complete the 3-month Admissions rotation which started in their PGY-1 year. All residents will rotate on the NYPH 9-Garden North Inpatient Service, on the NYCCC Child Psychiatry Service, and the CUMC CPEP during their PGY-2 year, thus completing the 18-month continuum of PGY-1/2 training for the Class of 2020 residents.
The PGY-3 Year (2016-2017)

<table>
<thead>
<tr>
<th>11 Months</th>
<th>1 Month</th>
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<tbody>
<tr>
<td><strong>Adult Outpatient Psychiatry:</strong></td>
<td></td>
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<tr>
<td>Queens Village Wellness and Recovery Center</td>
<td></td>
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<tr>
<td>Creedmoor Psychiatric Center</td>
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<tr>
<td>11 Months at 50% Time</td>
<td>CPEP at CUMC</td>
</tr>
<tr>
<td><em>(Persistently Ill)</em></td>
<td>1 Month at 80% Time</td>
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<tr>
<td></td>
<td><em>(Acutely Ill)</em></td>
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<tr>
<td><strong>Outpatient Psychiatry</strong></td>
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<td>Jewish Board of Family and Children’s Services’ Pride of Judea Mental Health Center</td>
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<tr>
<td>11 months at 30% time</td>
<td></td>
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<tr>
<td><em>(More Acutely Ill)</em></td>
<td></td>
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<tr>
<td><strong>Adult Outpatient Psychiatry</strong></td>
<td></td>
</tr>
<tr>
<td>EYE-6 CUMC/NYPH</td>
<td></td>
</tr>
<tr>
<td>6 Months Evaluation at 20% time</td>
<td>Adult Outpatient Psychiatry</td>
</tr>
<tr>
<td><em>(More Acutely Ill)</em></td>
<td>EYE-6 CUMC/NYPH</td>
</tr>
<tr>
<td></td>
<td>6 Months Outpatient at 20% time</td>
</tr>
<tr>
<td></td>
<td><em>(More Acutely Ill)</em></td>
</tr>
</tbody>
</table>

The PGY-3 year is an outpatient year. Our residents work throughout the year at three outpatient settings: the Creedmoor Psychiatric Center Queens Village Wellness and Recovery Center, the CUMC/NYPH EYE-6 Adult Outpatient Psychiatry Clinic, and the Jewish Board of Family and Children’s Services’ Pride of Judea Mental Health Center. The three outpatient sites give residents a broad exposure to a variety of patients culturally, diagnostically, and socio-economically, and also give the residents experience in different forms of health care organizations. Residents have a 1-month part-time clinical assignment at the CUMC CPEP (psychiatric emergency room). As noted in the PGY-2 table on the previous page, residents spend one year, part-time, in the CUMC EYE-6 Adult Outpatient Psychiatry Evaluation Clinic (EYE-6 Eval), beginning in the second half of the PGY-2 year, and continuing through the first half of the PGY-3 year. Clinical assignment at the Adult Outpatient Psychiatry Eye-6 Clinic, where residents treat primarily long-term patients, starts immediately following the conclusion of the EYE-6 evaluation clinic and will continue part-time throughout the PGY-4 year.
## The PGY-4 Year (2016-2017)

<table>
<thead>
<tr>
<th>4 Months</th>
<th>3 Months</th>
<th>1 Month</th>
<th>4 Months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Consultation-Liaison Psychiatry CUMC/NYPH</td>
<td>Senior Resident/ Administrative Psychiatry (Creedmoor ITU)</td>
<td>Geriatric Psychiatry</td>
<td>Electives</td>
</tr>
<tr>
<td>4 Months at 80% Time {More Acutely Ill}</td>
<td>3 Months at 80% Time</td>
<td>1 Month at 80% Time</td>
<td>4 Months at 80% Time</td>
</tr>
</tbody>
</table>

EYE-6 Adult Outpatient Psychiatry Clinic (CUMC/NYPH)

12 Months at 20% Time {More Acutely Ill}

During the PGY-4 year residents have a 4-month clinical assignment with the CUMC Psychiatry Consultation Liaison Service. Here they work alongside Columbia University Psychiatry Residency Program PGY-2 residents. All residents serve as Senior Resident for 3 months, during which they work in administrative, supervisory, teaching, and committee assignments. All PGY-4 residents have a 1-month clinical assignment in Geriatric Psychiatry. Residents have 4 months available for elective work, often choosing both topical and geographical areas in which they are considering post-residency fellowships. Throughout the PGY-4 year, residents continue with their outpatient assignment part-time at the CUMC EYE-6 Adult Outpatient Psychiatry Clinic.

Projecting to the 2019-2020 academic year, the residents in the Class of 2020 will have an additional elective month in which to consider post-residency fellowships and/or research opportunities.
A Day in the Life of a Creedmoor Psychiatry Resident

My name is Jasmine Sawhne and I am currently a fourth year psychiatry resident at Creedmoor Psychiatric Center. I began my PGY-4 year as chief resident, which has been one of the most rewarding experiences of my training thus far. Creedmoor Psychiatric Center’s residency program is unique in that it allows each resident the opportunity to spend three months working in the capacity of chief resident, embracing the role of Resident Administrator in the Department of Medical Education and as Department Liaison to Institutional Committees. I begin each day at 8:30 AM running morning rounds, during which time acute issues from the previous day and overnight events are discussed. Depending on the day of the week, the rest of my day consists of co-leading junior resident supervision with the attending on the unit, being an active participant in team meetings, sitting in on various hospital committee meetings, including the Hospital Forensic Committee and Program Evaluation Committee, and teaching my very own class every week! Coming back to the inpatient unit where I trained as a PGY1 and 2, now in a supervisory role, has allowed me think critically as a leader, educator and clinical supervisor.

The remainder of my year will consist of a Geriatrics rotation at LIJ, the Consultation-Liaison service at Columbia University NYPH, and several elective months, during which I plan to work with an ACT Team. While we get a little taste of everything this year, the one thing that remains constant throughout our final year is the time we spend every Monday and Friday at an outpatient psychiatry clinic at Columbia University Medical Center. Here, each PGY-4 resident carries their own long-term patients, providing both medication management, as well as ongoing weekly supportive and exploratory psychotherapy, a truly satisfying experience. We also co-lead group therapy sessions with a skilled clinician, where we provide treatment for patients struggling with depression, substance abuse and affective dysregulation, which adds to our learning of different therapeutic processes.

One of the biggest strengths of this program is the numerous supervisors that we work with at every stage of our training. From research fellows at Columbia's Psychiatric Institute to the vetted psychoanalysts that have literally written the most important books of our field, each one has been nothing short of amazing. In addition to hands on supervision, residents participate in continuous case conference seminars, protected didactic time, hospital wide grand rounds and a variety of teaching coursework. Creedmoor Psychiatric Center has also recently added a Mentorship Program, under which each resident works closely with a mentor on a scholarly activity. Last year, our residency program had the single most submissions to the Queens County Annual Scientific Paper Contest, with two papers selected in the Top 5 finalists!

Creedmoor Psychiatric Center has afforded me the opportunity of training at the only residency program sponsored by the New York State Office of Mental Health (OMH). Working in New York City’s borough of Queens, the most ethnically diverse county in the United States, has exposed me to a large diaspora of both clinically and culturally challenging patients. This has served as the foundation for my desire to continue working with the severely mentally ill in a community setting. As a result, I have chosen to pursue a fellowship in Public Psychiatry and am presently interviewing at prestigious academic centers around the country.

A day in the life of a Creedmoor psychiatry resident would not be complete without a discussion of my fellow co-residents, junior residents and past graduates, all of whom have become like a small family to me. Together we have shared in celebrations for each other's engagements, weddings, newborn babies and Step 3 passages. Whether it's a casual Sunday BBQing in Brooklyn Bridge Park or excitedly planning our next holiday party, the bond that forms from a small program of only four residents per class, is undeniable.
Core Curriculum

Over the course of their education and training residents participate in seminars, classes, case conferences, and a variety of teaching rounds and other meetings. Coursework is integrated with the residents’ clinical work and provide foundational material covering the scientific basis for clinical practice, diagnosis, and treatment with respect to therapy and psychopharmacologic management of patients, and decision-making in clinical care amongst other key elements of psychiatric training.

The program has adopted an “academic day” on Wednesday mornings throughout the year for PGY-1, PGY-2, and PGY-3 residents, as a time when all residents of a given year gather together at Creedmoor for coursework. Additional coursework is led by specialty staff at our other rotation sites. Attendance at the Creedmoor Grand Rounds, a highly organized and sophisticated series of programs focused on current issues in psychiatry, is encouraged for all residents who are doing a clinical assignment at Creedmoor Psychiatric Center. Creedmoor is also a viewing site for the New York State Office of Mental Health’s Statewide Grand Rounds program. Creedmoor PGY-4 residents are invited to attend the Columbia University Department of Psychiatry/NYSPI Grand Rounds when they are on-site.
PGY-1 Year:

Residents learn foundational material in medicine and neurology during their first year rotation months with didactics and supervision provided at their clinical sites. In the second half of the PGY-1 year, residents begin to build their knowledge base in psychiatric diagnosis, development of psychiatric treatment plans, interview skills including safety and suicide assessments, and medical and emergency aspects of inpatient psychiatric care. Coursework in the second half of the PGY-1 year is led primarily at Creedmoor Psychiatric Center with a combination of classes specifically focused on the PGY-1 level, and others with PGY-2 and -3 levels.

Creedmoor Psychiatric Center Wednesday lecture series:

Introduction to the Psychiatric Interview (full semester course, second half of PGY-1 year continued into the PGY-2 year)

Residents build their interview skills with classes focused on the mental status examination. Residents rotate in the role as interviewer with real-time supervision in the classroom by senior-level faculty.

Preventing and Managing Crisis Situations

Residents gain tools to both prevent and manage psychiatric emergencies in a series of lectures by experienced specialists in the field. This course is held just following PGY-1 residents’ completion of their neurology and internal medicine assignments in preparation for their initial inpatient psychiatric rotations at Creedmoor Psychiatric Center.

Medical, Neurological, and Pain in Psychiatric Practice

In any clinical setting, residents are often faced with emergency medical situations, pain management, and complex neuropsychiatric manifestations of illness. Residents will strengthen their understanding of the interface of psychiatry and neurology in clinical practice.

Specific Psychotherapies (full semester course)

In this course series, residents learn foundational material in family, supportive, and dynamic psychotherapy. Residents will then add to this knowledge base in the following PGY years in their advanced psychotherapy coursework and supervision.

Psychotherapy Skills: Test Review and Skills Test (multiple sessions in one-month time period)

PGY-1, -2, and -3 residents learn to apply basic psychotherapy knowledge to a written test format. Residents then take a national psychotherapy exam and spend time reviewing
responses in a group learning format. Residents attend additional courses focused on communicating effectively and professionally in the psychiatric field.

AIMS Review

In this two-part course, residents become experts in performing the AIMS test, which they put into practice immediately while treating patients at Creedmoor Psychiatric Center inpatient wards.

DSM-5 Overview/Casebook (full semester course)

Residents will gain mastery in DSM-5 terminology and diagnosis in this course series, which includes PGY-1, -2, and -3 level residents. Diagnostic criteria are reviewed and applied in case vignettes discussed in a group format.

Research Methodology

Residents learn foundational material about how to analyze psychiatric scientific literature.

Psychiatry and Culture

Residents engage in a discussion about the role of culture in psychiatric practice.

PRITE Review (for PGY-1’s, PGY-2’s, and PGY-3’s)

Learning to study for the annual PRITE (Psychiatry Resident-In-Training Exam) and boards exams is an important skill to master as a psychiatrist. Throughout the year, all PGY level residents will engage in coursework specific to the PRITE exam and analysis of individual test-taking strategy and preparation.

Psychopharmacology

Residents will learn the fundamentals in a semester-long psychopharmacology course, which includes medication mechanism of action, dosing parameters, side-effect profiles, and pertinent drug interactions.

Residency Lunch Meeting Series (every Wednesday at noon)

Each Wednesday residents from the PGY-1 (second half of the year), PGY-2, PGY-3, and the PGY-4 Senior Resident meet together with the residency directors and medical education staff for weekly announcements, discussion of administrative issues, and then group coursework. Seminars include the following, alternating weekly from month to month: Psychopharmacology Journal Club, Psychotherapy Journal Club, Medical Student presentation, Resident-only meeting, PRITE Review. As a residency program group, residents also discuss a number of topics pertinent to everyday psychiatric practice including the following: spirituality, issues regarding Medicare and Medicaid fraud, sleep deprivation and physician wellness and suicide.
PGY-2 Year:

In addition to shared coursework described above (Research Literacy and Scholarly Activities, Medical Emergencies in Psychiatric Practice, AIMS Review, Common Medical Problems in Psychiatric Practice, The Management of Pain, Residency Lunch meeting series), residents participate in the next set of courses pertinent to their more advanced level of training.

Creedmoor Psychiatric Center Wednesday lecture series:

Psychopathology and Treatment of Major Psychiatric Disorders (year-long)

This course provides the core foundational material in psychiatric diagnosis. Led by clinicians with specialty experience in each major diagnostic area, this course covers DSM-5 criteria, etiology, pathology, disease course, epidemiology, treatment, and complications associated with major depression disorder, bipolar disorder, psychotic disorders, personality disorders, and substance use disorders.

Specific Psychotherapies

This course instructs residents on the structure and psychodynamics associated with individual, group and family therapy.

Child Psychiatry

This course covers the core material in diagnosis, treatment, and disease course associated with the major child and adolescent psychiatric conditions.

Introduction to Psychopharmacology

PGY-2 and PGY-3 residents join together at the start of the year in this course focusing on the mechanism of action, dosing, and indications associated with our most commonly prescribed psychotropic medications. While PGY-2 residents develop a strong foundational understanding of this material, PGY-3 residents master these concepts and offer clinical situations to the group in which to apply the information.

Fundamentals of DBT

In this course series, PGY-2 residents learn foundational material in DBT (dialectical behavioral therapy) to be applied in actively working with inpatients in their current rotations and with outpatients in the coming months as the PGY-3 year approaches.

The Mortality Gap and Epigenetics

Residents build on their knowledge of medical and emergency psychiatry issues in this series of shared courses during the PGY-2 and PGY-3 years.
Columbia University Medical Center/New York State Psychiatric Institute (all in the second half of the PGY-2 year when residents begin their EYE-6 Evaluation Clinic rotation):

Sexual Behaviors (3-month course)

In this class series, PGY-2 residents learn how to identify and manage issues related to sexuality in their psychiatric practice. Topics range from sexual dysfunction to sexual identity.

Introduction to Psychotherapy (weekly)

PGY-2 residents build on foundational material in the practice of psychotherapy in this weekly course led by experts in the field from the CUMC Psychoanalytic Center. Residents discuss issues regarding psychodynamic elements, counter-transferential issues, limit-setting, and adjusting therapy strategy amongst many other topics.

Public Psychiatry (2-month course)

This course is held at Columbia University Medical Center, one of the leading institutions in community/public psychiatry. In these lectures residents will learn detailed information about the nature of public psychiatry, challenges in treating this patient population, and pursuing a career in this area.

PRI TE Review: Neurology and Psychiatry

Exploration of the nature of the annual PRI TE exam, its relationship to the psychiatry licensing boards exam, review of foundational test material, and focused time in test question practice are all components in these fun and intensive review classes.
PGY-3 Year:

Residents experience an even broader range of coursework led by specialists in the field at their two primary sites during their PGY-3 year: Creedmoor Psychiatric Center (Wednesday lecture series), and Columbia University Medical Center. Residents continue to participate in shared PGY-1, -2, and/or -3 level courses described above (The Psychiatric Interview, Research Methodology and Research and Scholarly Activities, Specific Psychotherapies, Common Medical Problems in Psychiatric Practice, Medical Emergencies in Psychiatric Practice, AIMS Review, Pain Management, DSM-5 Overview/Casebook, Medical Emergencies in Psychiatric Practice, AIMS Review, The Mortality Gap and Epigenetics, PRITE Review, Resident Lunch meeting series) in addition to the coursework described below specific to the PGY-3 level.

Creedmoor Psychiatric Center Wednesday lecture series:

Psychopathology and Treatment of Major Psychiatric Disorders

Having experienced a range of inpatient psychiatric rotations in the prior two years, residents add to their knowledge base in this course now focused on presentations of psychopathology in the outpatient setting.

Introduction to Psychopharmacology

These courses are a continuation from the PGY-2 year, during which residents gain in-depth knowledge about the pathophysiology, disease course, and treatment associated with the major DSM-5 psychiatric diagnoses. Residents engage in dynamic group discussions about their ongoing challenging psychopharm cases.

Hypnosis

Residents learn about the practice of hypnosis and its use in day to day psychiatric practice.

Suicide Risk Assessment

This course focuses on suicide risk assessment in the outpatient setting.

Career Options

Rewards, Challenges, and the Stress of Practice

These three courses explore both the exciting opportunities and challenges that await as residents approach their final year of residency training. Examination of career options, the process of fellowship application, and prevention of psychiatry burn-out are covered in these discussion-based sessions.
**History of Psychiatry**

Residents review key advances in the history of psychiatry up to the present.

**Columbia University Medical Center/New York State Psychiatric Institute:**

*Continuous Case Conference (weekly)*

Residents present their outpatient cases in this weekly psychotherapy case conference and discuss issues regarding psychodynamic elements, counter-transferential issues, limit-setting, and adjusting therapy strategy amongst many other topics.

*Human Development (weekly)*

Residents spend time learning about different theoretical perspectives in the field of human development.

*Legal Issues in Psychiatry*

Residents learn more about pertinent legal issues in the outpatient setting including identification and management.

*ER Psychiatry*

This lecture series is led by faculty from the CUMC Comprehensive Psychiatric Emergency Program (CPEP), with topics including suicide assessment, management of acute psychiatric emergencies, and evaluation of the new-onset psychosis.

*Eating Disorders*

Residents learn key information about the diagnosis and management of eating disorders pertinent to both inpatient and outpatient care.
PGY-4 Year:

Senior residents continue to participate in the Wednesday lunch course series at Creedmoor Psychiatric Center during their Senior Resident rotation. The designated Senior Resident spends dedicated time with junior residents and Columbia University medical students in supervision of challenging cases on Creedmoor inpatient units. As most of the PGY-4 residents are engaged in specialty elective time at other institutions, structured coursework is location specific.

Columbia University Medical Center/NYSPI:

Continuous Case Conference (weekly, year-long)

As in the PGY-3 level courses, residents continue to present their outpatient cases in this weekly psychotherapy case conference and discuss issues regarding psychodynamic elements, counter-transferential issues, limit-setting, and adjusting therapy strategy amongst many other topics. Having gained significant knowledge during their earlier residency training years, residents will now begin to engage in more complex discussions about their psychiatric patients. In some cases, residents may be working with select outpatients for the second full year.

Consultation-Liaison Seminar Series

During their CL Psychiatry rotation at CUMC, residents experience a set of C-L specific lectures from experts in the field.
Scholarly Work Opportunities:

Residents are required to submit an entry into the Queens County Psychiatric Society Annual Resident Paper Competition during either the PGY-2 or PGY-3 year. As per the competition requirement, entries are to be no more than 5000 words and can cover a wide range of interests and formats including literature reviews. A few of our residents have achieved special commendations from the society in past years making this a wonderful opportunity for residents to both learn and add elements of achievement to their resumes. Residents also have access to the many primary investigators leading research efforts at both Creedmoor and New York State Psychiatric Institute should they decide to pursue research interests in a more dedicated way. Residents also present a research or clinical topic of interest at the Creedmoor Psychiatric Center Grand Rounds at the end of the PGY-2 and PGY-3 year, yet another opportunity to pursue scholarly interests. Creedmoor offers a Resident Mentorship Program to support scholarly work and intellectual pursuits.
Creedmoor Psychiatric Center Institutional Administration

Ann Marie Barbarotta, LCSW, Executive Director, Creedmoor Psychiatric Center

Mark F. Sorensen, MD, Clinical Director, Creedmoor Psychiatric Center; Associate Clinical Professor of Psychiatry at Columbia University Medical Center; Teaching Faculty, Columbia University Center for Psychoanalytic Training and Research

Caterina Grandi, MD*, Chief, Department of Psychiatry at Creedmoor Psychiatry Center; Assistant Clinical Professor of Psychiatry, Columbia University College of Physicians and Surgeons; Assistant Attending in Psychiatry, North Shore University Hospital, Manhasset, N.Y.

Creedmoor Psychiatry Residency Program Faculty

Helen L. Schleimer, MD, Associate Clinical Director for Medical Education, Director of Residency Training; Assistant Clinical Professor of Psychiatry at Columbia University Medical Center

Carisa Kymissis, MD, Associate Director of Residency Training; Assistant Professor of Psychiatry at Columbia University Medical Center

Louis Linfield, MD, Director of Medical Student Education at Creedmoor Psychiatric Center; Assistant Clinical Professor of Psychiatry at Columbia University Medical Center

PremaLatha Rayappa, MD*, On-Site Attending Supervisor, Queens Village Wellness and Recovery Center, Creedmoor Psychiatric Center; Assistant Clinical Professor of Psychiatry at Columbia University Medical Center

Stuart Taylor, MD, Chief Psychiatrist, Intensive Treatment Unit (ITU) and Director of the ECT Service at Creedmoor Psychiatric Center; Associate Clinical Professor of Psychiatry at Columbia University Medical Center

Nancy Kerner, MD*, Director of Continuing Medical Education (CME), Creedmoor Psychiatric Center; Instructor in Clinical Psychiatry at Columbia University Medical Center

Robin Hamilton, MD, Associate Clinical Director, Creedmoor Psychiatry Center; Assistant Clinical Professor of Psychiatry at Columbia University Medical Center; Graduate Analyst, New York Psychoanalytic Institute

Thulasi Ramu Reddy, MD*, Associate Clinical Director for Admissions, Creedmoor Psychiatric Center

Ella Brodsky, MD*, Forensic Consultant, ECT Service; MSO President, Creedmoor Psychiatric Center
Andrea Katz, PhD, Principal Psychologist/Program Coordinator, ITU, Creedmoor Psychiatric Center

Alan Diner, MD, Director of Medicine, Creedmoor Psychiatric Center

Ulyana Khaldarov, MD*, Associate Clinical Director of Wellness and Recovery Centers, Creedmoor Psychiatric Center

Anthony Papania, Psy.D, Staff Psychologist, ITU, Creedmoor Psychiatric Center

Elin Weiss, CSW, Social Work, ITU/Queens Village WRC, Creedmoor Psychiatric Center

Ani Thomas, CSW, Social Work, ITU, Creedmoor Psychiatric Center

Roberta Goodman, Department Coordinator, Residency Program Coordinator Extraordinaire, Department of Medical Education at Creedmoor Psychiatric Center

Susan Shimon, BA, Assistant Coordinator and Continuing Medical Education (CME) Coordinator, Department of Medical Education at Creedmoor Psychiatric Center

*Graduates of the Creedmoor Psychiatric Residency Education and Training Program
Post Graduate Training and Employment:

Residents are encouraged to consider continuing into postgraduate sub-specialty fellowships. Creedmoor graduates have consistently achieved top fellowships and job placements in recent years.

Activities of Recent Graduates

Class of 2016:
Dr. Jason Chorowski: Attending Psychiatrist, Creedmoor Psychiatric Center, OMH
Dr. Omer Haroon: Attending Psychiatrist, Albany Medical Center, Albany, NY
Dr. Elaina Klimchuck: Psychosomatic Medicine Fellowship, University of Texas-Austin
Dr. Binal Maharaja: Attending Psychiatrist, Clarity Clinic, Chicago, Illinois

Class of 2015:
Dr. Ryan Deen: Attending Psychiatrist, Aspire Health Partners' Behavioral Facility, Orlando, FL
Dr. Swapna Dhillon: Attending Psychiatrist in Psychosomatic Medicine at the Capital Health Hospital, NJ
Dr. Anish John: Addiction Psychiatry Fellowship, Beth Israel Medical Center, NY
Dr. Pooja Tandon: Geriatric Fellowship, Stony Brook University Medical Center, NY

Class of 2014:
Dr. Jaswinderjit Singh: Attending Psychiatrist at North Shore/Long Island Jewish Medical Center, NY
Dr. Maria Fabunan: Attending Psychiatrist, Creedmoor Psychiatric Center, OMH
Dr. Amanda Gangoo: Attending Psychiatrist, Washington Heights Community Services, OMH (training site for PI/CUMC Psychiatry Residency Program)
Dr. Natasha Thomas: Child-Adolescent Psychiatry Fellowship, University of Southern California, Los Angeles
Class of 2013:

Dr. Adnan Ahmed: Attending Psychiatrist, Mayo Clinic Health System, Mankato, Minnesota; currently Forensic Fellow at the University of Minnesota

Dr. Reji Attupurath: Initially, Fellowship in Psychosomatic Medicine, Cambridge Health Alliance Program, Cambridge, MA (a Harvard University Teaching Hospital); currently Attending Psychiatrist in Psychosomatic Medicine at Cambridge Health Alliance

Dr. Viktoria Toth: Initially, Fellowship in Geriatric Psychiatry, Long Island Jewish Medical Center, New Hyde Park, NY; currently, Attending Psychiatrist, Long Island Jewish Medical Center

Dr. Julia Shugar: Attending Psychiatrist, Creedmoor Psychiatric Center, OMH

Class of 2012:

Dr. Diana Germosen: Attending Psychiatrist, Rockford Center, Newark, Delaware

Dr. Nancy Kerner: Fellowship in Geriatric Psychiatry and T-32 NIH Funded Neuroimaging Research Fellowship at the Late Life Depression Clinic, New York State Psychiatric Institute, OMH; currently CME Director at Creedmoor Psychiatric Center, OMH

Dr. Stephen Remolina: Initially, Fellowship in Child and Adolescent Psychiatry, University of Arizona, Tucson, AZ; currently Attending Psychiatrist, Pantano Behavioral Health Services, Tucson, AZ

Class of 2011:

Dr. Jorge Aguilar-Zanatta: Initially, Fellowship in Psychosomatic Medicine; currently Assistant Clinical Professor of Psychiatry, Yale University School of Medicine, Department of Psychiatry, New Haven, CT

Dr. Susmita Dasgupta: Attending Psychiatrist, Alabama Psychiatric Services, Birmingham, Alabama

Dr. Asiya Kabir: Initially, Fellowship in Child and Adolescent Psychiatry, Long Island Jewish Medical Center, New Hyde Park, NY; currently, Attending Psychiatrist, New York City Children’s Center, OMH

Dr. Jean Mugo: relocated to California
Salary, Benefits, Vacation Time

Salary: Resident salaries are usually increased each year. The Public Employees Federation (PEF), AFL-CIO, negotiates salaries. Please see the accompanying announcement of current salary levels. Residents are encouraged to apply for Direct Deposit of their salary.

Creedmoor Psychiatric Center: Resident Salary Information 2016-17

<table>
<thead>
<tr>
<th>PGY-Year</th>
<th>Salary Without New York State Medical License</th>
<th>Salary With New York State Medical License</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$54,205.00</td>
<td>$59,535.00</td>
</tr>
<tr>
<td>2</td>
<td>$63,606.00</td>
<td>$69,202.00</td>
</tr>
<tr>
<td>3</td>
<td>$70,339.00</td>
<td>$75,941.00</td>
</tr>
<tr>
<td>4</td>
<td>$77,079.00</td>
<td>$82,672.00</td>
</tr>
</tbody>
</table>

These salaries do not include location pay in the amount of $3,026.00 which applies to full-time employees only. Any resident who has a valid medical license in New York State is paid at the licensed salary level.

Vacation: Thirteen days of vacation leave are earned each year. With the addition of five days of personal leave time earned per year and two state “floating holidays” this gives each resident 20 paid days per year available for vacation. Election Day and Lincoln’s Birthday are floating holidays that must be used within one year after accrual.

The department strongly encourages use of vacation time in the academic year in which it is accrued. Vacation time earned in a given year of training may not be used in another year, but will be compensated for in pay at the conclusion of training, up to 30 days accumulation. Vacation time may not be used during certain clinical rotations so residents are encouraged to plan vacation time in advance with the residency program directors.

Personal leave: Five days of personal leave are earned each year.
Holidays: There are 12 paid holidays per year (including “floating holidays”). This time off is in addition to the vacation time described above.

Leave for Professional Examinations: Four days are allotted per calendar year (not including time allotted for taking the Psychiatry Resident In-Training Examination/PRITE).

Conference Time: Residents are encouraged to attend professional meetings. The annual meetings of the American Psychiatric Association are not counted against conference time. Two days of additional conference time are routinely allotted per year with permission from the residency program directors.

Additional Benefits:

Health Insurance: The comprehensive New York State Empire Plan provides for both inpatient and outpatient medical treatment and also offers partial reimbursement for personal psychotherapy. Prescription, Dental and Optician Plans are also included.

Disability Insurance: Residents accumulate paid sick time during the course of their employment. Additional disability insurance may be purchased.

Pension Plan: Residents, considered as temporary employees of the New York State Office of Mental Health (OMH) are not required to participate in the pension plan, but may elect to do so, especially if a career in the New York State system is being considered.

Professional Liability: In accordance with Section 17 of the Public Officers Law, New York State indemnifies its physicians for civil liability that arises from acts or omissions while the physician was acting within the scope of his/her public employment of duties. This includes all clinical work and academic activities conducted by Creedmoor residents during assignments at other institutions, but does not include moonlighting activities. For moonlighting, the resident is responsible for arranging appropriate liability coverage.

Maternity/Paternity Leave and Childcare Leave: Residents who are pregnant may continue to work as long as they can perform their duties, and do not jeopardize their health or that of their co-workers. Pregnancy is treated the same as personal illness with regard to leave accrual use and other sick leave benefits. Medical evidence may be required.

Either parent of a newborn or adopted child is entitled to a maximum of 7 months leave to care for the child. Parents may elect to use their accumulated leave credits (except sick leave) to receive full pay, or receive leave without pay. The leave period begins from the date of birth or adoption.

On Call/Duty Hours: There is no regularly required overnight call in any year of the Creedmoor Program. Residents are assigned to In Call duty throughout their education and training. In New York State, hours on call are set by the standards established by the Bell Commission and the ACGME. The On Call Policy is described at length in the Departmental Manual.
Moonlighting: Moonlighting is never required. Permission from the Residency Training Director must be granted prior to moonlighting. Moonlighting hours are counted as Duty Hours and subject to ACGME Duty Hour requirements. Please refer to the Program’s Moonlighting policy.

Regarding Transportation: Please note that while New York City has a substantial system of public transportation (subways, trains, and buses), it is strongly advised that you have a car to commute from your home to Creedmoor and the various clinical sites in Queens, Manhattan and elective sites.

Regarding Leaving After the PGY-3 Year for a Fellowship in Child and Adolescent Psychiatry: While we encourage our residents to explore their interests in pursuing subspecialty education and training, and while we have had many graduates who have pursued a career in Child and Adolescent Psychiatry, Creedmoor does NOT have a three-year Child track, and we encourage those interested in Child and Adolescent Psychiatry to enter their fellowship after completing the four-year program.

We continue to have required clinical assignments in the PGY-4 year including the following: CL psychiatry, Geriatric Psychiatry, and adult outpatient psychiatry. We do not have one Chief Resident; instead all PGY-4 residents serve three months as Senior Resident. All elective time, up to four part-time months (outpatient assignments and classes continue during electives) is in the PGY-4 year. Elective time is often utilized to explore fellowship possibilities.
Accreditation

Joint Commission
Creedmoor Psychiatric Center is accredited by the Joint Commission (TJC). The most recent survey held in 2014 was successful and resulted in a three-year accreditation.

ACGME
The Creedmoor Psychiatric Center Residency Education and Training Program in Psychiatry is a fully accredited four-year program, accredited by the Accreditation Council for Graduate Medical Education (ACGME) since 1941. The program had its most recent ACGME site visit in 2008. At that time, the program received continuing full accreditation for five years, the most possible. More recently, the program received notice on its continuing full accreditation until 2018 as part of the ACGME’s transition into the New Accreditation System (NAS).

CME Program
The CME program is accredited by the Medical Society of the State of New York (MSSNY), and has joint sponsorship arrangements with three other OMH facilities: New York City Children’s Center-Queens Campus (NYCCC-QC), Pilgrim Psychiatric Center (PPC), and Sagamore Children’s Psychiatric Center (SCPC). Our CME Program received a four-year full accreditation by MSSNY in 2013.
Application Criteria and Procedure

There are a total of four PGY-1 positions available for the class starting in July 2017. Applications are accepted only through the Electronic Residency Application System (ERAS). The Residency Program participates in the National Residency Matching Program (NRMP) for all of its PGY-1 positions.

Creedmoor Psychiatric Center is an Equal Opportunity/Affirmative Action Employer.

Applicants must be a citizen of the United States, or be a permanent resident of the United States with a Green Card at the time of application. Creedmoor does not sponsor any visas or accept a work permit. Minority applications are encouraged. The deadline for applications for 2017-2021 class is November 1, 2016.

Degree Requirements:

For Applicants with the M.D. or Equivalent Degree:

Applicants must either hold an M.D. or equivalent degree, or must currently be a senior medical student in an approved medical school. This program welcomes IMG applicants. Currently, all of our residents are International Medical Graduates. If you are an International Medical Graduate (IMG), you must be ECFMG certified at time of application. For applicants with substantial time since graduation from medical school, those who can provide evidence of having kept up with current medical knowledge and practice (e.g. having completed a residency in psychiatry outside the United States, and/or having worked in the fields of medicine in general and/or psychiatry in particular) will be looked upon more favorably than those who cannot.

Applicants must have passed Parts 1, 2CK, and 2CS Exams of the USLME. We require applicants to pass each of these exams with no more than 2 attempts. Having already passed Step 3 is not required, but makes for a stronger application.

For Applicants with the D.O. Degree:

Candidates with the D.O. degree must have passed the USLME exams to be considered.

Fluency in English:

English competency, both oral and written, is required.

Letters of Recommendation:

You must have at least 3 letters of recommendation, preferably by psychiatrists and from physicians within the United States.
Past Experience in Psychiatry:

Having experience in working in the field psychiatry and/or mental health in the United States makes for a stronger application, but is not required. If you have such experience, a recommendation letter regarding your experience is generally a plus.

We are often asked whether Creedmoor Psychiatric Center regularly sponsors any observerships or externships. We do not.

Scheduling Interviews:

After the Resident Selection Committee has reviewed the application on ERAS, applicants will be contacted by telephone to schedule a personal interview on one of our Monday morning interview times. On the morning of the interview, candidates will meet with our Program Coordinator, followed by discussion and tour with our Creedmoor Senior Resident, two or three interviews with our faculty, and lunch on-site with some of our current residents.

We regret that owing to the large number of applicants to our program, not all applicants can be called or interviewed.

Any further inquiries should be addressed to:

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Residency Education and Training Program in Psychiatry  
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