



Psychiatric Rehabilitation Readiness Determination

Revision Date: 11-1-12

Page 1 of 3

Organization Name:	Program Name:	Date:
Individual's Name (First MI Last):	Record #:	DOB:

CURRENT ENVIRONMENTS

Complete the columns below for each rehabilitation environment listed. Describe perceptions, reactions, need for change, and existing/needed skills and supports as expressed by the individual, family, and/or other involved individuals. Note the goals the individual intends to achieve. Using the boxes to the left of each environment, rank (using the numbers 1 to 4) the individual's priority for change.

	A. Characteristics (Describe current status and provide brief statement about history)	B. Individual's perceptions (Indicate desire to initiate goal setting in each environment)	C. Others' Reactions
<input checked="" type="checkbox"/> Living			
<input type="checkbox"/> Working			
<input type="checkbox"/> Learning			
<input type="checkbox"/> Socializing	4		



Individual's Name (First MI Last):	DOB:
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READINESS CRITERIA AND RATINGS				
Using the following rating criteria, rate each of the 4 areas on the next page (Living, Working, Learning, and Socializing) according to each criterion below (Need for Change, Commitment to Change, Environmental Awareness and Self Awareness). Enter the appropriate scores on the next page.				
Level	Need for Change	Commitment to Change	Environmental Awareness	Self Awareness
5 – Urgent	Urgent Need <ul style="list-style-type: none"> Individual very dissatisfied Others want change now 	Very Committed <ul style="list-style-type: none"> Feels need Believes change is positive Believes change is possible Feels support 	Very Aware <ul style="list-style-type: none"> Talks about the past/future environment in detail: People, places, and activities 	Very Aware <ul style="list-style-type: none"> Describes interests, values, and experiences without prompts Much experience selecting places to live, work, learn and socialize
4 – Strong	Strong Need <ul style="list-style-type: none"> Individual dissatisfied Others want change soon 	Committed <ul style="list-style-type: none"> Any three factors indicated in Level 5 	Aware <ul style="list-style-type: none"> Talks about the past/future environment in general: People, places, and activities 	Aware <ul style="list-style-type: none"> Describes interest, values, and experiences when asked Some experience selecting places to live, work, learn and socialize
3 – Moderate	Moderate Need <ul style="list-style-type: none"> Individual ambivalent Others want change in the near future 	Moderately Committed <ul style="list-style-type: none"> Any two factors indicated in Level 5 	Moderately Aware <ul style="list-style-type: none"> Names some alternative present, past or future possible environments Describes a few people, places, and activities 	Moderately Aware <ul style="list-style-type: none"> Answers direct questions about interests, values, and experiences No experience selecting places to live, work, learn and socialize Some experience making other important choices
2 – Minimal	Minimal Need <ul style="list-style-type: none"> Individual satisfied now, wants change eventually Others want change eventually 	Minimal Committed <ul style="list-style-type: none"> Any one of the factors indicated in Level 5 	Minimally Aware <ul style="list-style-type: none"> Names more than one present environment May be able to describe something about one past environment 	Minimally Aware <ul style="list-style-type: none"> Answers only general interest questions Vague about values and experiences No experience selecting places to live, work, learn and socialize
1 – None	No Need <ul style="list-style-type: none"> Individual satisfied Others satisfied 	Not Committed <ul style="list-style-type: none"> No factors indicated in Level 5 	No Awareness <ul style="list-style-type: none"> Names only one present environment or none Vague about people, places and activities 	No Awareness <ul style="list-style-type: none"> Can't answer questions about interest, values and experiences No decision making experience



Individual's Name (First MI Last):	DOB:
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READINESS CRITERIA AND RATINGS (continued)

Enter the numerical rating for each criterion in the spaces following each environment.

Environment	Need for Change	Commitment to Change	Environmental Awareness	Self Awareness
Living				
Working				
Learning				
Socializing				

CONCLUSIONS AND RECOMMENDATIONS (Indicate recommendations and strategies for increasing rehabilitation readiness)

Completed By - Print Staff Name/Credentials:	Staff Signature:	Date:
Team Leader/ Clinical Supervisor -Print Name/Credentials (if needed):	Team Leader/Clinical Supervisor Signature (if needed):	Date: