

Chapter 1

Person Centered Planning and PROS

(1 Exercise)

Exercise: Implementing Person-Centered Planning in Personalized Recovery Oriented Services (PROS)

Consider each of these statements and discuss whether the statement reflects the principles of person centered planning and PROS (“True”) or not (“False”). Ideally, the discussion should reference the information provided in Chapter 1 as well as resources from other references.

Discussion: What does person-centered recovery planning look like?		
Statement	True	False
1. People receiving treatment for severe and persistent mental illness are not able to choose their own recovery goals.		
2. Person-centered recovery planning is an essential tool for mental health systems.		
3. In person-centered recovery planning there is an emphasis on connecting individuals with natural supports and community resources and activities.		
4. Mental health professions are responsible for protecting individuals with mental illness from potential failures and disappointments in life.		
5. Only those individuals who have been deemed clinically stable should be involved in person-centered recovery planning and decision-making.		
6. Staff members working directly with individuals with mental illness are in the best position to identify goals and treatment plans for these individuals because of their professional credentials and experience.		
7. Traditional service planning places a strong emphasis on the remediation of deficits and problems related to mental health.		
8. It is potentially harmful to have high expectations for individuals with mental illness.		
9. The pursuit of hobbies and leisure activities may be an important part of the recovery process.		
10. Person-centered planning incorporates rigorous documentation standards in order to demonstrate medical necessity.		