



# CHILDREN'S READMISSIONS COLLABORATIVE

## Summary of Project Interventions

### Emergency Department (ED)

- For recently discharged youth, the youth's most recent inpatient treatment team conducts evaluation in the ED and consults on disposition
- All youth are assessed for readmission risk
- For those at higher risk of readmission, refer to Home Based Crisis Intervention (HBCI)/Single Point of Access (SPOA) (In the Future - Children's Health Home)

### Inpatient

For all patients:

- Verify insurance formulary and provide formulary information to prescriber before initiating a course of medication
- Develop and provide a discharge plan in the format of the Project RED After Hospital Care Plan (AHCP), and educate youth and families/caregivers about the AHCP using the teach-back method.
- Ensure access to medication post discharge
  - Obtain and verify pre-authorization
  - Fill prescriptions at discharge (client leaves with 30-day supply of medication(s) in hand)

For youth at high risk of readmission:

- Conduct an in-depth review or case conference (ideally including youth/family and collaterals) for readmits and other high utilizers
- Refer to SPOA / HBCI / Partial Hospitalization Program as appropriate
- "Warm hand-off:" arrange for outpatient providers to meet with youth and/or family prior to discharge (whenever feasible- e.g., services in the same building, family has community-based care coordination)

### Post-Discharge

- Make Follow-up phone call to family within 72 hours of discharge to reinforce discharge plan and address any potential barriers
- Make Follow-up phone call to providers to verify attendance at first appointment
  - Follow-up phone call to family if youth and family did not attend or did not engage in treatment

## **Receiving Provider**

- Identify all youth receiving treatment in your program who were discharged from inpatient within the last 30 days
- Remind families prior to appointments (using phone or other communication) – at least the first appointment and first psychiatrist appointment
- Contact discharging hospital to inform of missed appointments or if the client/family does not engage in treatment