

Who We Are

Culture and religion play an important role in the use and delivery of mental health care services. Members of Latino, Black, Asian and Muslim groups often seek assistance from their religious leaders for emotional and psychiatric problems. Our publications acknowledge and support the role faith communities play during times of distress and examine the interplay between culture and religion when professional mental health care services are necessary.

The Center of Excellence in Culturally Competent Mental Health at the Nathan Kline Institute for Psychiatric Research is funded by the New York State Office of Mental Health. The Center works to eliminate racial/ethnic disparities in the availability, accessibility and quality of behavioral health care services through research collaboration with community representatives, consumers and their family members.



**NATHAN KLINE INSTITUTE
FOR PSYCHIATRIC RESEARCH**

**CENTER OF EXCELLENCE IN
CULTURALLY COMPETENT MENTAL HEALTH**

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New Publications on Religion, Culture and Mental Health



Center of Excellence in
Culturally Competent Mental Health
Nathan Kline Institute for Psychiatric Research

Responding to the Mental Health Needs of Multicultural Faith Communities: A Pastoral Education Guide

Resources that assist clergy in

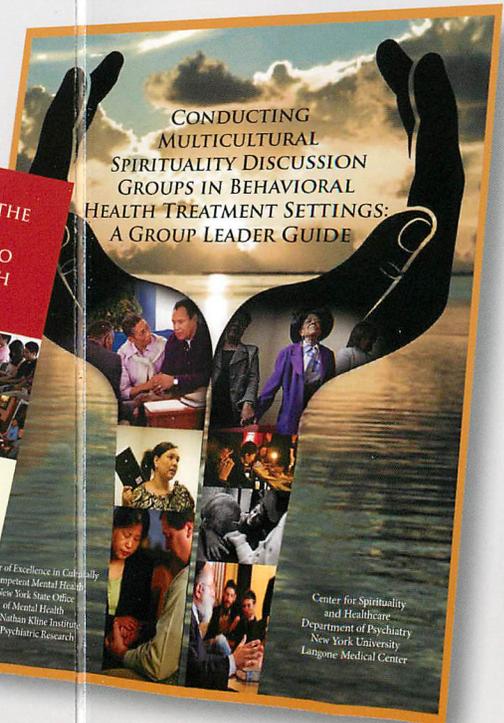
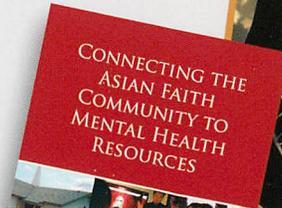
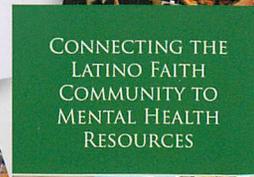
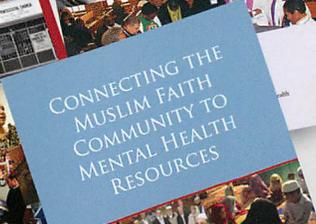
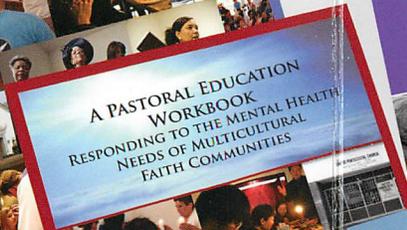
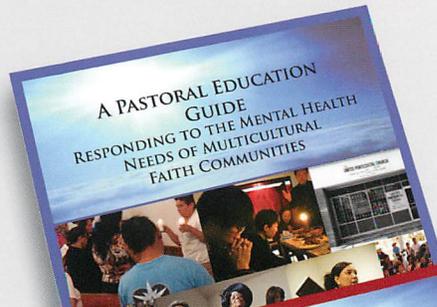
- Serving as a cultural liaison between congregants with mental health challenges and clinicians and
- Addressing stigma and promoting recovery in persons with mental illness.

Illustrative vignettes that show

- Religious leaders in the Latino, Asian, Black, Jewish, and Muslim communities solving pastoral counseling challenges when congregants seek their help with the symptoms of mental illness.

A Pastoral Education Workbook

Provides a tool to assess the severity of emotional problems and additional vignettes.



Recommended for pastoral counseling training programs for clergy, chaplains, and lay ministers and for religious leaders who wish to pursue individual study.

Connecting Faith Communities to Mental Health Care Resources: Guides for Religious Leaders

Resources for helping congregants with emotional and psychiatric problems.

- A tool to assess severity of emotional problem.
- Ways to help congregant connect with clinicians.
- Ways that congregations can promote mental health.
- Resources for each community in NYS.

The following pamphlets are available.

- Connecting the Latino Faith Community to Mental Health Resources (in Spanish and English)
- Connecting the Black Faith Community to Mental Health Resources
- Connecting the Asian Faith Community to Mental Health Resources
- Connecting the Muslim Community to Mental Health Resources

Recommended for use by religious leaders in their places of worship.

Conducting Multicultural Spirituality Discussion Groups in Behavioral Health Treatment Settings: A Group Leader Guide

Guidance on culturally sensitive ways to conduct group discussions using spirituality to promote mental health.

- Methods to help participants draw on their spiritual resources to deal with the problems of daily living and the challenges of moving toward a stable and gratifying life.
- Information about the cultural and religious beliefs of the Latino and African Diaspora communities.

Recommended for mental health practitioners and specialized lay personnel including social workers, psychologists, psychiatrists, interns and residents, counselors, and chaplains.

For use in inpatient and outpatient psychiatric settings, as well as in addiction treatment and prison programs.