



*“Even from a dark
night songs of beauty
can be born.”*

*~Maryanne
Radmacher-Hershey*

**REACH
OUT.COM**

National Suicide prevention Lifeline
1-800-273-talk (8255)



CrisisChat.org
Online Emotional Support



**Office of
Mental Health**

Suicide Prevention Initiative High School Poster Project

East Greenbush Central School District, Columbia High School: *Even From a Dark Night* by Alissa Broder

www.omh.ny.gov



(Android)



(iOS/Apple)



(Windows)