

# New York State Office of Mental Health Suicide Prevention Initiative

New York State recognizes suicide as a serious statewide public health problem and accordingly has established suicide prevention as a top priority.

Research has shown that suicide prevention and early intervention efforts are successful at saving lives. Our mission is to reduce the number of suicides in New York State through the dissemination of scientific knowledge to promote awareness of the risks and warning signs of suicide as well as effective means of intervention.

The Suicide Prevention Initiative, sponsored by New York State Office of Mental Health is multidimensional and seeks to involve stakeholders at all levels of government and every community within the State.

Suicide prevention is *not only a mental health issue*. The approach to prevent suicides must be collaborative in order to create supportive environments and strengthen community actions. *We've reached a new era in suicide prevention.*

Contact: Melanie Puerto, NYS OMH Suicide Prevention Initiative Director, at (518) 408-2013 or via e-mail at [Melanie.Puerto@omh.ny.gov](mailto:Melanie.Puerto@omh.ny.gov)



The Suicide Prevention Center of NY (SPCNY), with the help of the NYS Office of Mental Health, advances and supports state and local actions via education, training, consultation and coalition building to reduce suicide attempts and suicides in New York State, and to promote the recovery of persons affected by suicide.

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## For More Information:

Visit the NYS Office OMH Suicide Prevention Initiative Website:

[www.omh.ny.gov/omhweb/suicide\\_prevention/](http://www.omh.ny.gov/omhweb/suicide_prevention/)

Or the Suicide Prevention Center of New York's Website:

[www.preventsuicideny.org](http://www.preventsuicideny.org)



## Fact:

*Suicide is the leading form of violent death worldwide.*

## Fact:

*Suicide is the most preventable form of death.*

***Fact: There is HOPE.  
Together, we can  
save lives.***

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## Empowering People to Save Lives

### How we can help:

#### Consultation

We are always looking to meet the unique needs of organizations and communities by providing specifically tailored consulting about your training and policy needs.

#### Presentations

Our staff is available to provide presentations on a variety of suicide related topics.

#### Access to Best Practices

The last several years have seen an expansion of research in all aspects of suicide prevention. Our staff keeps abreast of current knowledge

### Training & Education

Educational events and training are offered to build the knowledge base of caregivers. Our staff is certified to provide QPR and SafeTALK, suicide alertness trainings and ASIST (Applied Suicide Intervention Skills Training), and CONNECT Postvention training.

#### Links to Trainers

We are connected to a network of skilled, certified trainers able to address awareness, willingness to help, intervention skills, postvention and community planning for suicide prevention.



### Support for Community Coalitions

Whether you are a faith-based group, workplace or local or regional group, we are happy to learn about what you are doing in suicide prevention and postvention. We aim to connect you with other coalitions and support your efforts. Coalitions are an important way to say,

*“Suicide is everybody’s business”*



# at-risk

### School-Based Suicide Prevention

We are prepared with current best-practice recommendations to support schools, whether they are just beginning to look at their suicide prevention and postvention policies, or they are moving toward comprehensive integration of suicide prevention practices.

Initiative sponsored Sources of Strength, Kognito, and Creating Suicide Safer Schools help bring solace to schools in search of suicide prevention strategies.

**CONTACT US IF YOU  
THINK WE CAN HELP!**

[www.omh.ny.gov/omhweb/suicide\\_prevention/](http://www.omh.ny.gov/omhweb/suicide_prevention/)

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