To make a referral, call the number listed below. Phone intake is available Monday through Friday, 8:30 AM to 5:00 PM.

In most cases, Respite placements can be accommodated the same day until 8:00 PM.

To make a referrals, ask for Respite Intake at:

(631) 370-1701

Monday through Friday
8:30 AM to 5 PM

For 24/7 crisis services, please call your county crisis line:

Nassau County
227-TALK (8255)

Suffolk County
(631) 751-7500

If you are in need of immediate medical assistance, please dial 911.

OMH Transformation

The Office of Mental Health (OMH) is dedicated to promoting the mental health and wellness of all New Yorkers with a particular focus on facilitating hope, recovery and resiliency for adults with serious mental illness, children with serious emotional disturbances, and their families. In order to achieve this mission in the most integrated setting, an individual's home and community, OMH has embarked on a transformation plan that, when completed, will yield a spectrum of community based services built on the idea that adults should not live, and children should not grow up, in a state operated psychiatric hospital.

While a primary goal of this transformation is on decreasing avoidable hospital admissions and readmissions, the ultimate goal is to create a system where person centered services are provided to individuals and their families when and where they need them.

NEW YORK STATE OF OPPORTUNITY. | Office of Mental Health

SAGAMORE CHILDREN'S CENTER

Child & Adolescent Crisis Respite House

Servicing Nassau and Suffolk Counties

OFFERING RESPITE AND RESOLVING CRISIS SITUATIONS

- *Do you struggle with your child's behavior?*
- *Is it difficult to leave your child with family and friends?*
- *Do you ever wish you had a safe place for your child to go for a day or so?*

WHAT WE DO...

The Child & Adolescent Crisis Respite House provides short term care in a homelike environment to children & adolescents ages 10-17 from the Long Island region. The purpose of this program is to provide support in a trauma sensitive, safe and therapeutic environment.

The goal of this 8-bed program is to assist in stabilizing the crisis situation and to support the family and service provider's efforts to maintain the youth in his or her current residence.

Youth served in this program will transition back to their home and community after a brief stay (up to 2 weeks) at the respite house.

The program serves youth, ages 10-17, who currently receive mental health services or

who are at risk of, or are currently experiencing, an emotional/behavioral crisis due to events in the person's environment. Examples of such events include, but are not limited to, family problems, loss of relationships, abuse, neglect and problems in school.

This is a voluntary and free service for families. The family and youth must agree to admission.

WHO CAN MAKE A REFERRAL?

Anyone involved in the child's care can make a referral. Parents, family members, mental health and social service agencies, schools, and emergency rooms are likely referral sources.

DOES MY CHILD ATTEND SCHOOL OR THERAPY IN THE COMMUNITY?

Whenever possible, children will be transported to their home school and other appointments in the community in order to maximize continuity of care. If attending school is not possible then tutorial services will be offered.

WHEN PARTICIPATING IN THE PROGRAM, YOU AND YOUR CHILD CAN EXPECT:

- **Support** to stay connected in your home, school and community
- **Immediate Access** to services and support to help you stabilize the crisis situation
- **Enhanced Skills** and knowledge to help you manage environmental and social stressors
- **Connection to programs** and services that will assist in preventing your use of emergency departments and inpatient hospital services

A WIDE ARRAY OF SERVICES ARE AVAILABLE, INCLUDING:

- **Crisis Stabilization**
- **Behavior Support**
- **Medication Education & Training**
- **Family & Peer Support**
- **Parenting Education**